COVID-19
UPDATES & INFORMATION
6/2/20

Updates, Information & Resources

Maine DHHS OADS:

CDC: Reopening Guidance for Cleaning and Disinfecting Public Spaces, Workplaces, Businesses, Schools, and Homes (updated)
Click here to read more

(NEW funding opportunity) Maine Humanities Council Mini Grants; Awards of up to $1,000
In the current crisis, as people and communities across Maine and the world practice physical distancing, we are eager to support projects that use the humanities to connect people across physical distance, whether they make use of digital technologies or use ways of connecting those without access to digital tools.
Click here to read more about the funding opportunity

Neighbors Feeding Neighbors
The Maine Shared CHNA is partnering with Good Shepherd Food Bank to marry up our statewide network of friends with their partner agencies across the state.
Click here to read more

News from SeniorsPlus
Help define the organization's vision: 2020-2024 Area Plan
(Posted May 28, 2020) SeniorsPlus is holding public hearings on June 16 and 17 on its
2020-2024 Area Plan that outlines the organization’s vision to serve the older and disabled adults populations over the next four years. The public is invited to participate. Comments also are welcome via email or US Mail by June 27.
Read the draft of the 2020-2024 Area Plan in its entirety here.
Click here to read more

Update from Southern Maine Agency on Aging
Area Plan Virtual Hearings
The Southern Maine Agency on Aging will hold two public virtual hearing conference calls on its 2020-2024 Area plan this June: June 22 at 11am and June 23 at 4pm. These are public conference calls and the public is invited to attend.
To participate in the virtual hearing conference call, please call 1-866-730-7514. Participants must use code 858040 to access the call.
Click here to read more

Update from Eastern Area Agency on Aging
Update as of 6/1/2020: EAAA will continue with our current plan for services and supports through June 30th.
Our phones are still open for regular business hours of Monday - Friday 8:00 - 4:30.
Meals on Wheels is accepting new requests for meal delivery. Call us today!
Please contact our agency at 941-2865 with any questions about any of our current programs.
Click here to read the post

Ageism Strikes Hard In The Age Of Covid-19
Click here to read the article

BeingHeard: The Voice of Revisionary Gerontologist
Covid & Culture Change: Click here to read the blog post
Paradoxes of Aging: Click here to read the blog post

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Upcoming Learning Opportunities

“Where Policy Meets Practice: Preventing the Spread of COVID-19 in Affordable Senior Housing Communities”

- Friday, June 5th, 10:15-11:15am EST
- Curated Conversation and Live Q&A with preventative medicine experts, housing policy analysts, and housing/services providers
- Panelists include: Nicoleta Toma, MD and Katherine Nenninger, MD - MMC Preventive Medicine Fellows; Juliana Bilowich, Director of Housing Operations and Policy for LeadingAge; and Jess Maurer, Executive Director of MCOA

Join us for a 30-minute curated conversation on how property staff can reduce the spread of COVID-19 in HUD-assisted and other senior housing communities. Bring live questions, or send advance questions to jmaurer@mainecouncilonaging.org or lhenderson@leadinagemenh.org.

Conversation to be followed by updates on HUD guidance and local resources for affordable housing managers and Resident Service Coordinators navigating the pandemic.
Click the link below to join the call on June 5th @ 10:15 am:
Join Zoom Meeting (video encouraged): https://zoom.us/j/992754142
Meeting ID: 992 754 142
Password: 535837
Conference Call Line: 1-646-558-8656 passcode: 992754142#

UMaine Health Connection Chats
Click here to learn more about past chats & find out about upcoming chats

Free Training for Direct Care Workers on PPE
This grant funded PPE training module was developed specifically for direct care workers.
Find the Direct Care training in the yellow box at the link below.
Click here to read more

Alzheimer's Association: COVID-19 Caring Conversations
COVID-19 Caring Conversations (for people with memory loss and their caregivers)
COVID-19 Caring Conversations For Professionals
Click here for more information and to register

Tri-State Learning Collaborative on Aging "Resiliency & Recovery Conversation" Series
Adult Day Centers: June 3rd, 2020, 3:00 - 4:00 pm
Click here to learn more & listen to recorded conversations

GIA Webinar: Seeing Older Adults as Assets with Intergenerational Programs
Thu, Jun 4, 2020 2:00 PM - 3:00 PM EDT
While there has been much discussion around older adults in need during the Covid-19 pandemic, many older adults are also actively volunteering and giving back to their communities. Join Grantmakers In Aging and The Eisner Foundation for a special discussion of the full spectrum of the 65+ experience during this crisis, and how organizations are putting the skills and talents of older adults to work.
Panelists: Trent Stamp, CEO, The Eisner Foundation
Joel Arquillos, Executive Director of 826LA
Nahtahna Cabanes, VP of Strategic Partnerships and Director of RSVP at L.A. Works
Moderated by John Feather, CEO, Grantmakers In Aging
Click here to register

Why COVID-19 Preys on Older Adults: What the Science Says (and Doesn’t Say)
Tuesday, June 9, 2020, 2-3:00pm EDT
Older people are most prone to hospitalization, disability, and death following infection with the novel coronavirus. Among those infected, people 80 and older die at 184 times the rate of someone in their 20s.
This webinar, the first in the series “Aging and COVID-19: What Does Science Actually Tell Us?” presented by the American Federation for Aging Research (AFAR) and GIA, will untangle the science from the pseudo-science and explain the hallmarks of the aging process and age-related diseases, how aging affects immune health, and how the biology of aging helps explain why some of us are particularly vulnerable to the worst of COVID-19.
Panelists: Steven N. Austad, PhD, Distinguished Professor of Biology at University of Alabama-Birmingham and AFAR Senior Scientific Director; and George Kuchel, MD, Travelers Chair in Geriatrics and Gerontology, UCONN Center on Aging.
Moderated by John Feather, PhD, CEO of Grantmakers In Aging.
Click here to register
Dementia Workforce Development: Two Models to Prepare for the Future
(National Alzheimer’s and Dementia Resource Center (NADRC) Webinar – June 16, 2020)
An introduction to critical issues in the dementia workforce will be presented. The CATCH-ON program at Rush University Medical Center is addressing workforce needs in unique ways through its Geriatric Workforce Enhancement Program. Dr. Erin Emery-Tiburcio will discuss various aspects of CATCH-ON, including the development of Dementia Friendly Communities in Illinois and resources for building your local dementia workforce. A second dementia workforce program example will be provided by Ms. Katelyn Marschall. Ms. Marschall will provide an overview of the Wisconsin Dementia Care Specialist Program and how the Dementia Care Specialist Program impacts people with dementia and their families. Practical resources for dementia professionals developed for use in community-based settings will also be provided.

Click here for more information

Engaging with Reframing & Promoting Health
Tue, Jun 16, 2020 12:00 PM - 1:00 PM EDT
On Tuesday, June 16th from 12:00 to 1:00, the focus of the Idea and Experience Exchange: Wisdom Inquiry series will be promoting health and engaging with reframing aging in your community. This is a followup conversation from our General Interest Webinar, Ageism is Bad for Your Health. Join us to learn more about changing the narrative on aging within your own community.
Host:
Mary Lou Ciolfi, Acting Administrator, HillHouse Assisted Living, Aging Services Consultant, Adjunct Faculty, University of New England

Click here to register

Finding Balance During Covid-19
Tue, Jun 23, 2020 12:00 PM - 1:30 PM EDT
COVID-19 has taken a toll on our collective emotional well-being. On Tuesday, June 23, from 12:00 to 1:30, we will hear from people across our region who can help us understand how we can help our employees, volunteers, people we serve, and ourselves find balance in the face of the grief, stress, uncertainty, and anxiety brought on by the events of COVID-19. During this webinar we will hear how we can remain resilient throughout this disaster and connect to supports that can help. Join us to hear ways folks in our region are addressing this emotionally challenging time in their communities and helpful ideas to navigate this time as a provider, caregiver or volunteer.

Presenters:
- Susan Wehry, MD, Chief of Geriatrics, PI/Director, AgingME: Geriatrics Workforce Enhancement Program (GWEP), Department of Primary Care, University of New England College of Osteopathic Medicine

Stay tuned for more information coming soon!

Click here to register

Local Community Volunteer Efforts

Check out this initiative!

Freeport, Maine
Organizations in the town of Freeport have come together to provide services to neighbors, read below:
During the COVID-19 pandemic, if you find yourself in need, these local organizations will focus on providing the following services:
Maine Council on Aging is working to share any community efforts & available resources across Maine and have started sharing on our website for easy reference. Check out the link below & share within your networks to ensure that service providers of all kinds can more easily find the services older people need during this crisis. This page is updated daily as we hear from more communities - please check back often!

**MCOA Local Community Volunteer Efforts Listing**

Are you a part of a local volunteer effort in your community and do not see it listed at the webpage above? Please let us know about it by completing the brief survey here.

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**In Case You Missed It**

Governor Mills Issues Executive Order Allowing for Easing of Restrictions As Restarting Maine Plan Progresses

[Click here to read the bulletin](#)

Maine DHHS OADS:

[Congregate and Assisted Living/Residential Care Service Providers: 2019 Novel Coronavirus (COVID-19) Guidance (PDF)](#) 05/29/2020

**Funding Opportunities and PPE Resources** are cataloged on our COVID-19 Resources for Providers Page, click the link below to visit the page.

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Looking for more resources and information? Click the button below to access more information and resources from MCOA and past daily email updates.

[CORONAVIRUS INFORMATION & RESOURCES](#)