An Introduction to Community and Parish Nurses in the **Upper Valley:**

Community and Parish Nurses are employed by Upper Valley towns or churches to enhance the efforts of the community to care for our neighbors. Nurses work alongside families, volunteers and members of the health care and social service teams to support clients throughout the life span, especially those who wish to remain a vibrant part of their community as they age. This innovative nursing program adds a critical element to the continuum of care in our region.

The nurse is part of a team:

Making referrals to and taking referrals from: primary care providers, hospitals, home care agencies, neighbors, clergy, family and friends.

Clients receive care and consultation via:

- home visits
- phone calls/emails
- community education
- •facilitation of Telehealth visits with providers
- joint visits to health care providers
- hospital, nursing home and assisted living facility visits

Community and Parish Nurses do not replace home care agency services (VNAs). The nurses work as part of a team to follow the client before, during and after discharge from skilled "home care" services.

There is no charge for services.

What does a Community or Parish Nurse do?

The nurse creates a plan to address client and caregiver needs that includes family support, health education and counseling. The care plan might also include:

- care management and care coordination with health care, social service and community providers
- fall risk assessment and intervention
- medication reconciliation
- preparation of advanced directives
- symptom management
- family support

The nurse addresses the needs of the community through education, clinics, support group facilitation and volunteer training.

Who is a Community or Parish Nurse?

An experienced, licensed professional with a depth of nursing knowledge, clinical skills and expertise, hired by a community or parish to address the health care needs of families and community members.

In appreciation:

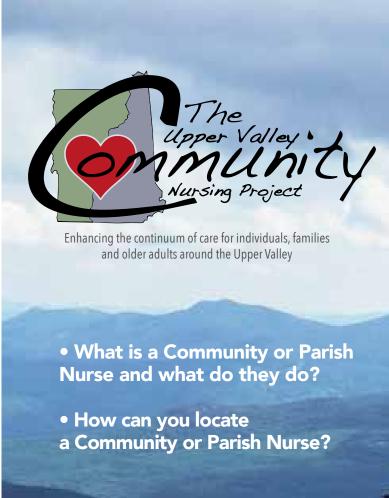
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FOUNDATION





Mascoma Peter and Jane McLaughlin **FAMILY FUND**



For more information; **Upper Valley Community Nursing Project:**

www.uvcnp.org email: info@uvcnp.org

HOW DO YOU LOCATE

A COMMUNITY OR PARISH NURSE?

Thetford

Community Nurse of Thetford communitynursethetford@gmail.com Phone: 802-738-9066

Sharon

Sharon Health Initiative Sharonhealthinitiative@gmail.com Phone 802-230-8458

Norwich

Norwich Community Nurse www.norwichcommunitynurse.org Email: norwichnursevt@gmail.com Phone: 802-281-2722

Hartland

Aging in Hartland welcome@aginginhartland.org Phone: 802-674-4118

Southern V

Weston • Londonderry • S. Londonderry Peru • Landgrove & Andover

My Community Nurse Project, Inc. Email: mcnp.weston@gmail.com Phone: 802-772-5607 and 802-824-9596

Lyme

Congregational Church and Lyme community lymeparishnurse@gmail.com Phone: 603-795-2850

Hanover

The Church of Christ at Dartmouth info@ccdcucc.org Phone: 603-643-3150, ext.112 Town of Hanover Community Nurse doris.yates@hanovernh.org Phone: 603-727-2832

Lebanon

Lebanon Interdisciplinary Geriatric Homecare Team (Light) Light@gcscc.org Call Service Link Phone: 603-448-1558

Granthan

Program under redesign info@uvcnp.org

Contributing to the health and continuity of care for community members and congregations. Enhancing the ability of all community members to grow up and grow older with their friends and family.



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