

Maine Council on Aging: Wisdom Summit September 20, 2017

Agenda/Schedule of Events

- 7:00 - 8:00 am Exhibitors Set Up
- 8:00 – 9:00 am Registration/Exhibits Open
- 9:00 – 9:15 am Welcome: Jessica L. Maurer, Esq.
Executive Director, Maine Association of Area Agencies on Aging
- 9:15 – 9:25 am Welcome: G. Steven Rowe, Esq.
President and CEO, Maine Community Foundation
- 9:25 – 10:25 am Opening Keynote: **A New Narrative on Aging**
Julie Sweetland, Ph.D.
Vice President for Strategy and Innovation, FrameWorks Institute
Introduced by Laura K. Lee, Maine Community Foundation
- 10:25 – 10:40 am Exhibitor Break
- 10:40 -11:40am Work Sessions A**
- A1 Reframing Aging: Theory to Practice
 - A2 Never Too Late! Successfully Starting a Business After 50
 - A3 Maine’s Aging in Place Revolution
 - A4 Creating & Connecting Through Music – Part 1
 - A5 Using Technology to Improve Health and Care
 - A6 Aging Initiative at the University of Maine System: Shaping Aging Policy and Practice through Community and University Research Partnerships
 - A7 Strategies and Tools for Engaging & Retaining an Older Workforce
 - A8 Working Through Alzheimer’s and Dementia
 - A9 Mindful Aging: Longevity Training
 - A10 Athletic Competition Never Gets Old
- 11:40 – 12:40 pm Networking Lunch & Exhibitor Tour
- 12:40 – 1:40 pm Work Sessions B**
- B1 Reframing Aging: Theory to Practice
 - B2 Never Too Late! Successfully Starting a Business After 50
 - B3 Encore Leadership Corps: Older Adults Leading Community Change
 - B4 Creating & Connecting Through Music – Part 2
 - B5 Integrated Care Leading to Independence and Better Health
 - B6 Curiosity Never Retires – What Maine’s Senior Colleges Offer Lifelong Learners

- B7 Retirees Helping to Bridge the Workforce Gap – A Win-Win!
- B8 Universal Employees and Self-Managed Teams
- B9 Boomers Leading Health Care Reform One Patient at a Time
- B10 No Fear Advocacy – Becoming the Change We Want to See

1:40 – 1:55 pm Exhibitor Break

1:55 – 2:55 pm

Work Sessions C

- C1 Reframing Aging: Theory to Practice
- C2 Maine’s Aging in Place Revolution
- C3 Encore Leadership Corps: Older Adults Leading Community Change
- C4 Telling Your Story – The Power of Memoir Writing
- C5 Technology for the Future: Intergenerational Innovation at the University of Maine System
- C6 First Northern New England Age Friendly University: Building Bridges of Knowledge, Engagement and Support
- C7 No Fear Advocacy – Becoming the Change We Want to See
- C8 A Creative Approach to Alzheimer’s
- C9 Strategies and Tools for Engaging & Retaining an Older Workforce
- C10 Mind Body Medicine: This is Compassionate Care

2:55 – 3:00 pm Transition to Closing Event

3:00 – 3:30 pm

Closing Keynote: **It’s Never Too Late to Make Waves!**
Pat Gallant-Charette, World Renowned Marathon Swimmer

3:30 pm

Adjourn