



MCOA Member News

Southern Maine Agency on Aging presents: Charting the Future

Join us on Friday, September 13th for our 2nd annual educational luncheon to understand the latest in the drive for advancements in dementia research, treatment and care at the Doubletree in South Portland. Last year, 220 guests heard from leading speakers in the field including both our state senators.

This year's topics will include the most current updates in terms of early diagnosis, prevention, and treatment, while also focusing on BOLD (Building Our Largest Dementia Infrastructure for Alzheimer's Act 2/18), a federal legislative act sponsored by Maine's senators: Susan Collins and Angus King, Jr. BOLD aims to create a national public health network to increase early detection and diagnosis as well as preventing avoidable hospitalizations.

For more information and to register: [Click Here](#)



INVITATION TO MORAL INJURY SEMINAR!

**Moral Injury: Pathways
to Recovery**

September 19-20, 2019

The Senator Inn, Augusta, ME

For more information and to



MORAL INJURY Pathways to Recovery

Join us for a two day seminar that is a must for all clergy, mental health workers, medical personnel, veteran service workers and law enforcement.

THE SENATOR INN **SEPT. 19, 2019**
284 WESTERN AVENUE
AUGUSTA, MAINE 10 AM TO 4 PM

For more information or to register today please visit www.voanne.org/WarInside

SEPT. 20, 2019
9 AM TO 4 PM



Dr. Rita Book



Rev. Dr. Rebecca Parker



Rev. Dr. Linda Mercadante



Mr. Jesse Estrin

Registration \$80
CEUs Available



register: www.voanne.org/WarInside

Join us for a two day seminar on Moral Injury and the Pathways to Recovery! This workshop builds on last year's convening and explores moral injury and promising practices in recovery. For more on Volunteers of America's work on moral injury, please visit: <https://www.voa.org/moral-injury-center/the-war-inside>

Support Research on Healthful Aging thru UNE



INNOVATION FOR A HEALTHIER PLANET

The UNE Center for Excellence in Aging & Health is seeking volunteers, aged 55+, to join our Legacy Scholars

Program. Scholars are adults who value giving back to others and lifelong learning. Membership involves completing an annual survey on health and wellness (online or in paper form), a willingness to volunteer for approved studies by faculty and students, and an interest in fellowship and continuing education. Anyone from Maine is welcome. Those living close to one of UNE Campuses participate in quarterly "Coffee & Conversation" events with other Scholars. Our last event on 7/31/19 featured UNE's "Maker Space" where students create and build new technologies. Over 300 have joined in the program's first year, and we plan to expand the reach of our lifelong learning events around Maine over time. Recently, Scholars have volunteered for studies on knee health, oral health, keeping a daily diary, and use of e-readers. To learn more, contact CEAH Director, Dr. Tom Meuser, at tmeuser@une.edu, or register online at http://bit.do/UNE_Legacy_Scholars

Don't forget to register for the Maine Wisdom Summit on September 24th!

Registration is now open

September 24th, 2019

8:30 - 4:00pm

Augusta Civic Center, Augusta, ME

[Click here to register](#)

[Click here for more information about the Summit](#)



Would you be interested in volunteering at the Summit?

We are looking for a few volunteers to help with some simple tasks during the day. If you are interested, [please email us](#).

Annual Pre-Event Dinner and MCOA Membership Meeting

MCOA will be hosting our Annual Pre-Event Dinner and Membership Meeting on
Monday, September 23rd
5:00 to 7:30pm
Maple Hill Farm, Hallowell

[Please register to attend by clicking here](#)

We hope to see you there!



SAVE THE DATE!

The Age of Possibilities - Exploring Research, Technology and Learning in the Longevity Era hosted by Tri-State Learning Collaborative on Aging

October 21, 2019

8:00 - 3:30PM

Grappone Center, Concord, NH

Registration and Details coming soon!

[Click here for more information](#)

Do you have an upcoming event you'd like to share with fellow MCOA members? [Click here](#) to let us know about it!

Maine Council on Aging | PO Box 988, Brunswick, ME 04011 | 207-592-9972

