A Message from MCOA

The standing weekly MCOA/LeadingAge Housing call held on Friday mornings will now be held every other week instead of every week. **The next call Housing Call will be held on Friday, June 19th at 10:15am. We will not be meeting on Friday, June 12th.** Please reach out anytime if you have questions or are looking for specific resources.

*In Case You Missed It:*

Each week the Maine Council on Aging (MCOA) partners with LeadingAge to host an informative networking discussion for property managers, resident service coordinators, and other housing providers working to keep their residents safe during the COVID-19 Pandemic. On June 5th, our conversation was extended to include preventative medicine experts from Maine Medical Center's Preventative Medicine Residency. Titled “**Where Policy Meets Practice: Preventing the Spread of COVID-19 in Affordable Senior Housing Communities**,” our guests provided information on transmission and disinfection for resident and housing communities throughout New England. Their presentation and Q&A session was complete with a variety of scenarios in response to HUD’s COVID-19 guidance, including strategies for reducing the spread of the virus while reopening common areas and bringing staff back to working on-site. A recording of the conversation is available on our [website](https://www.mcoa.org), under "Congregate Housing/Resident Service Coordination Issues" on our resource page for Service Providers. We look forward to our next Housing conversation, which will take place on June 19th at 10:15 AM.
Governor Mills Renews State of Civil Emergency For 30 Days As Maine Reopens, Continues to Combat COVID-19

Click here to read the bulletin

Nearly $1 million in federal funds will help Maine people cope with psychological impacts of COVID-19

Click here to read the bulletin

Attention: MaineCare Providers: HHS Announcement - Update on MaineCare’s COVID-19 Policy Changes and Guidance

Click here to read the bulletin

Health and Human Services Committee Meeting Friday, June 12th

The Health and Human Services committee is meeting at the State House in Augusta on Friday, June 12th at 9:30am. The committee will be receiving briefings from the Commissioner of Health and Human Services (via zoom). As you know, the Maine State House remains closed to the public. Anyone may access the meeting by listening through the audio system at: http://legislature.maine.gov/Audio/#228

Or watching the meeting through this YouTube link: https://youtu.be/hvYDZdWlCdk


Information is current as of 6/11/2020 and is subject to change

Click here to read more

Maine Association of Nonprofits

NEW! Reopening with Purpose: Guidance for Maine Nonprofits Impacted by the Pandemic

MANP has developed a nonprofit-specific guidebook to assist nonprofits in shaping their plans to reopen offices and re-engage with the public.

Click here to learn more and download your free copy

Think HR: Return to Work Considerations: Postings & Policies

Click here to watch the brief video

Think HR: Return to Work Checklist

Click here to read more

Reimagine Your Nonprofit to Survive the Crisis

Click here to read more

Northern Light Health: Safety During Covid

Click here to read more

County commissioners support older citizens

Click here to read the article

Healthy Aging: Community resource specialists available to help South Portland residents

Click here to read the article

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Upcoming Learning Opportunities
Beyond the Curve: Preparing for Re-Entry to the Workplace
June 11, 2020, 1:00 - 2:00 PM or June 17, 2020, 12:00 - 1:00 PM
Nonprofit employers have faced unimaginable challenges in the wake of the COVID-19 pandemic. Now, as states start permitting businesses to reopen, nonprofits across the country are trying to figure out what that looks like for them, their employees and the communities they serve.
This informative webinar—offered on June 11 and June 17—will provide helpful tips for preparing to welcome employees back to the office while maintaining compliance with state and federal regulations related to the Coronavirus. This webinar will discuss:
• Workplace health and safety measures
• Returning employees to the office in phases
• Handling common areas in the office
• And more general best practice tips
Click here to register

BDN Events Online: Pivoting During a Pandemic
June 11th at 5:00pm
How have Maine nonprofits been dealing with the coronavirus pandemic? Learn from two of Maine’s largest nonprofits on how they pivoted almost overnight to adapt to COVID-19. Join in as we welcome guests from Good Shepherd Food Bank and United Way of Eastern Maine. They'll talk about how they are navigating responses to coronavirus for the betterment of our communities.
Click here to register

Tri-State Learning Collaborative on Aging "Resiliency & Recovery Conversation" Series
June 17th 3:00 - 4:00 pm: Volunteer Transportation Check In Call
June 18th 1:00 - 2:00 pm: Keeping Faith During Covid-19
June 24th 2:00 - 3:00 pm: Senior Center Check In Call
Click here to learn more & register

UMaine Health Connection Chats
Click here to learn more about past chats & find out about upcoming chats

Maine DHHS OADS: Appendix K OADS/OMS Video Conference "Office Hours"
• Families Caring for Members and Options to Request Payment Through Providers and Shared Living Services Updates – Friday, June 12th at 2:00pm
• Emergency Person-Centered Planning Requirements – Tuesday, June 16th at 4:00pm
• Telehealth Guidance – Friday, June 19th at 2:00pm
• Alternate Settings and Emergency Quarantine Service – Tuesday, June 23rd at 4:00pm
Please use the following link for all of the above listed meetings:
Join Zoom Meeting: https://us02web.zoom.us/j/2204655478
Meeting ID: 220 465 5478
One tap mobile
+19292056099,,2204655478# US (New York)
+13017158592,,2204655478# US (Germantown)
Dial by your location
+1 929 205 6099 US (New York)

Free Training for Direct Care Workers on PPE
This grant funded PPE training module was developed specifically for direct care workers. Find the Direct Care training in the yellow box at the link below.
Click here to read more

Alzheimer’s Association: COVID-19 Caring Conversations
COVID-19 Caring Conversations (for people with memory loss and their caregivers)
Dementia Workforce Development: Two Models to Prepare for the Future
(National Alzheimer’s and Dementia Resource Center (NADRC) Webinar – June 16, 2020)
An introduction to critical issues in the dementia workforce will be presented. The CATCH-ON program at Rush University Medical Center is addressing workforce needs in unique ways through its Geriatric Workforce Enhancement Program. Dr. Erin Emery-Tiburcio will discuss various aspects of CATCH-ON, including the development of Dementia Friendly Communities in Illinois and resources for building your local dementia workforce. A second dementia workforce program example will be provided by Ms. Katelyn Marschall. Ms. Marschall will provide an overview of the Wisconsin Dementia Care Specialist Program and how the Dementia Care Specialist Program impacts people with dementia and their families. Practical resources for dementia professionals developed for use in community-based settings will also be provided.

Engaging with Reframing & Promoting Health
Tue, Jun 16, 2020 12:00 PM - 1:00 PM EDT
On Tuesday, June 16th from 12:00 to 1:00, the focus of the Idea and Experience Exchange: Wisdom Inquiry series will be promoting health and engaging with reframing aging in your community. This is a followup conversation from our General Interest Webinar, Ageism is Bad for Your Health. Join us to learn more about changing the narrative on aging within your own community.
Host:
Mary Lou Ciolfi, Acting Administrator, HillHouse Assisted Living, Aging Services Consultant, Adjunct Faculty, University of New England

Virtual Wellness
Register for the webinar on Thursday, June 18 at 2:00 - 3:00 PM ET
Feeling restless staying at home? Want to learn about how you can participate in Virtual Wellness? The Human Development Institute at the University of Kentucky is hosting a second webinar: “Wellness Edge—Staying Apart Together, Volume 2.” This is an opportunity to learn about and try out inclusive wellness practices virtually together! Wellness Edge is part of the PRC State Pilot program that aims to increase the quality of engagement for individuals with paralysis and their support networks in recreational settings, and thereby improve health outcomes and enhance the capacity of communities to have inclusive recreational spaces for all individuals.
The webinar will include crossfit, social distancing in parks, health check-in activity, and much more. This event is free and open to everyone.

Finding Balance During Covid-19
Tue, Jun 23, 2020 12:00 PM - 1:30 PM EDT
COVID-19 has taken a toll on our collective emotional well-being. On Tuesday, June 23, from 12:00 to 1:30, we will hear from people across our region who can help us understand how we can help our employees, volunteers, people we serve, and ourselves find balance in the face of the grief, stress, uncertainty, and anxiety brought on by the events of COVID-19. During this webinar we will hear how we can remain resilient throughout this disaster and connect to supports that can help. Join us to hear ways folks in our region are addressing this emotionally challenging time in their communities and helpful ideas to navigate this time as a provider, caregiver or volunteer.

Presenters:
- Susan Wehry, MD, Chief of Geriatrics, PI/Director, AgingME: Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care, University of New England College of Osteopathic Medicine
- Bobbie Rood, LICSW, Vermont
Local Community Volunteer Efforts

Check out this initiative!

SEWING MASKS FOR MAINE
After delivering more than 22,600 cloth masks to Maine’s healthcare workers, our volunteers are moving on to individual county efforts.
Click here to read more

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Maine Council on Aging is working to share any community efforts & available resources across Maine and have started sharing on our website for easy reference. Check out the link below & share within your networks to ensure that service providers of all kinds can more easily find the services older people need during this crisis. This page is updated daily as we hear from more communities - please check back often!

MCOA Local Community Volunteer Efforts Listing

Are you a part of a local volunteer effort in your community and do not see it listed at the webpage above? Please let us know about it by completing the brief survey here.

In Case You Missed It

NPR: WHO Creates 'Confusion' About Asymptomatic Spread. Here's What We Know
Click here to read the article

Maine Calling: Why COVID-19 Is Disproportionately Affecting Black Mainers, And How DHHS Is Trying To Help
Click here to read the article

Looking for more resources and information? Click the button below to access more information and resources from MCOA and past daily email updates.

CORONAVIRUS INFORMATION & RESOURCES