COVID-19
UPDATES & INFORMATION
6/17/20

Updates, Information & Resources

Tri-State Learning Collaborative on Aging "Resiliency & Recovery Conversation" Series
(TODAY) June 17th 3:00 - 4:00 pm: Volunteer Transportation Check In Call
(TOMORROW) June 18th 1:00 - 2:00 pm: Keeping Faith During Covid-19
June 24th 2:00 - 3:00 pm: Senior Center Check In Call
July 22nd 2:00 - 3:00 pm: Adult Day Center Check In Call
Click here to learn more & register

Update from Maine Department of Labor
Brief Payment Delay: Due to the unprecedented volume of people receiving benefits, the transfer of payment files to the state's designated financial institution was briefly delayed last night. (Posted 6/16/20)
Click here to read the full post

National Center on Advancing Person-Centered Practices and Systems (NCAPPS): Health Care Person-Centered Profile
Click here to read more

LeadingAge: New CMS FAQs Include Guidance on Hospice Staff Access
Click here to read more

Face Coverings for Organizations and Businesses
To help limit the spread of COVID-19, HHS and FEMA are offering cloth face coverings at no cost to community-based organizations. The face coverings, produced and delivered
in partnership with the United States Postal Service and the National Council of Textile Organizations, are being made available to community-based organizations at no cost (and while supplies last).

Click here to read more

The Compassionate Manager: A Trauma-Sensitive Approach to Managing in the Era of Covid-19

Click here to read more

CDC's Responder Stories
CDC has thousands of responders supporting the fight against the COVID-19 pandemic. Learn more about their unique stories.

Click here to read more

Coronavirus shows how ageism is harmful to health of older adults

Click here to read the article

'I'd like to give somebody a hug' -- impact of social isolation on health of seniors

Click here to read the article

Upcoming Learning Opportunities

Maine DHHS OADS: Appendix K OADS/OMS Video Conference "Office Hours"
- Telehealth Guidance – Friday, June 19th at 2:00pm
- Alternate Settings and Emergency Quarantine Service – Tuesday, June 23rd at 4:00pm

Please use the following link for all of the above listed meetings:
Join Zoom Meeting: https://us02web.zoom.us/j/2204655478
Meeting ID: 220 465 5478
One tap mobile
+19292056099,2204655478# US (New York)
+13017158592,2204655478# US (Germantown)
Dial by your location
+1 929 205 6099 US (New York)

UMaine Health Connection Chats
Click here to learn more about past chats & find out about upcoming chats

Free Training for Direct Care Workers on PPE
This grant funded PPE training module was developed specifically for direct care workers. Find the Direct Care training in the yellow box at the link below.

Click here to read more

Alzheimer's Association: COVID-19 Caring Conversations
COVID-19 Caring Conversations (for people with memory loss and their caregivers)
COVID-19 Caring Conversations For Professionals
Click here for more information and to register
John Feather, CEO of Grantmakers in Aging will discuss ways in which philanthropy is working to ensure that older people remain a focus during the COVID-19 pandemic. He will describe how COVID-19 has affected organizations seeking funding, and how his organization’s work has evolved since the advent of COVID-19. He will share what changes have been made and what is working.

Click here to register

Virtual Wellness

Register for the webinar on Thursday, June 18 at 2:00 - 3:00 PM ET.

Feeling restless staying at home? Want to learn about how you can participate in Virtual Wellness? The Human Development Institute at the University of Kentucky is hosting a second webinar: "Wellness Edge--Staying Apart Together, Volume 2." This is an opportunity to learn about and try out inclusive wellness practices virtually together! Wellness Edge is part of the PRC State Pilot program that aims to increase the quality of engagement for individuals with paralysis and their support networks in recreational settings, and thereby improve health outcomes and enhance the capacity of communities to have inclusive recreational spaces for all individuals. The webinar will include crossfit, social distancing in parks, health check-in activity, and much more. This event is free and open to everyone.

Register for the webinar.

(NEW) Navigating COVID-19: Supporting Individuals With Dementia And Their Caregivers

Tuesday, June 23, 2020 - 12:00pm to 1:30pm

The current COVID-19 emergency presents new and unique challenges for individuals diagnosed with Alzheimer’s disease and related dementia (ADRD) as well as the family and friends providing care for them. Nineteen percent of all dually eligible beneficiaries have ADRD.[1] Older adults, including people with ADRD, are more susceptible to COVID-19 and more likely to experience severe outcomes of the disease.[2] Dementia-related cognitive impairment may also increase risk for infection, as a result of poor infection control and reduced symptom awareness.[3],[4] Additionally, social isolation and changes in routine as a result of COVID-19 may lead to confusion, irritability and agitation, and sleep difficulty for individuals with ADRD.

Click here to read more and register

Finding Balance During Covid-19

Tue, Jun 23, 2020 12:00 PM - 1:30 PM EDT

COVID-19 has taken a toll on our collective emotional well-being. On Tuesday, June 23, from 12:00 to 1:30, we will hear from people across our region who can help us understand how we can help our employees, volunteers, people we serve, and ourselves find balance in the face of the grief, stress, uncertainty, and anxiety brought on by the events of COVID-19. During this webinar we will hear how we can remain resilient throughout this disaster and connect to supports that can help. Join us to hear ways folks in our region are addressing this emotionally challenging time in their communities and helpful ideas to navigate this time as a provider, caregiver or volunteer.

Presenters:

- Susan Wehry, MD, Chief of Geriatrics, PI/Director, AgingME: Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care, University of New England College of Osteopathic Medicine
- Bobbi Rood, LICSW, Vermont
- Renee Pepin, Ph.D., Research Scientist, Community and Family Medicine, Dartmouth Centers for Health and Aging

Click here to register
ASA: Future Proof] When America Catches a Cold, Black America Gets Pneumonia: NCBA Responds to COVID
June 25, 1:00 PM (PDT)
Karyne Jones, President and CEO of the National Caucus and Center on Black Aging will share how COVID-19 has impacted her organization, with a focus on affected African American elders and the services NCBA provides for them. She will address societal issues, including social determinants, chronic disease and access to healthcare, that continue to plague the African American community and how they are reflected in the imbalance in virus cases. She will describe how they had to make, including the way they communicate, and highlight lessons learned.

Click here to register

(NEW) Addressing Social Isolation Through Technology Solutions
Webinar on Friday, June 26 at 1:00 - 2:00 pm ET.
ACL presents a webinar highlighting how technology can be leveraged to increase social engagement, including specific hardware and software options. Presenters will also identify resources for acquiring and distributing technology, as well as mechanisms for training older adults and adults with disabilities to use technology solutions designed to mitigate social isolation.

Click here to register

(NEW) Meals on Wheels America to host National Social Isolation Virtual Summit Presented by the Caesars Foundation
TUESDAY, JUNE 30, 2020 | 10:30AM PST/ 1:30PM EST
The National Social Isolation Virtual Summit will focus on critical issues affecting older Americans, including social isolation, hunger and loneliness, and finding cross-sector solutions that provide enhanced quality of life.

Click here to read more and register

Local Community Volunteer Efforts

Check out this initiative!

This Hermon company’s work dried up when coronavirus hit. Now it’s making masks for the long run.
Normally, the main floor area at Ntension, a Hermon company that produces tension fabric structures, is dominated by enormous exhibits custom-made for corporate trade shows, museums and sports teams, some of which reach close to the top of the building’s 42-foot ceiling. Today, however, owner Scott Biehn and his employees at Ntension are focused on the production of just one thing: personal protective equipment — specifically face masks and face shields — for Northern Light Health and its hospitals and medical facilities across Maine.

Click here to read the article

Maine Council on Aging is working to share any community efforts & available resources across Maine and have started sharing on our website for easy reference. Check out the link below & share within your networks to ensure that service providers of all kinds can more easily find the services older people need during this crisis. This page is updated daily as we hear from more communities - please check back often!
Are you a part of a local volunteer effort in your community and do not see it listed at the webpage above? Please let us know about it by completing the brief survey here.

In Case You Missed It

Mills Administration Releases Guidance for Town Meetings and Elections
Click here to read the bulletin

CDC Guidance: Deciding to Go Out
Click here to read more

Looking for more resources and information?
Click the button below to access more information and resources from MCOA and past daily email updates.