COVID-19
UPDATES & INFORMATION
5/8/20

A Reminder from MCOA

The Maine Council on Aging, in partnership with LeadingAge ME & NH and the Maine Resident Services Coordinators Association, hosts a weekly meeting for congregate housing coordinators and managers to address concerns related to a potential outbreak of Covid-19 in congregate housing settings. Please join us!

**Standing MCOA/LeadingAge Housing Call – for RSCs and Housing Managers – every Friday at 10:15**
Join Zoom Meeting (video encouraged): [https://zoom.us/j/992754142](https://zoom.us/j/992754142)
Meeting ID: 992 754 142
**Password: 535837**
Conference Call Line: 1-646-558-8656 passcode: 992754142#

Updates, Information & Resources

**CMS: Interim Final Rule Updating Requirements for Notification of Confirmed and Suspected COVID-19 Cases Among Residents and Staff in Nursing Homes**
[Click here to read more](#)

**Maine Department of Labor: Federal Program Process Infographic: 2 of 3 Federal Unemployment Programs are launched!**
[Click here to view](#)

**CDC: Ten Clinical Tips on COVID-19 for Healthcare Providers Involved in**
Institute for Integrative Aging at Saint Joseph's College Healthier Aging Conference Postponed
Due to the COVID-19 Pandemic and current recommendations, we have made the decision to postpone our Healthier Aging Conference, which was to be held on July 22, 2020 at the Saint Joseph's College campus in Standish, Maine. As soon as we are able to reschedule safely, we will let you know! Until then, please keep in contact with us at www.sjcme.edu/aging, or follow us on Facebook and Instagram.

Upcoming Learning Opportunities

Free Training for Direct Care Workers on PPE
This grant funded PPE training module was developed specifically for direct care workers. Find the Direct Care training in the yellow box at the link below. Click here to read more

Tackling High-Priority COVID-19 Challenges for Nursing Homes
The Institute for Healthcare Improvement, with support from The John A. Hartford Foundation, is launching the COVID-19 Rapid Response Network for Nursing Homes to support nursing home leadership, staff, residents, families, and communities impacted by the COVID-19 pandemic. This free call series is held every weekday at 12:00 noon beginning May 4th Click here to read more and register

Alzheimer's Association: COVID-19 Caring Conversations
COVID-19 Caring Conversations (for people with memory loss and their caregivers)
COVID-19 Caring Conversations For Professionals
Click here for more information and to register

UMaine Health Connection Chats
Annoucing Second Round of Sessions May-June
Click here to read about the upcoming chats

Southern Maine Agency on Aging Virtual Classes
Telephone Family Caregiver Support Group:
(CALL: 713-3723), Monday, May 11, 2020, 3 – 4:30pm,
FMI: Barbara Alberda, 713-3723
Click here for more information
Stress Management for Family Caregivers During the Pandemic on May 13, 1-2pm
Engaging Community Food Sources During COVID-19
Hosted by Tri-State Learning Collaborative on Aging
Tuesday, May 12th, 2020
12:00 PM to 1:30 PM
On Tuesday, May 12 from 12:00 to 1:30, the focus of the Idea and Experience Exchange: Wisdom Inquiry series will be engaging community food sources during COVID-19. Has your lifelong community initiative developed a hot meal to go program instead of a weekly hot meal? Is your food pantry developing new ways to meet the needs in your community? Are restaurants, local grocery stores, and farmers finding new ways to deliver food safely to their customers? Are you planning a "Victory Garden"? If you know about any of these in your community, please come prepared to share. People who attend this webinar will leave inspired with new ways to engage community food sources during COVID-19 and beyond.

Click here to register

Webinar on Supporting Older Adults in Emergencies: Preparedness, Response, and Recovery
ACL, CDC, HRSA, and NIA are partnering to provide a new series of webinars: Focus on Aging: Federal Partners’ Webinar Series. This webinar series will address important topics for public health and health care professionals, aging services organizations, the research community, and other stakeholders in aging. Each webinar will include information specific to individuals with Alzheimer’s disease and other types of dementia, as well as their caregivers.
This May 13 webinar will be the first of the Focus on Aging series, and will emphasize emergency preparedness.
Register for the webinar 1:30 - 3:00 PM ET on Wednesday, May 13, 2020.

AlzTalks with Dr. Ron Killiany
May 13, 2020 | 6:00 p.m. - May 13, 2020 | 8:00 p.m.
Join us for an overview of Alzheimer's disease and other dementia and recent advances in research, including discussion about how changes in the brain from aging and disease impact cognitive symptoms. Link provided upon registration.
Click here for more information

(NEW) Morally Distressing Events in Healthcare Workers During the Coronavirus (COVID-19) Outbreak
Sonya Norman, PhD
Wednesday, May 20 at 2 p.m. ET
Although it is not typical for healthcare workers to experience significant distress from difficult situations at work, unprecedented contexts, such as a pandemic, may cause some healthcare workers to experience morally distressing events. Morally distressing events refer to experiences that contradict personal or shared values or expectations. Feelings resulting from these experiences can include guilt, shame, distress or intrusive thoughts or images, anger, reduced readiness and, if the person experiences betrayal, reduced confidence in leaders or the organization. This webinar will help mental health and other healthcare providers understand how working in the current pandemic might result in experiences of morally distressing events for some healthcare workers. Strategies that workers, coworkers, and leaders can use to reduce the potential for morally distressing events and strategies that mental health care providers can use to reduce the distress associated with morally distressing events will be discussed.
Click here to register

Webinar: Supporting Grandfamilies in a Pandemic
National Association of Area Agencies on Aging
5/21/2020 2:00 PM EDT
Join Generations United and n4a for a conversation on how the Aging Network can best support older adults raising grandchildren or other young relatives during this tumultuous
The needs of grandfamilies are often great and always complicated even in good times. Add online learning, stay-at-home precautions and reduced access to services and supplies, and you have a population in need of extra help, now! Generations United’s experts will highlight the trends in these families’ current and emerging needs and share ideas for aging organizations to increase support to these older adults. A grandparent currently raising her grandchildren will share first-hand experience, and other grandfamily and AAA experts will join the conversation—as will you! In this COVID-19 era, sharing of emerging practices is critical, and we hope to capture local responses during the webinar.

**Click here to learn more and register**

### Ageism is Bad for Your Health

**Tuesday, May 26th, 2020, from 12:00 p.m. to 1:30 p.m.**

**Hosted by Tri-State Learning Collaborative on Aging**

On Tuesday, May 26, from 12:00 to 1:30, we will focus on ageism, the negative impacts on our health and how we can change the conversation moving forward. During the recent COVID-19 response we saw a marked increase in ageist attitudes—from naming coronavirus the “Boomer Buster” to cartoons asking people to choose grandma or the economy. Join us to learn more about changing the conversation on aging in our current climate and how we move forward together with effective messaging. We will be joined by re-framing experts from New Hampshire, Vermont, Maine and from the national initiative.

**Presenters:**
- Patricia D’Antonio, Vice President, Professional Affairs, The Gerontological Society of America, Program Director, Reframing Aging Initiative
- Kelly Laflamme, Program Director, Endowment for Health
- Keliane Totten, Chief Officer, Community Engagement, Concord Regional VNA
- Jennifer Rabalais, Co-Director, Center on Aging and Community Living, Project Director, Institute on Disability, University of New Hampshire
- Angela Smith-Dieng, Director, Adult Services Division, Department of Disabilities, Aging and Independent Living, Vermont
- Mary Lou Ciolfi, Acting Administrator, Hill House Assisted Living, Aging Services Consultant, Adjunct Faculty, University of New England

**Click here to register**

### Alzheimer's Association Virtual Person-Centered Dementia Care

The curriculum is a train-the-trainer model created to prepare attendees already familiar with Alzheimer's and dementia care, to train direct care staff in a wide range of residential and community based settings. The 7-hour virtual training teaches attendees how to deliver the 13-hour curriculum based on the person-centered model of Habilitation Therapy.

**Click here to view the flyer**

**Click here for more information & to register**

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### Local Community Volunteer Efforts

**Check out this initiative!**

**Scarborough Helps**

ScarboroughHelps.org is a collaboration between the Town of Scarborough, Scarborough Public Library, and Project GRACE.

**Click here to read more**

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Maine Council on Aging is working to share any community efforts & available resources across Maine and have started sharing on our website for easy reference. Check out the
link below & share within your networks to ensure that service providers of all kinds can more easily find the services older people need during this crisis. This page is updated daily as we hear from more communities - please check back often!

**MCOA Local Community Volunteer Efforts Listing**

Are you a part of a local volunteer effort in your community and do not see it listed at the webpage above? *Please let us know about it by completing the brief survey here.*

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**Funding Opportunities**

**USDA Rural Development: Distance Learning & Telemedicine Grants**

*Click here to read more*

**Robert Wood Johnson Foundation**

Pioneering Ideas: Exploring the Future to Build a Culture of Health

*Click here to read more*

**NCOA: COVID-19 Community Response Fund**

*Click here to read more*

**Maine Association of Nonprofits: Information on COVID-19 for Maine Nonprofits, Financial Relief for Nonprofit Businesses and Employers**

*Click here to read more*

**Maine Philanthropy Center: COVID-19 Response Funds**

*Click here to read more*

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**Personal Protective Equipment (PPE) Resources**

**UMaine: Maine-made cloth face coverings and other consumer products**

*Click here to read more*

**Sewing Masks for Maine**

Free of Charge for Healthcare Providers

*Mask Request Form: Maine Healthcare Providers*

**Mid Coast Pop Up PPE Factory**

*Find them on Facebook Here*

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**In Case You Missed It**

**Senator Angus King Thanks Long Term Care Heroes**

*Click here to watch the video*
Mills Administration Secures Major COVID-19 Testing Expansion for Maine

Click here to read more

Looking for more resources and information?
Click the button below to access more information and resources from MCOA and past daily email updates.

CORONAVIRUS INFORMATION & RESOURCES