COVID-19
UPDATES & INFORMATION
3/20/20

Personal Protective Equipment (PPE)
Public Health Systems Materials Order Form
Click here for the direct link

Support Opportunities

COVID-19 Discussion for people living with dementia and their care partners
Dementia Action Alliance is an advocacy organization powered by people living with dementia and their care partners. Laurie A.Scherrer (dementiadaze.com) who describes herself as "a person living well with dementia", hosts a program called Dementia Discussions on Zoom with a drop-in format. This week she's hosting two special sessions to specifically talk about the coronavirus. Our conversation will take place at 6pm EDT this evening, Friday, March 20, 2020 and run for one hour or longer as needed. The session will be recorded.
Click here for the link to join

Statewide Support
- 2-1-1 Maine – partnering with the Maine CDC to provide general information regarding Covid-19. Call specialists are supporting Mainers 24/7. Online here
- Maine Crisis Line (MCL) – crisis call specialists are responding to crisis calls and supporting Mainers 24/7. They can be reached at 888-568-1112.
SAGE Maine
COVID-19 is affecting us all. For LGBTQ older people and those aging with HIV that are worried, stressed or in need of help, know that the @SAGEUSA hotline is available for you here: 1-877-360- LGBT(5428)

Optum, part of UnitedHealth Group, is opening its Emotional-Support Help Line. Professionally trained mental health staff are there to support people who may be suffering from fear or stress over COVID-19. Optum’s Emotional-Support Help Line number is 866-342-6892 and will be open 24 hours a day, seven days a week. The service is free of charge and open to anyone.

Covid-19 Resources for New Mainers
The Maine Immigrant Rights Coalition (MIRC) is leading the immigrant community response emergency effort. In order to provide a culturally sensitive response effort, we are working with the coalition and community members to provide our New Mainers with Covid19 resources in multi-languages.
Click here to read more and access resources

Helpful Information

Citizen Alert System Notices from Maine.gov
There are currently a number of important Citizen Alerts in affect.
Click here to view the alerts

Guidance from Journal of Geriatric Emergency Medicine
COVID-19 in Older Adults: Key Points for Emergency Department Providers
Click here to read

Administration for Community Living (ACL)
Updates and Resources
Read more here

World Health Organization
Coronavirus disease (COVID-19) advice for the public: Myth busters
Read more here

Upcoming Learning Opportunities

"Pandemic & Emergency Preparedness: COVID-19 & What Healthcare Professionals Need to Know" Webinar
AARP Live Q&A Event: The Coronavirus
Listen to the March 19 Tele-Town Hall
Staying Safe: Protect Your Health, Wealth and Loved Ones
During the 90-minute live event, government experts answered questions about health concerns, caregiving and avoiding scams related to COVID-19.
Click here to listen to the recorded event

Member Updates

Penquis: Updates During Coronavirus (COVID-19) Pandemic
Updates on services, resources and tips & links for connecting to video conferencing
Click here to read more

In Case You Missed It

Governor Mills Presses Federal Government to Provide Maine With More Personal Protective Equipment and Testing Supplies
March 19, 2020
Click here to read more

Alzheimer's Association
Coronavirus (COVID-19): Tips for Dementia Caregivers
Click here for more information

Coronavirus/Covid-19 Resources from Maine DHHS
Office of Aging & Disabilities Services
Click here to read more

Centers for Disease Control and Prevention Webinars
Registration is required (CDC Recommends participants to access it in a group format, if possible) Click links below to register.

March 23, 1:00pm (ET)
REGISTER: COVID-19 Update for Rural Partners (CDC)

March 24, 2:00pm (ET)
REGISTER: Underlying Medical Conditions and People at Higher Risk for Coronavirus Disease 2019 (CDC)