

| Topic | Eastport | | Washington County | | Maine | | Notes |
|---|----------|-------|-------------------|--------|-----------|-------|---|
| | # | % | # | % | # | % | |
| Population Ages | | | | | | | |
| Total Population | 1,351 | 100% | 31,694 | 100.0% | 1,332,813 | 100% | |
| Median Age | 54.1 | | 48 | | 44.6 | | Eastport's median age is nearly 10 years older than the state of Maine. |
| Under 18 | 209 | 15.5% | 6,026 | 19.0% | 254,661 | 19.1% | |
| 18-64 | 714 | 52.8% | 18,300 | 57.7% | 818,976 | 61.4% | |
| 20-49 | 342 | 25.3% | 9,943 | 31.4% | 475,142 | 35.6% | |
| 50-64 | 352 | 26.1% | 7,655 | 24.2% | 310,932 | 23.3% | |
| 65+ | 428 | 31.7% | 7,368 | 23.2% | 259,176 | 19.4% | Eastport has a higher percentage of 65+ residents than surrounding areas. |
| 50-59 year old | 213 | 15.8% | 4,859 | 15.3% | 209,779 | 15.7% | |
| 60-69 year old | 300 | 22.2% | 5,315 | 16.8% | 190,322 | 14.3% | |
| 70-79 year old | 164 | 12.1% | 3,234 | 10.2% | 106,389 | 8.0% | |
| 80+ | 103 | 7.6% | 1,615 | 5.1% | 63,618 | 4.8% | |
| Ratio of working age to older adults | 1.67 | | 2.48 | | 3.16 | | For every older adult, there are X.XX working age adults (18-64/65+) |
| Veterans 65+ | 103 | 24.1% | 1,850 | 25.1% | 56,946 | 22.0% | |
| Income | | | | | | | |
| Median Household Income | \$35,147 | | \$41,384 | | \$55,425 | | This is all households, not just 65+ |
| 65+ <50% median | 107 | 39.5% | 1,661 | 35.9% | 61,872 | 38.2% | |
| 65+ <25% median | 35 | 12.9% | 842 | 18.2% | 23,831 | 14.7% | |
| Mean Household Income | \$58,033 | | \$55,594 | | \$73,210 | | |
| Mean Social Security Income | \$16,134 | | \$16,928 | | \$18,188 | | |
| Mean Retirement Income | \$42,156 | | \$22,458 | | \$23,668 | | Note how Eastport's retirement income is twice as high. Retirement income does not include Social Security. |
| 65+ below 100% FPL | 66 | 16.6% | 873 | 12.4% | 22,077 | 8.8% | And the percentage of 65+ living in poverty is also higher. |
| 65+ with Medicaid | 95 | 23.9% | 1,468 | 20.8% | 42,109 | 16.7% | |
| Elder Economic Security Index per year | | | | | | | This is the bare-bones income for an older person. |
| Single, with mortgage, good health | | | \$28,140 | | \$30,276 | | |
| Single, no mortgage, good health | | | \$22,008 | | \$21,588 | | |
| Single, renter, good health | | | \$24,804 | | \$24,912 | | |
| Income required to qualify for SNAP (1 person HH, before taxes) | \$23,606 | | \$23,606 | | \$23,606 | | This is the income limit to qualify for SNAP. |
| Income required to qualify for Medicaid (1 person HH, before taxes) | \$16,971 | | \$16,971 | | \$16,971 | | This is the income limit to qualify for Medicaid. |
| Housing | | | | | | | |
| 65+ living alone | 165 | 38.6% | 2,074 | 28.1% | 72,157 | 27.8% | Eastport has a higher share of older people who live alone. |

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| 65+ living with spouse | 86 | 20.1% | 1,869 | 25.4% | 68,597 | 26.5% | |
| 65+ living with other relatives | 4 | 0.9% | 110 | 1.5% | 3,090 | 1.2% | |
| 65+ living with Parents/Parents-in-Law | 26 | 6.1% | 169 | 2.3% | 9,309 | 3.6% | And a higher share of older people who live with their parents/parents-in-law, who are older still. |
| 65+ living with non-relatives | 5 | 1.2% | 193 | 2.6% | 7,249 | 2.8% | |
| 65+ living in group quarters | 36 | 8.4% | 398 | 5.4% | 9,040 | 3.5% | |
| 65+ own home | 226 | 52.8% | 3,845 | 52.2% | 128,258 | 49.5% | |
| 65+ own home with mortgage | 66 | 29.2% | 1,033 | 26.9% | 45,327 | 35.3% | |
| 65+ own home with no mortgage | 160 | 70.8% | 2,812 | 73.1% | 82,931 | 64.7% | |
| 65+ renting | 45 | 10.5% | 784 | 10.6% | 33,633 | 13.0% | |
| 65+ renters spending 30% or more of household income for rent | 22 | 48.9% | 325 | 41.5% | 15,630 | 46.5% | |
| Median home value | \$110,900 | | \$110,500 | | \$184,500 | | |
| 60+ Median monthly owner costs with mortgage | | | \$997 | | \$1,277 | | |
| 60+ Median monthly owner costs with no mortgage | | | \$415 | | \$503 | | |
| 60+ Owner Occupied Housing, spending 30% or more on housing | | | | 25.4% | | 26.0% | |
| 60+ Renter Occupied Housing, spending 30% or more on housing | | | | 42.9% | | 46.0% | |
| 65+ hhld, Age of home, 30+ years (owner or renter occ) | 217 | 80.1% | 3,503 | 75.7% | 121,755 | 75.2% | A larger share of Eastport's housing stock is more than 30 years old compared with surrounding areas. |
| 65+ hhld, Age of home, 50+ years (owner or renter occ) | 160 | 59.0% | 2,070 | 44.7% | 73,546 | 45.4% | Nearly 60% of homes in Eastport with a householder who is 65+ are more than 50 years old. These homes may need more maintenance than newer ones. |
| CAPS Participant (Waiting list) | | | | | | | |
| Habitat for Humanity Critical Repair Program | | | | | | | |
| Heating Assistance - Town | | | | | | | |
| Heating Assistance - LiHEAP | | | | | | | |
| Heating Assistance - CHIP | | | | | | | |
| Smoke/CO detectors needed | | | | | | | |
| Food | | | | | | | |
| Households receiving SNAP with at least one person 60+ | 65 | 44.5% | 1,261 | 39.8% | 29,909 | 37.6% | Eastport has a higher share of households with an older person, receiving SNAP. |

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| Number of people age 60+ eligible for SNAP | | | | | 42,000 | 11.7% | FRAC & AARP Foundation. |
| Number of people age 60+ who receive SNAP | | | | | 22,680 | 6.3% | FRAC & AARP Foundation. This is the "senior SNAP gap." Only about half of eligible 60+ people actually receive SNAP. |
| Older Americans Act food programs number of people served (congregate + home-delivered) | | | | | 13,940 | 3.87% | Meals on Wheels America Sept. 2020 Maine report, universe is 60+ |
| Commodity Supplemental Food Program (CSFP) | | | | | 8,205 | 2.28% | State: USDA Food Distribution Program Table, universe is 60+ |
| 60+ reporting food insecurity | | | | | 28,106 | 7.80% | Sub-state level data not available due to research methodology limitations. Percentage from Feeding America: The State of Senior Hunger in America 2018 (2020 Release), number extrapolated |
| Health | | | | | | | |
| 65+ Living with at least one disability (hearing, vision, cognitive, ambulatory, self-care, or independent living) | 139 | 35.0% | 2,799 | 39.7% | 84,223 | 33.5% | |
| 65+ Cognitive Difficulty | 32 | 8.1% | 745 | 10.6% | 19,171 | 7.6% | |
| 65+ Ambulatory Difficulty | 99 | 24.9% | 1,677 | 23.8% | 48,017 | 19.1% | Of people 65+ with a disability in Eastport, nearly one quarter of them have trouble getting around. |
| 65+ Self-Care Difficulty | 29 | 7.3% | 631 | 8.9% | 15,492 | 6.2% | This covers tasks like showering or going to the bathroom. |
| 65+ Independent Living Difficulty | 37 | 9.3% | 867 | 12.3% | 29,084 | 11.6% | This covers things like grocery shopping, cooking, and housekeeping. |
| 65+ Living with two or more disabilities | 67 | 16.9% | 1,440 | 20.4% | 41,479 | 16.5% | |
| EMS Calls | | | | | 193,602 | | |
| Falls | 163 | | | | 29,420 | 15.2% | |
| Transport | 86 | 52.8% | | | 17,608 | 59.9% | |
| No Transport | 15 | 9.2% | | | 1,861 | 6.3% | |
| Refuse Transport | 34 | 20.9% | | | 5,171 | 17.6% | |
| Home inspections | | | | | | | |
| Experiencing loneliness | | | | | | | |
| Transportation | | | | | | | |
| Medical transport | | | | | | | |
| Social and errands transport | | | | | | | |
| Total crashes, driver 65+ | | | | | | | Maine DOT Public Crash Query tool |
| Bus ridership | | | | | | | |
| Caregiver | | | | | | | |

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| Caregivers of older adults w/ dementia/ Alz. | | | | | | | |
| Grandparent 60+ responsible for grandchild <18 | 8 | 1.4% | 99 | 1.0% | 2,930 | 0.8% | Eastport seems to have a higher share of multi-generational households than surrounding areas. |
| Caregivers needing support | | | | | | | |
| Respite Care | | | | | | | |
| Savvy Caregiver attendees | | | | | | | |