Data Across Sectors for Health (DASH): Gray, Maine

Gray's Demographics

- Gray's median age is 42.9 years old, which is slightly younger than the median age for the state of Maine.

- Gray's under 18 population is about 19.7%, compared with 19% for Maine.

- People 60 or older make up 27.6% of the population in Gray, compared with 27% of the population in Maine.

- People 65 or older make up 19.2% of the population in Gray, compared with 19.4% for Maine.

Gray's Demographics

- **16.8% of the population in Gray are 60 to 69 years old**, compared with 14.3% for the State of Maine.

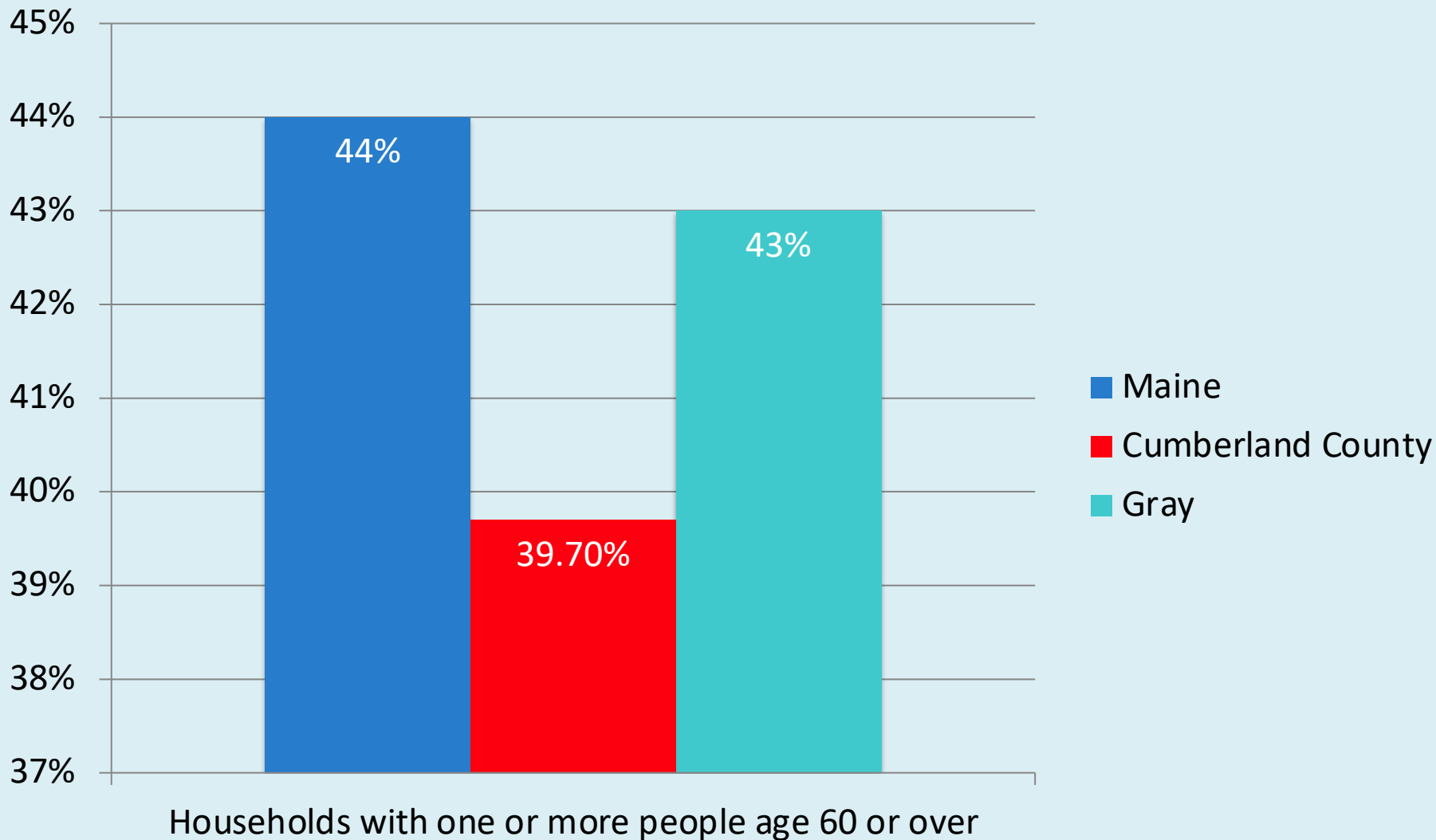- **9.4% of the population in Gray are 70 to 79 years old**, compared with 8% for Maine.

Only 1.3% of the population in Gray is over the age of 80, compared with 4.8% for Maine.

Income and Economic Security

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Legend:
- Maine
- Cumberland County
- Gray

Median Household Income
- Maine: $55,425
- Cumberland County: $69,708
- Gray: $72,563

Mean Retirement Income
- Maine: $23,668
- Cumberland County: $25,446
- Gray: $18,703
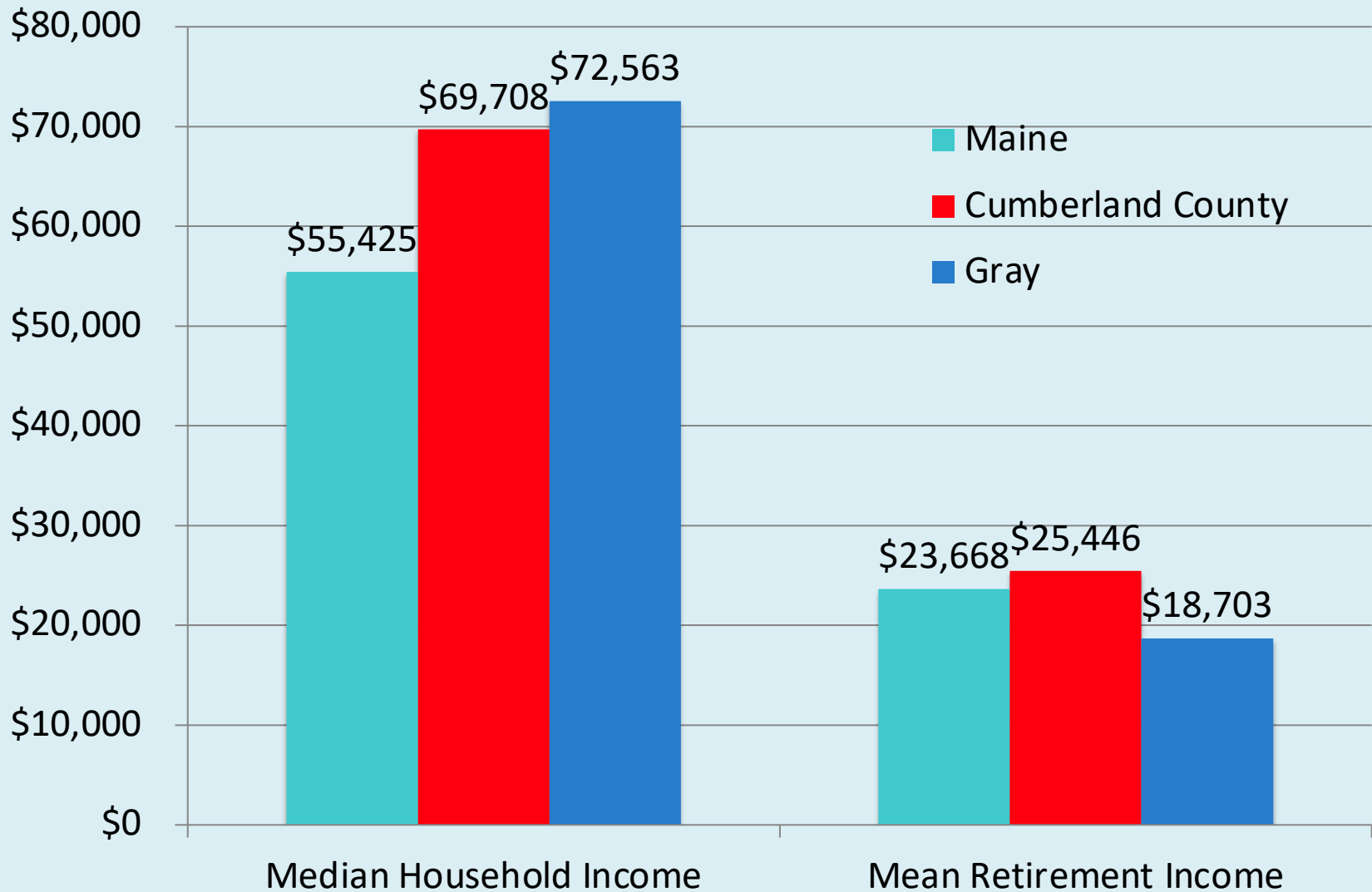
Poverty status for older people in Gray
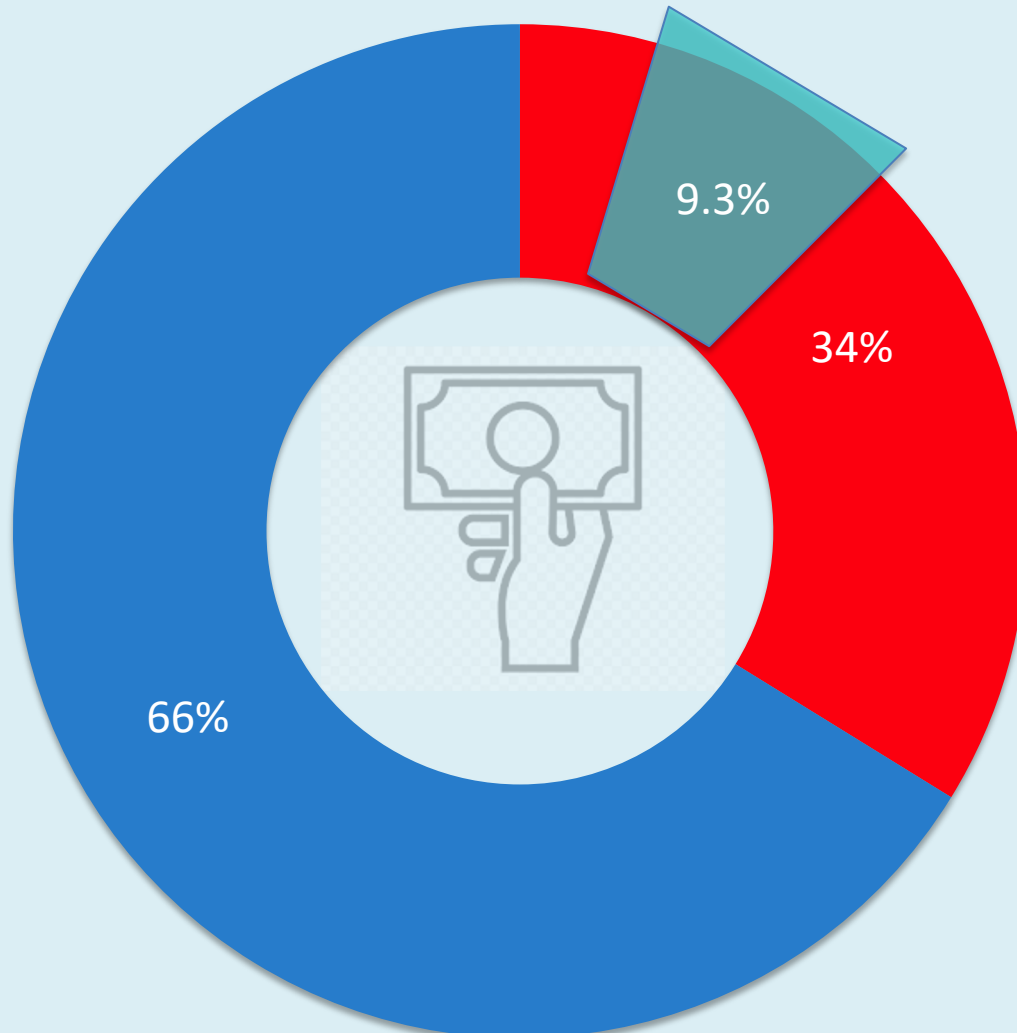
65+ householder living on less than $18,140/year

65+ householder living on less than $36,281/year

65+ householder living on more than $36,281/year

9.3%

34%

66%

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Poverty status for older people in Gray

65+ below Federal Poverty Line ($12,140 for 2018)

9.7%

- In poverty
- Non-poverty

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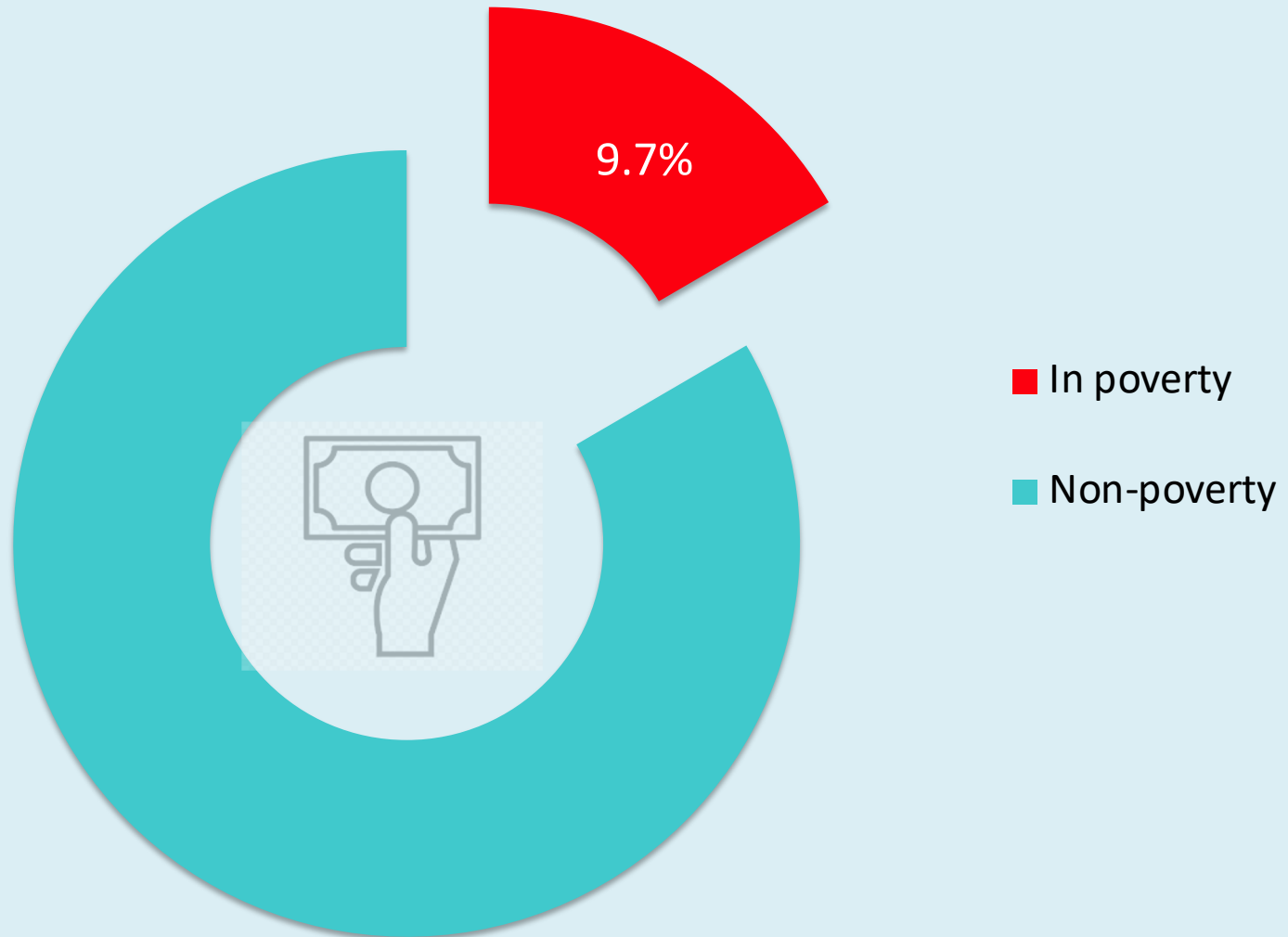
Poverty, gender, & living alone

Topic	Gray		Cumberland County		Maine	
	#	%	#	%	#	%
65+ below 100% FPL	150	9.7%	3,864	7.9%	22,077	8.8%
Men	36	24.0%	1,347	34.9%	7,725	35.0%
Women	114	76.0%	2,517	65.1%	14,352	65.0%

Topic	Gray		Cumberland County		Maine	
	#	%	#	%	#	%
65+ living alone	383	24.7%	14,941	29.7%	82,587	31.9%
Men	128	8.3%	4,119	8.2%	22,622	8.7%
Women	185	11.9%	10,280	20.4%	49,535	19.1%

In Gray:

Median Income of 65+ men living alone = $56,522

Median Income of 65+ women living alone = $35,707

65+ Home Ownership in Gray

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57%

55.30% — With no mortgage

44.70% — With mortgage

4.40%

65+ own home

65+ renting
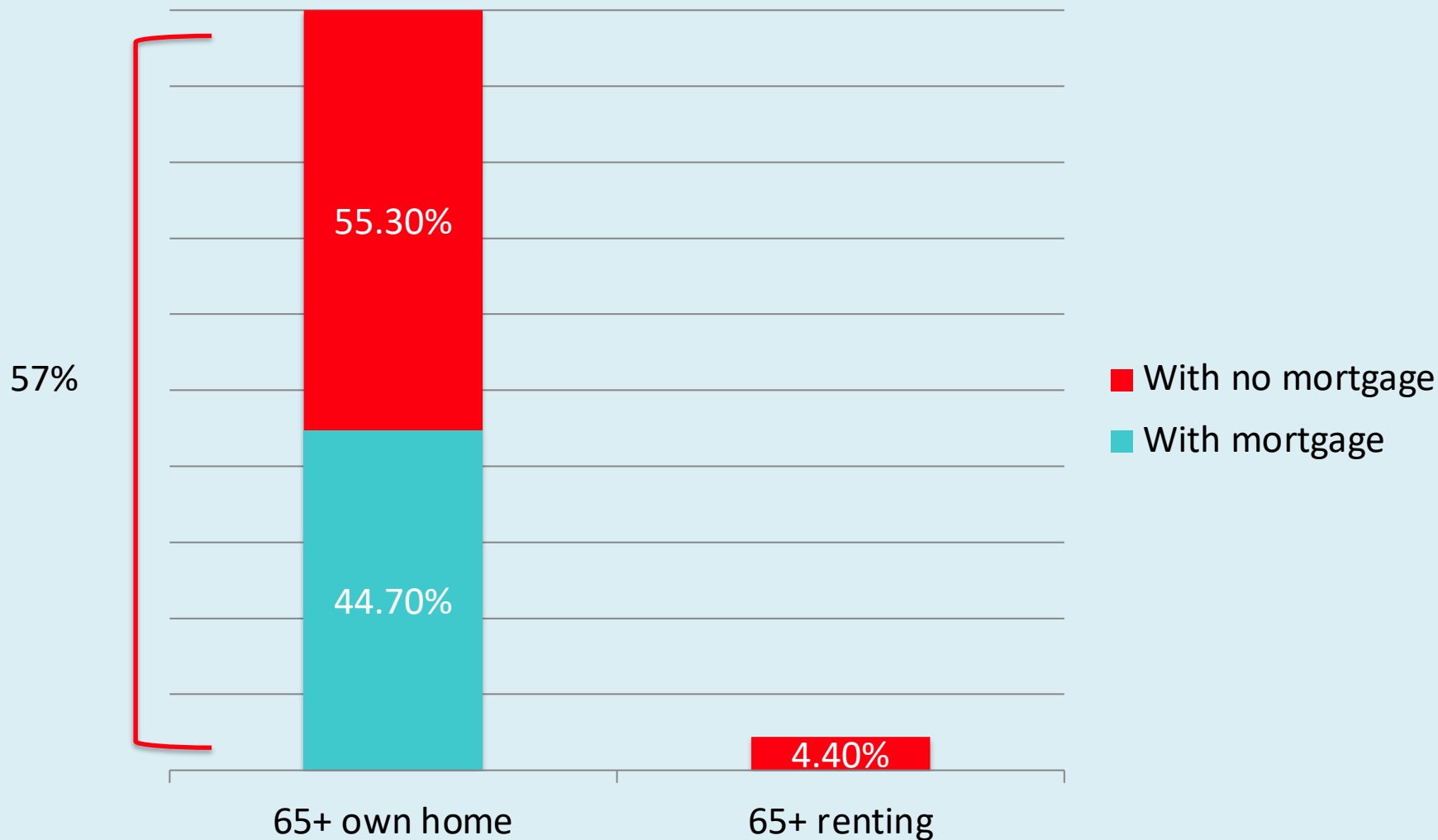
Age of Housing

65+ age of home, owner or renter occupied

- < 30 years old — 36%
- 30-49 years old — 22%
- 50+ years old — 42%
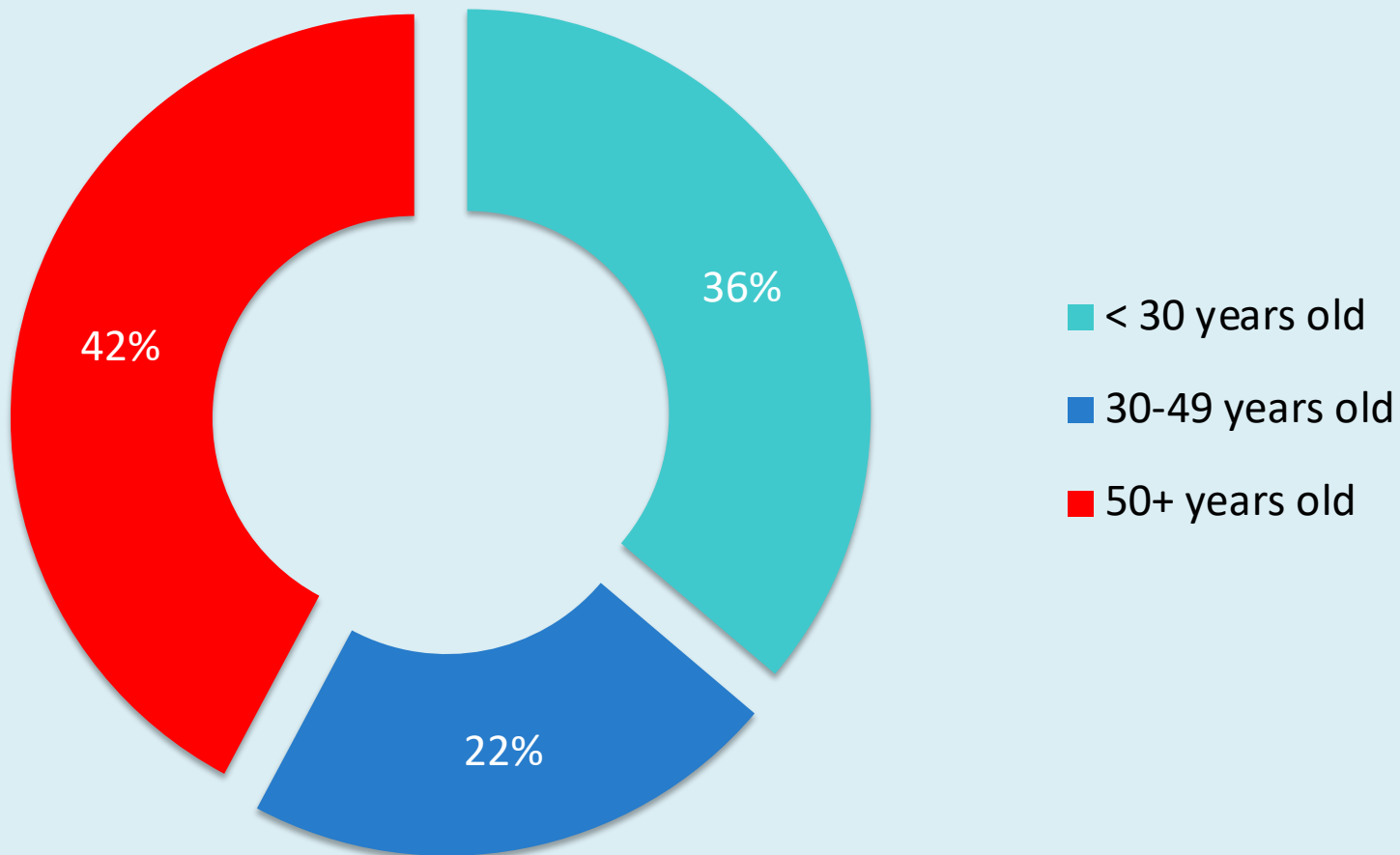
Disability Status for 65+ in Gray

Topic	Gray		Cumberland County		Maine	
	#	%	#	%	#	%
65+ Living with at least one disability (hearing, vision, cognitive, ambulatory, self-care, or independent living)	463	29.9%	14,130	29.0%	84,223	33.5%
65+ Cognitive Difficulty	135	8.7%	3,314	6.8%	19,171	7.6%
65+ Ambulatory Difficulty	165	10.6%	7,802	16.0%	48,017	19.1%
65+ Self-Care Difficulty	109	7.0%	2,879	5.9%	15,492	6.2%
65+ Independent Living Difficulty	113	7.3%	4,974	10.2%	29,084	11.6%
65+ Living with two or more disabilities	330	21.3%	6,947	14.2%	41,479	16.5%
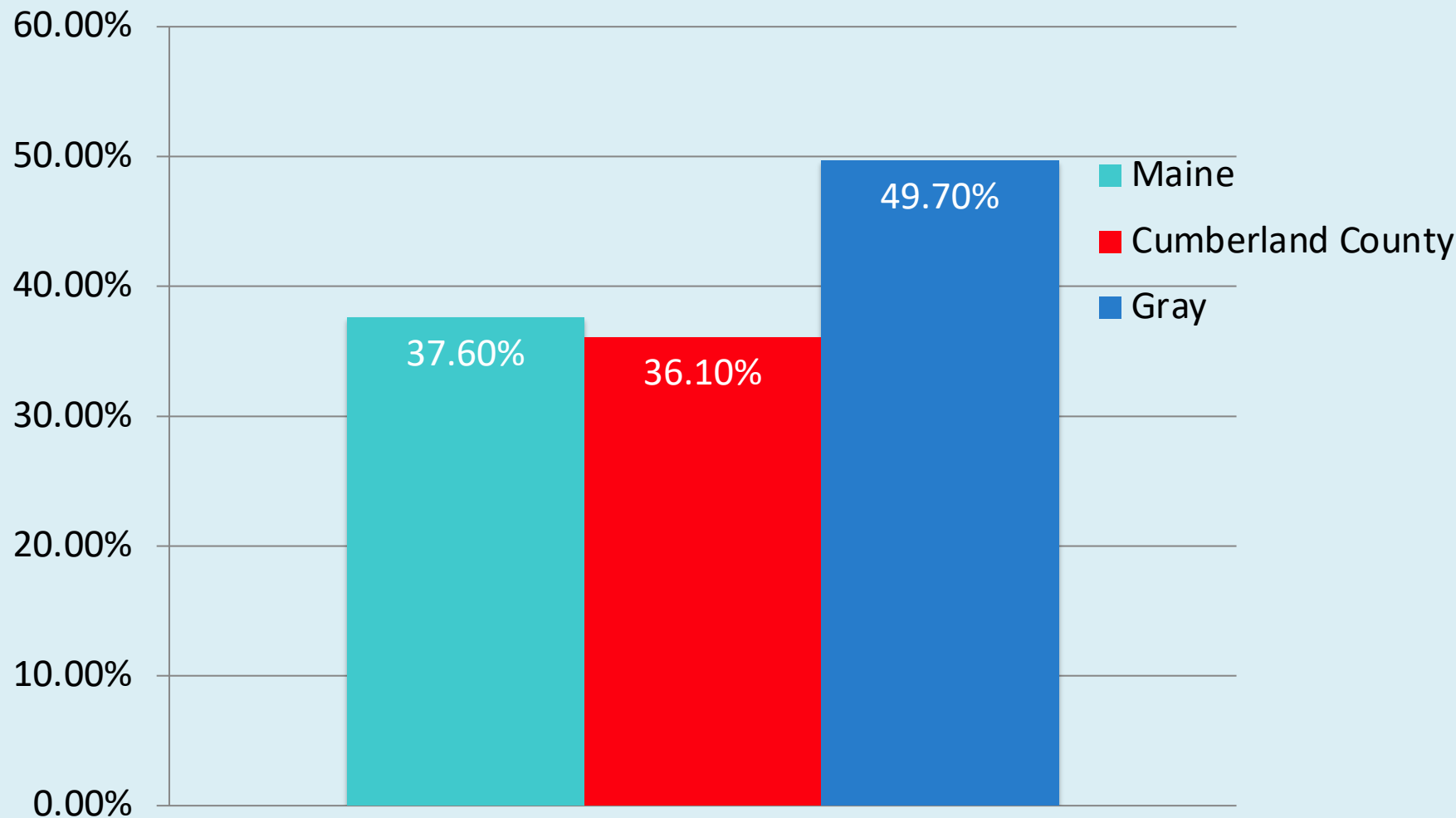
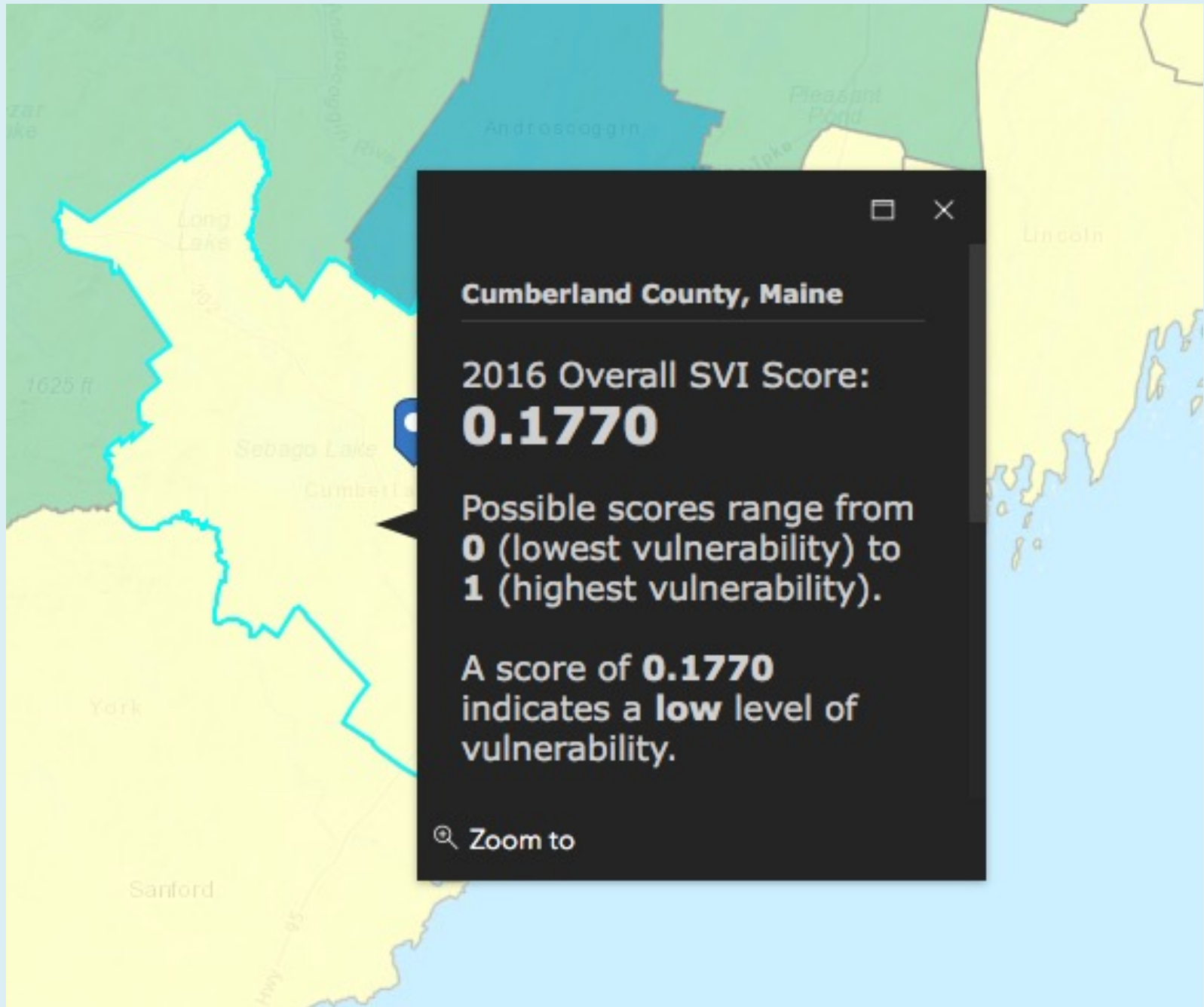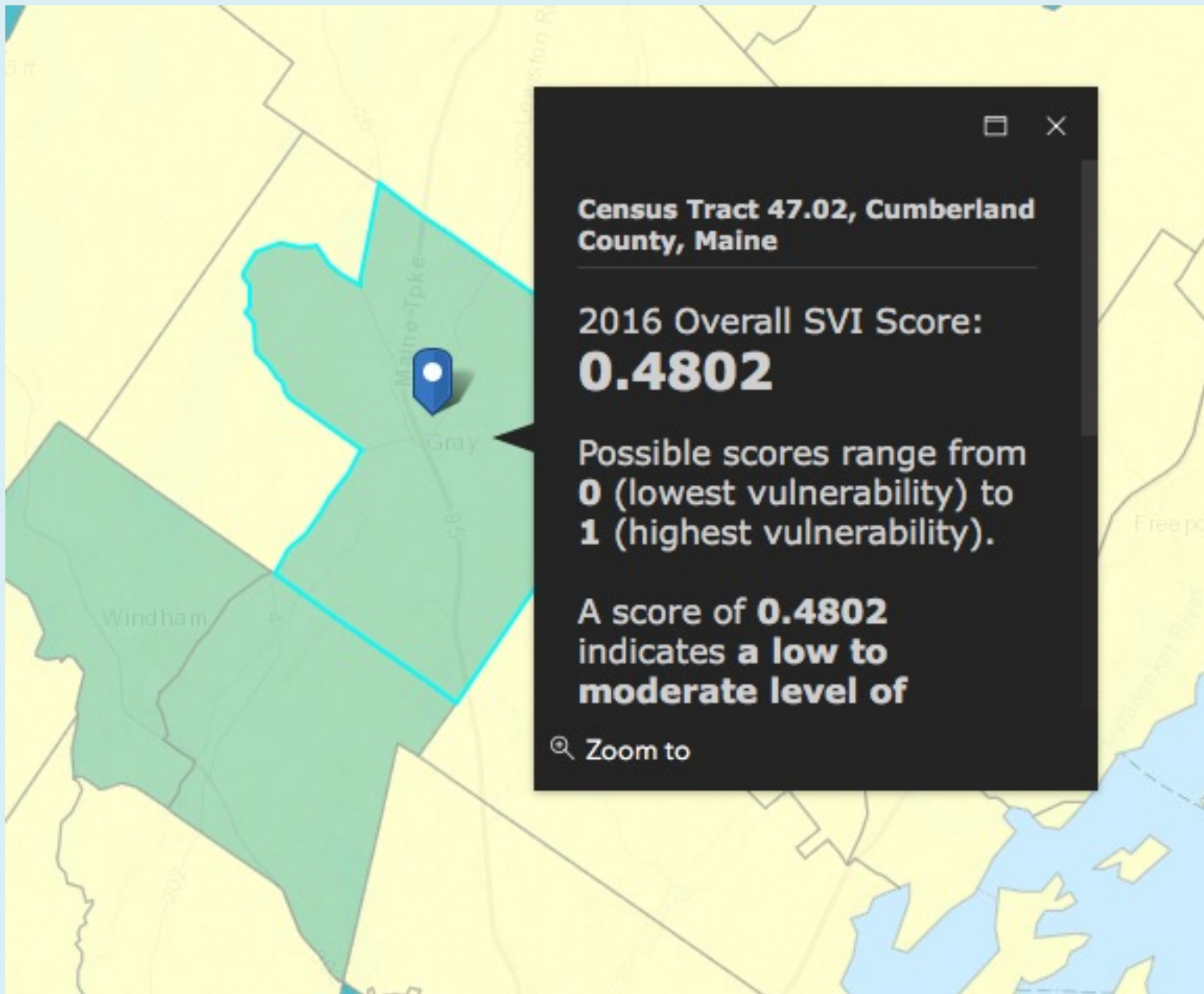| Food							
60+ reporting food insecurity					28,106	7.80%	Sub-state level data not available due to research methodology limitations. Percentage from Feeding America: The State of Senior Hunger in America 2018 (2020 Release), number extrapolated
Number of people age 60+ eligible for SNAP					42,000	11.7%	FRAC & AARP Foundation, universe is 60+
Number of people age 60+ who receive SNAP					22,680	6.3%	FRAC & AARP Foundation, universe is 60+
SNAP households with at least one person 60+	89	49.7%	3,821	36.1%	29,909	37.6%	S2201 ACS 2018 5-year estimates
Households receiving SNAP with at least one person 60+	89	2.7%					Universe is all households
Older Americans Act food programs number of people served (congregate + home-delivered)	35	1.57%	1,913	2.72%	13,940	3.87%	Meals on Wheels America Sept. 2020 Maine report, universe is 60+
Seniors served at food pantry in 2020	312						Gray Food Pantry
Meals on Wheels people/meals	30/3000						SMAAA
Commodity Supplemental Food Program (CSFP) total participation	979 pickups				8,205	2.28%	State: USDA Food Distribution Program Table, universe is 60+

Social Vulnerability Index

What is Social Vulnerability?

Every community must prepare for and respond to hazardous events, whether a natural disaster like a tornado or disease outbreak, or a human-made event such as a harmful chemical spill. A number of factors, including poverty, lack of access to transportation, and crowded housing may weaken a community's ability to prevent human suffering and financial loss in a disaster. These factors are known as **social vulnerability**.

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Cumberland County, Maine

2016 Overall SVI Score:
0.1770

Possible scores range from **0** (lowest vulnerability) to **1** (highest vulnerability).

A score of **0.1770** indicates a **low** level of vulnerability.

🔍 Zoom to

Walk Score

Walk Score	Transit Score	Bike Score

Score Details   **What is Walk Score**

Walk Score measures the walkability of any address based on the distance to nearby places and pedestrian friendliness.

90–100 **Walker's Paradise**
Daily errands do not require a car

70–89 **Very Walkable**
Most errands can be accomplished on foot

50–69 **Somewhat Walkable**
Some errands can be accomplished on foot

25–49 **Car-Dependent**
Most errands require a car

0–24 **Car-Dependent**
Almost all errands require a car

Walk Score

2020 Life-Long Living Survey Findings

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"To what extent are the following problems for you in your home?"

- 120 Respondents = Home Maintenance
- 99 Respondents = Financial Demands
- 55 Respondents = Physical Mobility
- 28 Respondents = Socialization
- 27 Respondents = Daily Living
- 17 Respondents = Transportation

2020 Life-Long Living Survey Findings

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"What kinds of services would be useful to you?"

- 73 Respondents = Home Maintenance
- 55 Respondents = Home Repair
- 26 Respondents = Home Care
- 23 Respondents = Wellness Class or Program
- 20 Respondents = Home Health Care
- 8 Respondents = Access to Free Food
- 6 Respondents = Daily Phone Check-in
- 6 Respondents = Rides

2020 Life-Long Living Survey Findings

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"In addition to what we've asked above, are there things that you feel would help older Gray residents to age in place, or is there anything we didn't address here, or anything else you would want to share?"

- 33% of the respondents requested Tax Relief.
- 24% of the responses related to Bike/Ped or Traffic concerns.
- 7% of the responses related to affordable/senior housing.
- 4% of the responses related to trash pick up.
- 2% of the responses related to community policing.

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