Maine Wisdom Summit
September 12, 2018
Augusta Civic Center
Agenda

9:00-9:15  Welcome  Main Auditorium
Jess Maurer, Executive Director, Maine Council on Aging
Mary Jane Richards, COO, North Country Associates, MCOA Board Chair

9:15-10:25  State of Aging in Maine, Plenary Session  Main Auditorium
Fran Seeley, Foster Grandparent, Senior Corps Hero, Advocate
Ryan Wallace, Director, Maine Center for Business & Economic Research
Garrett Martin, Executive Director, Maine Center for Economic Policy
Elizabeth Gattine, Senior Policy Associate, Cutler Institute
Stephen Campbell, Data & Policy Analyst, PHI

10:25-10:45  Break – Visit our Exhibitors!

10:45-12:00  State of Aging in Maine, Plenary Session  Main Auditorium
Dr. Erik Steele, DO, Martins Point HealthCare
Denise Lord, Director of Planning and Communications, MaineHousing
Scott Rollins, Assistant Director, Bureau of Planning, Maine DOT
Patricia Oh, Age Friendly Consultant, AARP
Dr. Carol Kim, Associate Vice Chancellor for Academic Innovation and Partnerships, University of Maine System

12:00-1:00  Lunch – Visit our Exhibitors!  Main Auditorium

12:50-1:00  Mathew Collins, MCOA Board Member
Betsy Sawyer Manter, MCOA Board Member

1:00-3:20  Engagement Tracks (See Extended Agenda for Track & Work Session Info)
Track 1: Community Systems that Optimize Health & Well-Being  Fort Western
Track 2: Optimizing Use of Public Resources through LTSS Reform  Kennebec
Track 3: Integrating Long Term Supports into Systems of Care  Cumberland

Engagement Track Descriptions & Work Sessions

Building Community Systems that Optimize Health & Well-being

Fort Western

This session will explore the social determinants of health and how meeting them ensures optimal health and well-being. It will showcase statewide networks, municipal ordinances and volunteer community initiatives that are building a strong response to the social determinants of health in Maine and connecting older Mainers to needed services. Participants will consider how these initiatives can be sustained or incentivized with public resources, aligned with state and local policies and supported by a robust volunteer workforce.

Plenary Presenters:
Jennifer Fortin, Health & Wellness Program Manager, Spectrum Generations
Anna Guest, Falls Prevention Project Manager, Southern Maine Agency on Aging
Kalie Hess, Health Equity Program Manager, Maine Primary Care Association
Denise Lord, Director of Planning and Communications, MaineHousing
Patricia Oh, Age Friendly Consultant, AARP
Scott Rollins, Assistant Director, Bureau of Planning, Maine DOT
Bill Shane, Town Manager, Town of Cumberland

Track One Work Sessions

Growing and sustaining an engaged volunteer “workforce”

Fort Western

Discussion Leaders:
Jennifer Crittenden, Assistant Director, UMaine Center on Aging
Joel Russ, Chief Executive Officer at Maine Volunteer Foundation
Cynthia Whitney, Senior Companion Program, Director, UMaine Center on Aging

Growing and sustaining statewide prevention networks

Arnold

Discussion Leaders:
Jennifer Fortin, Assistant Director, UMaine Center on Aging
Anna Guest, Falls Prevention Project Manager, Southern Maine Agency on Aging

Creating effective municipal responses to the needs of older residents

Howard

Discussion Leaders:
Patricia Oh, Age Friendly Consultant, AARP
Nate Rudy, Hallowell City Manager
William Shane, Cumberland Town Manager

Aligning state and local policy and resources to increase housing options

Penobscot

Discussion Leaders:
Denise Lord, Director of Planning and Communications, MaineHousing
Jess Maurer, Executive Director, Maine Council on Aging

Aligning state and local policy and resources to increase transportation

York

Discussion Leaders:
Kalie Hess, Health Equity Program Manager, Maine Primary Care Association
Mark Green, Executive Director, Downeast Community Partners
Scott Rollins, Assistant Director, Bureau of Planning, Maine DOT
Track 2: Optimizing the Use of Public Resources through LTSS Reform

Kennebec

This session provides an opportunity to learn more about the role of MaineCare in the delivery of LTSS, national trends and innovations, and opportunities for reform here in Maine. Whether you have professional experience in this area, or simply bring a personal interest in understanding what LTSS is and why it matters to you, contributing your voice can help us create a roadmap for ensuring that, as we age in Maine, we all can continue to live healthy and engaged lives, no matter the setting. The goals of this session are to translate the complexity of LTSS service delivery into an understandable framework, explore elements of a highly functioning LTSS system, and lay the groundwork for a reform agenda that prioritizes short term goals within a longer term vision of realigned payment and delivery systems.

Plenary Presenters:
- Stephen Campbell, Data & Policy Analyst, PHI
- Elizabeth Gattine, Senior Policy Associate, Cutler Institute
- Lisa Henderson, Executive Director, Leading Age ME & NH
- Lori Parham, State Director, AARP Maine

Track Two Work Sessions

Strategies to ensure we can access the care we need in the face of a shrinking informal and formal workforce

Kennebec

Discussion Leaders:
- Sandy Butler, Professor, University of Maine School of Social Work
- Stephen Campbell, Data & Policy Analyst, PHI
- Don Harden, Director of Services for Older Adults, Catholic Charities Maine

When living at home is not an option, what kinds of residential alternatives do we need and what should they look like? How can we ensure access?

Piscataquis

Discussion Leaders:
- Lindsey Beverage, Administrator, Southern Harbor House
- Rick Erb, Executive Director, Maine Health Care Association
- Lisa Henderson, Leading Age ME & NH
- Angela Hunt, Chief Operating Officer, The Cedars

Strategies for building a person-centered care model through improved LTSS access and care coordination

Sagadahoc

Discussion Leaders:
- Elizabeth Gattine, Senior Policy Associate, Cutler Institute
- Ted Rooney, Community Member, MCOA
- Lori Parham, State Director, AARP Maine
Successfully integrating and coordinating home care and other social services, known as long term supports and services (LTSS), with medical care and behavioral health care will help to minimize the unnecessary use of higher cost/lower value care, improve health outcomes and improve population health (the Triple Aim). Integration requires close collaboration among medical providers, social service providers, communities and families and consistent sharing of information. This session will explore what it will take to align providers around a person-centered care model that includes LTSS, how LTSS integrated care models are working in other states, what current opportunities for integration already exist that are not being maximized, and how we can prepare for emerging payment opportunities for expanded LTSS.

**Track Three Work Sessions**

**Preparing for success – what can all providers do to be ready to partner to take advantage of payment and delivery models?**

**Cumberland**

Discussion Leaders:
- Dan Hounchell, Vice President of Health Plan Products, Martin’s Point
- Marisa Scala-Foley, Director of the Aging and Disability Business Institute, N4A
- Betsy Sawyer Manter, President & CEO, SeniorsPlus
- Susan Wehry, M.D. Chief of Geriatrics, UNE College of Osteopathic Medicine

**How can providers operating in vastly different systems of care make sure they’re maximizing current payment and care coordination opportunities to optimize care outcomes?**

**Androscoggin**

Discussion Leaders:
- Paula Eaton, Innovation Advisor, Maine Primary Care Association
- Kim Gardner, Clinical Improvement Program Director, Maine Quality Counts
- Betsy Sawyer Manter, President & CEO, SeniorsPlus

**How can we align providers around person-centered care and move toward outcomes-based care? What are the barriers and how do we address them?**

**Aroostook**

Discussion Leaders:
- Peggy Haynes, Director, MaineHealth’s Partnership for Healthy Aging
- Catherine Ryder, Executive Director, Tri-County Mental Health Services
- Susan Wehry, M.D. Chief of Geriatrics, UNE College of Osteopathic Medicine

**What are the lessons we’ve learned from Thriving in Place and how can we apply them to deepen local and regional collaboration among providers, municipalities and older people?**

**Franklin**

Discussion Leaders:
- Robin Hewitt Bibber, Thriving in Place Coordinator, York County Community Action
- Anne Schroth, Program Coordinator, Healthy Peninsula
- David Wihry, Project Manager, University of Maine Center on Aging