

## Maine Wisdom Summit

### September 20, 2017



Keynote Presenter, **Julie Sweetland**, is a sociolinguist and vice president for strategy and innovation at the FrameWorks Institute, where she leads efforts to diffuse the organization's cutting-edge, evidence-based reframing recommendations throughout the nonprofit sector. Since joining FrameWorks in 2012, she has led the development of powerful learning experiences for nonprofit leaders and has provided strategic communications guidance for advocates, policymakers, and scientists nationwide and internationally. Prior to joining FrameWorks, Julie was actively involved in improving teaching and learning for over a decade as a classroom teacher, instructional designer, and teacher educator. At Center for Inspired Teaching, she served as director of teaching and learning and helped to found a demonstration school with an embedded teacher residency.

As founding director of the Center for Urban Education, she launched a graduate teacher preparation program for the University of the District of Columbia. Julie's linguistic research has focused on the intersection of language and race; on the role of language variation and language attitudes on student learning; and on effective professional learning for teachers. Her work has appeared in publications such as the *Journal of Sociolinguistics*, *Educational Researcher*, and *Education Week*, and she is the co-author of *African American, Creole, and Other Vernacular Englishes in Education*. She is a graduate of Georgetown University and lectures regularly at her alma mater. She completed her MA and PhD in linguistics at Stanford University.



Keynote presenter, **Pat Gallant-Charette**, is world renowned [marathon swimmer](#) and 66-year-old retired nurse from Westbrook, Maine. Although she did not begin distance swimming until age 46, Ms. Gallant-Charette has currently completed six of the seven [Oceans Seven](#) channels. In June of this year, she successfully crossed the English Channel in 17 hours and 55 minutes.

Along with the English Channel, Ms. Gallant-Charette has set 5 world records in marathon swimming as the oldest woman to swim across the Catalina Channel in California, the Tsugaru

Strait in Japan, the North Channel between Northern Ireland and Scotland, and the Molokai Channel in Hawaii. Ms. Gallant-Charette has twice been nominated as World Open Water Swimmer Woman of the Year, with the prestigious Swimming World Magazine naming her as “one of the greatest open water swimmers of all times.” Her motto: “You can if you try.” She is also the founder of the annual global swim event *Valentine’s Day...Swim for your Heart* to bring awareness of heart disease and its prevention. Ms. Gallant-Charette swims in honor of her brother, Robbie, an avid swimmer, who died of a heart attack at the age of 34. Ms. Gallant-Charette is a native of Maine and graduated from the University of Southern Maine.

### **Work Session Speakers (alphabetically)**

**Robert Abel** BSN, RN, CHPN, CMC, CCM, Chief Nursing Officer, MaineHealth Care at Home  
*Robert Abel is the Chief Nursing Officer for MaineHealth Care At Home. He has responsibility for the agency's Telehealth program and involved in several system-wide initiatives to implement Telehealth programs in areas such as Heart Failure, Palliative Care and Pediatrics. Bob has previously worked with interdisciplinary clinical programs that utilized Telehealth for decentralized, team based, disease driven care models.*

**Chuck Acker**, Ph.D., Co-Founder, UMA Senior College  
*Chuck holds a Ph.D. in clinical and physiological psychology from UCLA to help him in his understanding of belief systems and mind-body relationships. In the distant past he worked with community leaders, interested older citizens, senior college network promoters and key UMA personnel to help bring senior college to Augusta.*

**Kristin Aiello** Esq., Managing Attorney, Disability Rights Maine  
*Kristin L. Aiello represents individuals with disabilities who have been discriminated against in employment, state and local government and public accommodations. Kristin's work focuses on litigation. She leads the Americans with Disabilities Act (ADA) Team at Disability Rights Maine and is a frequent trainer and lecturer on the ADA and the Maine Human Rights Act.*

**Peter Baker** LCSW, Program Director, Alzheimer's Association, Maine Chapter  
*Peter holds a MSW from USM and has been working in dementia care since 2006. He has worked in long-term care centers as a Social Services Director, Dementia Program Director and Executive Director. As the program director for the Alzheimer's Association, Peter oversees the care and support services for the state of Maine.*

**Fleurette Bannon**, Board, York County Senior College  
*A native of Lisbon, Maine, Ms Bannon graduated from Lewiston High School, Gorham State Teachers' College, BS, University of Southern Maine, MA in Counseling. She taught and then was a Counselor in Maine for 38 years. Ms Bannon has been a member of York County Senior College for several years. She serves on the Council and several committees and teaches a class in Writing Memoirs.*

**Ami Bass** LCSW, Integrated Clinical Social Worker, Augusta Family Medicine  
*The majority of Ms Bass' work experience has involved offering short-term counseling in various medical settings to patients of all ages and backgrounds. She draws from evidence-based therapies such as Acceptance and Commitment Therapy, Mindfulness-Based Cognitive Behavioral Therapy, and Motivational Interviewing. Currently, she serves the patients of Augusta Family Medicine, helping them to reach their health and wellness goals.*

**Stephen Baybutt** MSN, RN, Clinical Coordinator, MaineHealth Care at Home

*Stephen Baybutt, MS, RN – MS '98, Physiology; RN since 2007: Respiratory Care, SCU, Cardiology/Cath Lab (PCI, TAVR, EP, Pediatric), ED, Home Health Program Coordination & Development (Telehealth, Cardiopulmonary Nursing, Rapid Response, Community Health). Mr. Baybutt enjoys working with teams and programs that enhance the capacity and capability to provide high-quality patient care.*

**Rachel Blaustein, Student Volunteer, Bates College**

*Ms Blaustein is a senior Biochemistry major at Bates College, and has worked for over two years now with the Maine Chapter of the Alzheimer's Association. She has participated in the Volunteer Scribes/Legacy Storytellers program, the Central Maine Social Engagement Committee, and captained a Bates Team to participate in the Lewiston Walk to End Alzheimer's this Fall. Ms Blaustein looks forward to continuing work with the Alzheimer's Association this coming year!*

**Dave Brown**, Co-Chair, Harpswell Aging at Home (HAH), Harpswell Aging in Place Initiative

*HAH is a citizens' organization created in 2015 to help older adults thrive while living at home in Harpswell. We have six committees working on various issues (Health/wellness, Home repairs and resources, Chores and food, Communications, Fundraising and finance, transportation) identified in our initial assessment of the challenges facing older adults living in Harpswell.*

*Mr. Brown is a retired professor of Organization and Management. His work in that field focused on building the capacities of nonprofit and nongovernmental organizations to promote grassroots development, human rights, and environmental sustainability. An ongoing theme in that work was inter-organizational collaboration and partnerships – which has also emerged as a major issue in HAH's work.*

**Karen Campbell**, Chair, Aging in Place Cumberland

*Aging in Place Cumberland was begun in 2015 as a town supported yet volunteer driven organization. AIPCumberland offers a variety of supportive, social, educational, and advocacy programs including CAR (Cumberland Area Rides), Friendly Visitors, Morning with Friends lecture series, a Handyman program, and a tax rebate program. A cadre of 90+ volunteers ensures our programs success. Karen holds an MBA from UTSA, is a former business professional who presently serves Cumberland as both Chair of AIPCumberland and on the MSAD#51 Board of Directors.*

**Anne Cardale**, Program Director, Maine Senior College Network

*Learn for fun with Maine's 17 Senior Colleges! No tests, no papers, and no grades. Each Senior College provides a range of exciting learning opportunities for adults aged 50 and above. Senior Colleges are predominantly peer driven and peer led with volunteer boards and instructors planning enjoyable and stimulating classes.*

**Christiane Cornish**, Human Resources Director, SeniorsPlus

*Chris is responsible for strategic leadership, oversight, compliance and risk management for Human Resources, Volunteer Services and Administrative Services. Chris has held various management and consultant positions in both corporate and non-profit organizations.*

**Jennifer Crittenden** MSW, Assistant Director, UMaine Center on Aging

*Jennifer Crittenden is the Assistant Director at the UMaine Center on Aging where she carries out education, program evaluation, and program planning activities in the field of aging. She has been involved in implementing a wide range of aging-related initiatives including Encore Leadership Corps,*

*an innovative volunteer leadership program for Mainers 50+. Jennifer received her MSW from the University of Maine and is currently pursuing an Interdisciplinary PhD.*

**Nancy Davis**, Vice Chair, Communications Chair, Bethel Area Age-Friendly Community Initiative  
*Ms Davis is a retired educator. She has incidental experience in promotion and is an experienced writer. She is active in local Senior College and community Heart & Soul Initiative. The AFCI is part of the AARP Network of Age-Friendly Communities, represents 5 contiguous small communities, is governed by a volunteer council of 10 local community members and has initiated several projects in the communities.*

**Piali De** Ph.D., CEO, Senscio Systems

*Piali De is co-founder and CEO of Senscio Systems. Prior to Senscio, De worked at Raytheon where she invented a system for knowledge-driven decisions in military missions. De earned a Ph.D. in Physics from Brown University and B.A/M.A in Physics from Hunter College, CUNY.*

**Jo Dill**, Maine Senior Games Manager, Southern Maine Agency on Aging

*Jo was educated in the Kennebunk School system and received her BS Degree from Aroostook State College. Jo spent 40 years in education, teaching Health & Physical Education in the Biddeford and Kennebunk School systems. Jo spent 13 years as the Executive Director for the Maine Association for Health and Physical Education. She joined Southern Maine Agency on Aging in Jan of 2009 as the Maine Senior Games Manager. Maine Senior Games provides athletic events and wellness opportunities for those 50 and over.*

**John Dorrer**, Chief Workforce Strategist, Maine Community College System

*John Dorrer is a labor economist currently serving as Chief Workforce Strategist for the Maine Community College System where he advises the leadership team on economic and demographic trends impacting institutional strategies, workforce investments and program development. He previously was Senior Advisor, Georgetown University, Center on Education and Workforce; Director of Labor Market Research at Jobs for the Future; and Director, Center for Workforce Research and Information at the Maine Department of Labor.*

**Richard Erb**, President and CEO, Maine Health Care Association

*Rick Erb has served as the President and Chief Executive Officer of the Maine Health Care Association since 2001. MHCA represents over 200 long term care providers, primarily nursing homes and assisted living facilities. Previously, he has served as a town and city manager in Maine and New York.*

**Tom Feagin**, Board Chair, UMA Senior College

*After a stint in the US Public Health Service, Tom Feagin practiced in Augusta, New Orleans and Memphis, gradually shifting from internal medicine to geriatrics to hospice care. He became progressively more interested in doctor-patient communication and end-of-life decision-making over a period of 33 years. He founded the Mid-south Center for Biomedical Ethics.*

**Lisa and Frank Ferrel**, Zen Bear Honey Tea LLC

*Frank & Lisa Ferrel started Zen Bear Honey Tea in their late 60's and sought mentoring from SCORE.*

**Lynne and Rick Gammon**

*Lynne & Rick Gammon discovered the ukulele a few years ago and are actively involved in learning, performing and teaching. They have encouraged young and old by providing instruction through Learning Works Summer camps, OLLI at USM, and the Portland Ukulele Social club (a monthly uke jam).*

**Sarah Goan**, MPP, Data Innovation Project, Muskie School of Public Service, USM

*Sarah Goan has over a decade of experience in evaluation and research, provides facilitation and technical assistance to a number of organizations on developing logic models, identifying program metrics, developing continuous quality improvement processes, conducting organizational assessment, and analyzing and sharing data in compelling ways.*

**Eileen Griffin**, JD, Senior Policy Associate, Muskie School of Public Service, USM

*Eileen is a Senior Policy Associate at the Muskie School of Public Service where she co-directs the Disability and Aging program area and provides technical assistance, policy analysis and qualitative research. She is a member of the UMS Aging Initiative Steering Committee and co-chairs the policy committee.*

**Jacquie Guerin**, Caregiver, Alzheimer's Association

*Ms Guerin has been involved with the Alzheimer's organization since her mother's diagnosis in 2007. She chose to leave her IT career and spent the next 8 years caring for her mother. After her mother's death, Ms Guerin was challenged by going back to work at the age of 57. It took a year before she found a new career at the tax firm of Baker Newman Noyes.*

**Marilyn Gugliucci** M.A., Ph.D., Professor & Director, Geriatrics Education and Research, University of New England

*Dr. Marilyn R. Gugliucci is a Professor, Director of Geriatrics Education and Research, and Director of U-ExCEL (UNE~Exercise and Conditioning for Easier Living) Fitness/Wellness Program for older adults at the University of New England College of Osteopathic Medicine. Her Learning by Living Nursing Home and Hospice Home Immersion Research Projects have been presented globally.*

**Don Harden**, Director of Senior Services, Catholic Charities Maine

*Don Harden has worked in health and human services for 43 years, currently at Catholic Charities Maine as Director of Senior Services. He is a member of the Maine Council on Aging Board and serves as co-chair of the MCOA Maine Aging Initiative's committee on workforce issues. As responsible for home and community based services at CCM he has been active with initiatives to address the direct care worker shortages in Maine and is interested in building public private partnerships that increase workforce participation of older workers and support caregivers in the workplace.*

**Nancy Hathaway**, M.Ed., LpastC, Center for Studying Mindfulness

*Nancy Hathaway is a clinical counselor and senior zen teacher who traveled to the Himalayas in 1974 to study meditation. Later she lived in a Zen Temple for 5 years with her family raising two sons. She interned and worked with Jon Kabat-Zinn at the University of Massachusetts Medical Center in 1994. She founded Being Present with Our Children in Cambridge, MA and Center for Studying Mindfulness on the Blue Hill Peninsula. She is an adjunct professor teaching Integrating Mindfulness into Education in the University of Maine System and teaches at Colby College's JanPlan. She also teaches in the Waldo County Jail and offers various workshops in different venues. She has two sons and three beautiful granddaughters under six.*

**Angela Hunt**, RPT, MS, Chief Operating Officer, The Cedars

*Angela's healthcare experience spans 38 years, most recently serving as chief Operating Officer at The Cedars, a senior living community located in Portland, Maine. She received her multi-level administrator license in 2008. Focused on culture change, person-centered care and rehabilitation, Angela had launched several innovation person-centered care initiatives to promote quality of life and care within The Cedars community.*

**Arthur Jacobson**, Consumer Advocate and Volunteer Patient Advisor

*Arthur Jacobson has a BA in Psychology from the University of Maine Orono and a MA in Rehabilitation Counseling from the University Florida. He worked 35 years for Maine State Government as vocational rehabilitation counselor, rehabilitation consultant, and assistant to the director of the Federal/State Vocational Rehabilitation Program. He retired in 2010 as the Acting Director of the Division of Vocational Rehabilitation. He is currently a volunteer patient advisor on a variety health advisory groups and is on the Winthrop Family Medicine Patient-Family Advisory Council.*

**Gary Janko**, Chief Operating Officer, Senscio Systems

*Gary Janko is the Chief Operating Officer at Senscio Systems. Senscio's Ibis platform harnesses its powerful proprietary artificial intelligence (AI) tool set to manage complex patients in their homes. This advanced technology has proven to be a strong tool with documented success in increasing patient engagement while reducing hospital admissions within high risk chronic disease populations. Gary holds a BS from the Wharton School and an MPA from Cornell University.*

**Lenard Kaye** DSW, Ph.D., Director, UMaine Center on Aging

*Dr. Lenard W. Kaye is Professor of Social Work at the University of Maine School of Social Work and Director of the University of Maine Center on Aging. A prolific writer in the field of social gerontology, he has published approximately 200 journal articles, book chapters, research reports, and special journal issues and 14 books on specialized topics in aging. The UMaine Center on Aging is a lead organization in the advancement of the aging initiative at UMaine and the University of Maine System.*

**Carol Kim** Ph.D., Associate Vice Chancellor, UMaine System

*Dr. Carol H. Kim is the Associate Vice Chancellor for Academic Innovation and Partnerships in the University of Maine System. In 2013, while UMaine Vice President for Research, she introduced the UMaine Aging Initiative, an innovative program facilitating multidisciplinary research to explore novel approaches that allow aging Mainers to live and thrive in place. The Aging Initiative is now a UMaine System-wide program.*

**Irene Kutchua**, Board Chair, Western Mountains Senior College

*Ms Kutchua is the current Board Chair of Western Mountains Senior College. She is a retired Academic Librarian.*

**Laura Lee**, Senior Program Officer, Maine Community Foundation

*As senior program officer at the Maine Community Foundation, Laura leads the foundation's strategic initiative on aging and thriving older people. She also supports the foundation's Androscoggin and Oxford County Committees, manages grant programs, and works with donors and nonprofits. Laura has a PhD in US history from UCLA.*

**Dick Matthews**, Freelance writer

*Dick Matthews is a freelance feature writer for magazines and newspapers. He has also edited a newspaper and a national magazine and has published two books, one of them, Notes From an Innkeeper's Journal, a memoir of his ownership, with his wife, of a B&B. He has taught numerous classes in writing, including "Writing Your Family History."*

**Jess Maurer** Esq., Executive Director, Maine Association for Area Agencies on Aging

*As the Executive Director of the Maine Association of Area Agencies on Aging, Jess Maurer advocates for the health and economic security of older Mainers. In this role, she leads the Maine Council on*

*Aging and the Tri-State Learning Collaborative on Aging. She co-authored Building a Collaborative Community Response to Aging in Place and Maine's Blueprint for Action on Aging. A licensed Maine attorney, Jess worked for 17 years in the Maine Office of the Attorney General. She graduated from the University of Maine School of Law and the University of Massachusetts at Amherst.*

**Alice Morgan**, ENCorps Volunteer

*Alice Morgan is a former business owner, a Leadership Maine graduate, Master Gardener, and current Encore Leadership Corps member, who has worked extensively to support Millinocket community revitalization efforts. Alice currently contributes her time and talent to the Friends of Millinocket Library, the Katahdin Tourism Partnership, and the Friends of the Woods and Water Monument. Alice also grows and donates fresh produce for her local food pantry.*

**Lisa Noonan**, Chief of Operations, Park Danforth

*Lisa Noonan is the Chief Operations Officer of The Park Danforth in Portland, Maine and presently oversees the HR department. Prior to this role, she served as the Director of Human Resources for nine years and built the departmental infrastructure for the organization. Lisa has over 20 years of experience in Human Resources and has received her SPHR and SHRM-SCP certifications. Lisa has owned and operated her own HR consulting business and has worked with small to medium sized employers in addressing everything from facilitating strategic sessions to writing employee handbooks. She has been active in the HR field and has held various Board positions for Human Resource Association of Southern Maine.*

**Frank Ober**, ENCorps Volunteer

*Mr. Ober is a retired federal employee presently in his 8<sup>th</sup> year as a selectman for the Town of Whitefield. He is also active in his church and is associated with several ecumenical faith programs. He has been a participant in the Encore program since its first Summit 6 years ago.*

**Kathleen O'Donnell**, Vice Chair of Portland Chapter, SCORE

*Kathleen O'Donnell is Vice Chair, Portland Chapter of SCORE, a national organization and resource partner of the SBA. SCORE Maine, the largest mentoring organization in the state, serves entrepreneurs in 5 locations.*

**Patricia Oh** LMSW, MS, Livable Communities Consultant, AARP

*Patricia Oh, LMSW, MS, is an age-friendly community consultant with AARP-Maine. She works with cities and towns throughout Maine that are adopting policies, making infrastructure changes, and working with service partners so that everyone--from toddlers to centenarians-- has what they need to enjoy good health and well-being.*

**Rene Ouellette**, SeniorsPlus

**Mark Pechenik**, Manager of Community Engagement & Outreach, Alzheimer's Association Maine Chapter

*In his role with the Maine Chapter, Mark focuses on encouraging local organizations to take their own approaches in welcoming those living with dementia in their communities. This has resulted in programming including Dementia Fitness Programs in Bangor, Portland, Sanford and Lewiston; and the Legacy Storytellers Program featuring college students who interview and write the life stories of those diagnosed with Alzheimer's disease. Mark also presents education programs throughout Maine.*

**Jessica Reed**, MSN, GNP-BC, Quality Improvement Manager, Maine Quality Counts

*Prior to joining Maine Quality Counts, Ms. Reed was the state of Maine Health Systems Manager for the American Cancer Society. Jessica has been a board certified Gerontological Nurse Practitioner since 1995. Her career has been dedicated to improving access to health care for all people and each patient's right to compassionate, comprehensive health care. She has experience in developing educational programs for patients, caregivers, clinical staff, hospitals and other various health care providers for over 20 years. She has practiced as a GNP in family practice, long-term rehabilitation hospitals, and nursing homes. Jessica is also devoted to the importance of health education, cancer prevention and detection and chronic disease management within primary care health systems. She received her Bachelor's Degree in Nursing from St. Joseph's College and her Master of Science in Nursing Degree from the University of Massachusetts Lowell.*

**Regula Robnett** Ph.D., OTR/L, Professor, Department of Occupational Therapy, University of New England

*Regi Robnett, PhD, OTR/L is a professor of Occupational Therapy at the University of New England, whose passion is working with, and getting students excited about, working with older adults. Her research interests are in aging, cognition, and quality of life. She is the co-editor of an inter-professional textbook on gerontology for health care professionals.*

**Donna Rollins, Recruiter, SeniorsPlus**

*Ms Rollins has been a Recruiter for the past 20+ years and has had the pleasure of working for SeniorsPlus since July, 2017 after coming out of retirement for the second time. Recruiting is always a challenge. Ms Rolins loves finding the right employee for the open position.*

**Norma Rossel**, ENCorps Volunteer, Troy Union Church Restoration

*Ms Rossel holds a BS in Plant/Soil Science. After 28 years with a seed company, working as registered seed technologist, she retired and began restoring Troy's 1840 church, which had a leaning tower. She learned new skills, including grant writing, (mostly through EnCorps), group facilitation, architecture terms, National Register nomination, and coordination with local carpenters and a preservation timber framing contractor. Ms Rossel also learned free media, writing newspaper articles, scheduling TV spots during exciting events.*

**G. Steven Rowe**, CEO, Maine Community Foundation

*Steve Rowe is president and CEO of the Maine Community Foundation (MaineCF), a statewide nonprofit that helps people invest charitable resources in the future of Maine. MaineCF works with donors and other partners to improve the quality of life for all Maine people, drawing on its deep knowledge of the state to help build strong communities. Prior to becoming MaineCF's fifth president in 2015, Rowe was president of the Endowment for Health, a private foundation dedicated to improving the health of New Hampshire residents. Prior to that, he served as counsel at the Portland-based law firm Verrill Dana, LLP. He was Maine Attorney General from 2001- 2009 and Speaker of the Maine House of Representatives in 1999-2000. His overall legislative career spanned the years 1992 to 2000. Rowe was an officer in the United States Army. He holds a J.D. from the University of Maine School of Law; an M.B.A. from the University of Utah Graduate School of Business; and a B.S. from the United States Military Academy at West Point.*

**Derry Rundlett**, Athlete, Maine Senior Games

*Mr. Rundlett has been an attorney since 1973. He attended Bowdoin College and University of Maine Law. He was elected to the Hall of Fame, Maine Senior Games 2015. Mr. Rundlett received the Maine Trial Lawyers Legend Award in 2017. He is the host of "The DerryRundlett Show" on Channel 5 Community Television. He is the author of "Full Circle" and a law book.*

**Mary Schneckenburger**, M. Ed., Outreach and Education Manager, Consumers for Affordable Healthcare

*Mary serves as the Outreach and Education Manager at Consumers For Affordable Health Care and has been on staff since 2008. She's been working with the public in educational program design, management, facilitation and evaluation since 1983, primarily in staff development and community and adult education. She has extensive experience working with special needs adults, adult education staff, volunteers, immigrants and refugees. She earned a M. Ed. in Educational Leadership with a focus on adult education and a B. S. in Psychology. Her responsibilities as Outreach and Education Manager in the Consumer Assistance Program include responding to consumer questions on the Helpline, creating educational material, instructional design, facilitating workshops and presenting to groups on request.*

**Rhonda Selvin** APRN, FNP, Independent Healthcare Consultant

*Rhonda practices in primary care and consults with patients, providers, systems and payers to build truly whole person centered care. Her experience as a NP leader and Medical Director in practice and in the nonprofit world affords a unique understanding of opportunities to build care that sustains from the top down and bottom up. A crucial missing piece of this puzzle remains the integration of Mind Body Medicine.*

**Janet Stebbins**, Board Chair, Osher Lifelong Learning Institute

*Ms Stebbins is the current Board Chair of OLLI. She is a retired Independent School Educator.*

**Romaine Turyn**, Chair, Age Friendly Readfield

*The Town of Readfield is a small rural community that has about 2,600 residents with one third being over age 55. It has much to offer with its numerous lakes and ponds as well as its many hiking/walking trails. The Age Friendly Committee is appointed by the Select Board. It is chaired by Romaine Turyn. Romaine has a master's degree from the University of Maine and has devoted her professional life to aging and health policy. She has worked as an advocate as the Director of the Maine Committee on Aging, for the Legislature in the Senate Majority Office, at the Muskie School of Public Service and as a Manager of Aging Programs.*

**Ryan Wallace**, MRP, Director of the Maine Center for Business and Economic Research

*Ryan is a regional economist and Director of the Maine Center for Business and Economic Research. His research has focused on rural development, entrepreneurship, workforce development, small business finance, and a variety of industry studies.*

**Paula Widmer**

*Paula Widmer, 74, retired from her psychotherapy practice 10 months ago. Teacher, art educator, life-coach, Paula avidly participates in writing groups and classes and is currently indulging her yen to write by working on a memoir.*

**David Wihry**, Project Manager, UMaine Center on Aging

*David Wihry is a Project Manager at the University of Maine Center on Aging where he coordinates or contributes to a variety of community-based research and evaluation projects focused on the aging population. David also serves as a Co-Chair of the Policy Committee for the UMaine System Aging Initiative.*

**Ann Woloson**, Policy Analyst, Maine Equal Justice Partners

*Ann is a policy analyst with Maine Equal Justice Partners. Prior to her work at Maine Equal Justice, Ann worked for a number of Maine nonprofits where she focused on improving access to health care*

*and worked to reduce the costs of prescription drugs. She has worked in state government for years as a policy writer for the Maine's Medicaid program and also served as Chief of Staff for the Senate Majority Office in the state legislature where she focused on health care policy and state budget issues.*

**Holly Zielinski**, Nutrition and Community Services Director, SeniorsPlus

*Holly is responsible for providing strategic leadership and oversees planning, developing, implementing, operating and evaluating programs and services. Holly has held senior management positions in senior living and healthcare in Maine, Florida and Missouri..*