LONG-TERM SERVICES & SUPPORTS: THE NATIONAL LANDSCAPE

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Four Things You Should Know

1. A large and growing aging population increases the likelihood and demand for long-term services & supports.

2. Where you live matters--there is significant variation in the delivery of long-term services and supports among states.

3. Rising sense of urgency to create equitable and sustainable communities that are livable and age friendly.

4. Policymakers and influencers can utilize tools that empower, inform and drive innovative solutions at the federal, state and local levels.
What is a High-Performing System?

Framework for Assessing LTSS System Performance

High-Performing LTSS System

- Affordability and Access
- Choice of Setting and Provider
- Quality of Life and Quality of Care
- Support for Family Caregivers
- Effective Transitions

Is composed of five characteristics

that are approximated in the Scorecard, where data are available, by dimensions along which LTSS performance can be measured, each of which is constructed from individual indicators that are interpretable and show variation across states

Source: State Long-Term Services and Supports Scorecard, 2014
What is the LTSS Scorecard?

• Concise performance tool to put long-term services and support (LTSS) policies and programs in context, prompt dialogue, and spark action

• Multidimensional approach to comprehensively measure performance over time

• Target areas for improvement

• View from a consumer perspective

• Engage public and private sectors
How LTSS is Defined- In the Scorecard

• “Assistance with activities of daily living (ADLs) and instrumental activities of daily living (IADLs) provided to older people and other adults with disabilities who cannot perform these activities on their own due to a physical, cognitive, or chronic health condition that is expected to continue for an extended period of time, typically 90 days or more.”

• Includes human assistance, supervision, cuing and standby assistance, assistive technologies and environmental modifications, health maintenance tasks, care and service coordination, and supports for family caregivers.
State Ranking on Overall LTSS System Performance

Source: State Long-Term Services and Supports Scorecard, 2017.
High Level Findings

• States must pick up the pace of change to meet the needs of a growing number of people aging and living with disabilities.

• Where you live matters because states vary greatly in how long-term services and supports are provided.

• Measurement, federal and state initiatives, and stakeholder engagement can accelerate the pace of change.

• Maine is ranked 18th overall, and like all states could improve in multiple areas. This includes quality of care, affordability & access, and choice of setting & provider.
Areas for Improvement – States Leading the Way

• Nursing Home Transitions
• Housing Support
• Integrated Care/ Managed Long Term Care
State Strategies to Address Long Nursing Home Stays

• Targeted efforts to identify and transition new residents back to community living (Minnesota)

• Diverting hospitalized patients to home with supportive services—rather than to a SNF—at point of discharge (Connecticut)

• NH quality improvement (e.g., payment incentives in Minnesota);

• Payments to downsize and diversify NH industry (Oregon, Connecticut)
Money Follows the Person & Housing

States are allowed to use certain MFP funds for rebalancing initiatives, many of which have gone towards meeting the housing needs of people who transition.

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<th>State</th>
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<td>Illinois</td>
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Integrated Care/ Managed Long-Term Care

• Bringing Together Acute & Long Term Care Needs for Duals
• Family Caregiving Training & Support
Maine

• Some Promising Practices
• Many Opportunities