

Data Across Sectors for Health (DASH): Hallowell, Maine

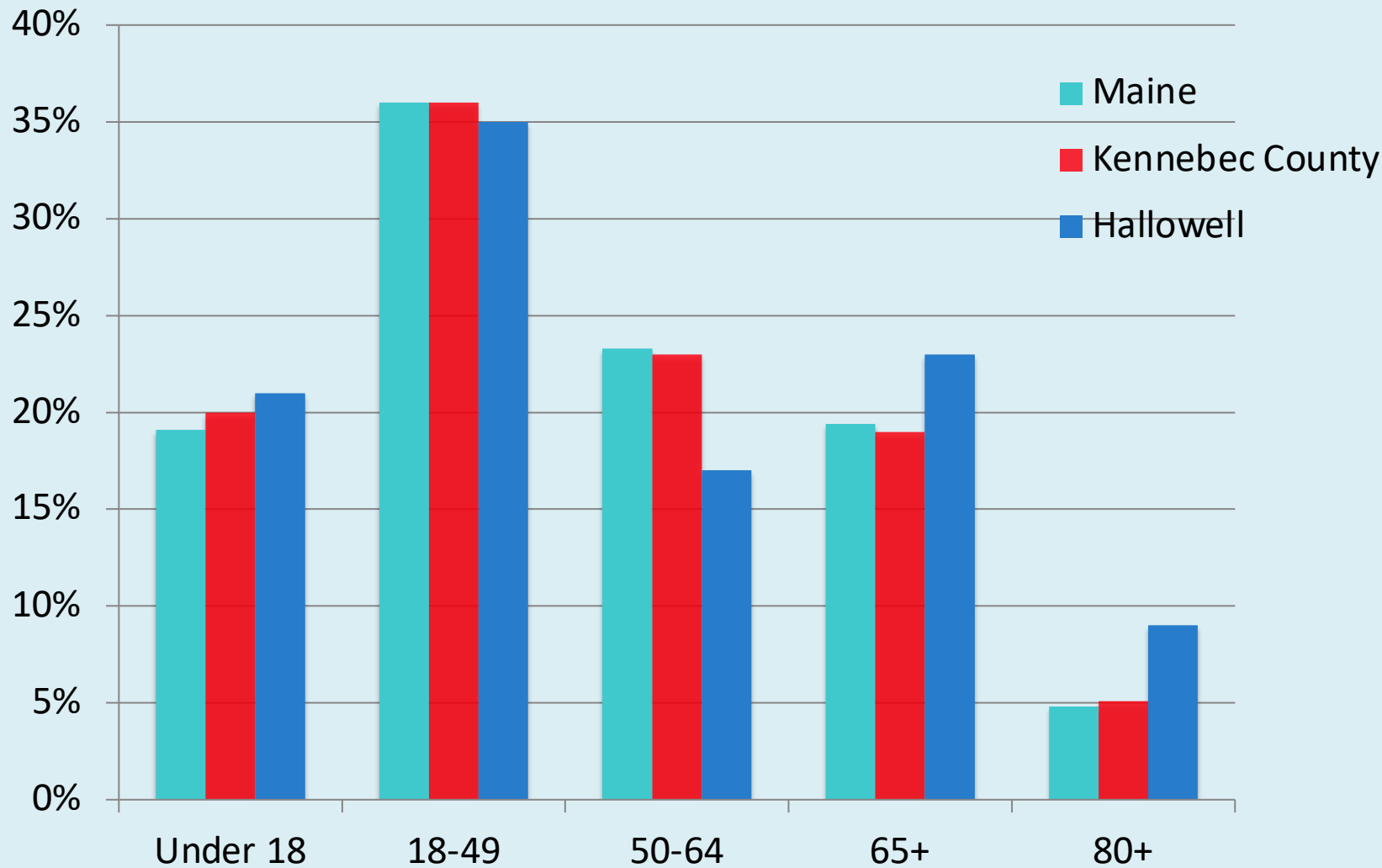


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Age Distribution



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Median Age

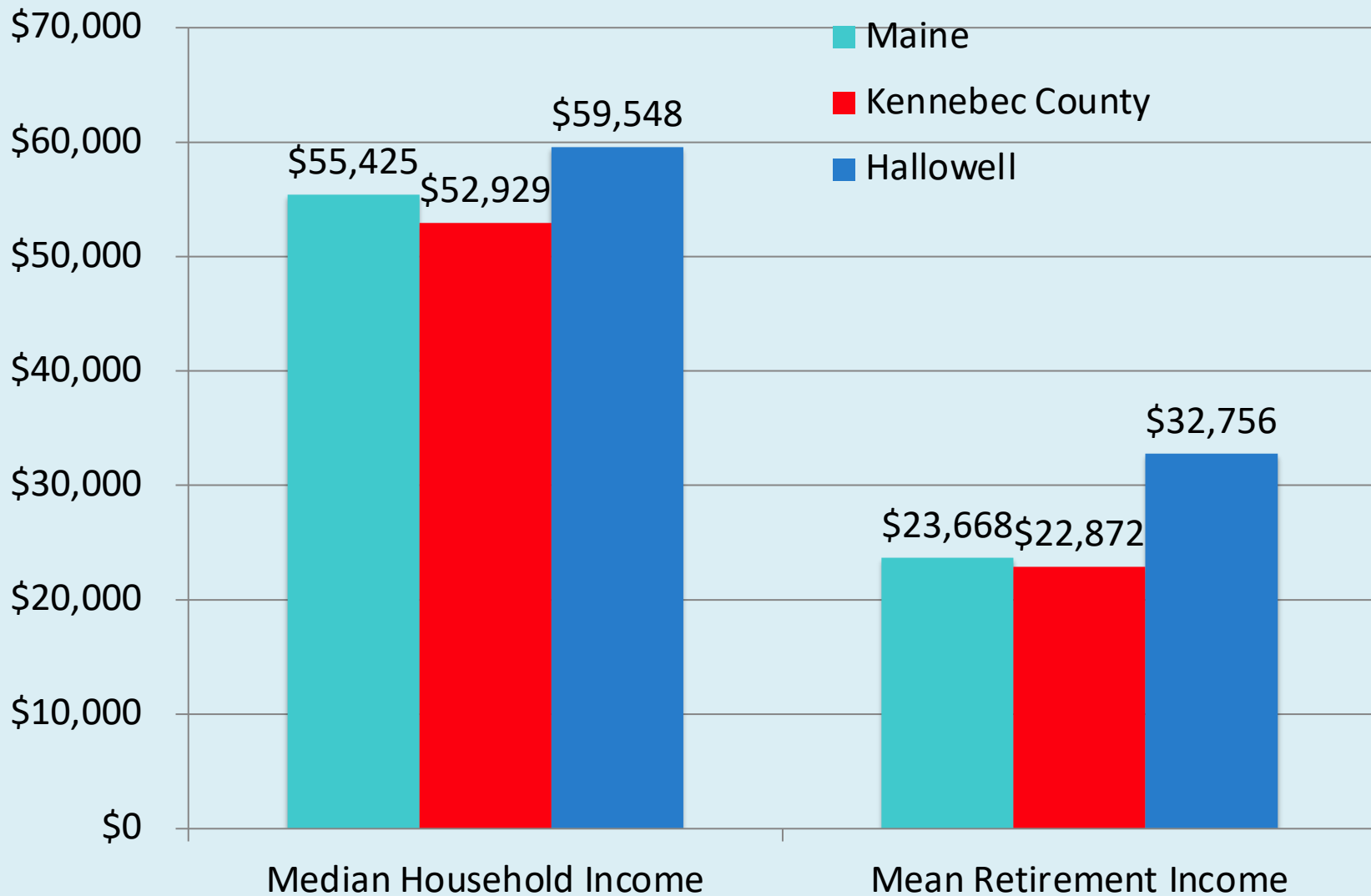
Maine	44.1
Kennebec County	44.3
Hallowell	39.5

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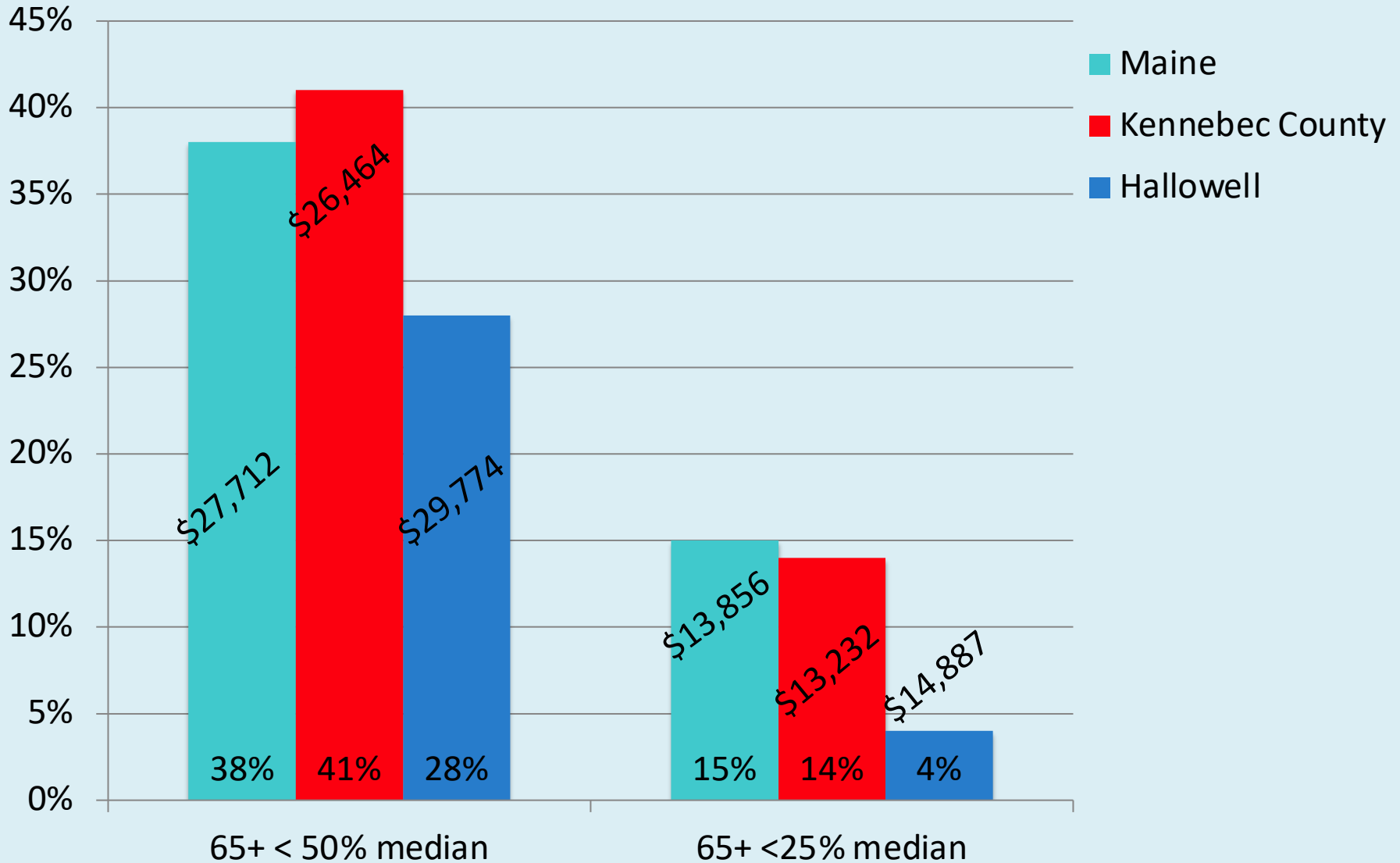
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Income and Economic Security



Income and Economic Security

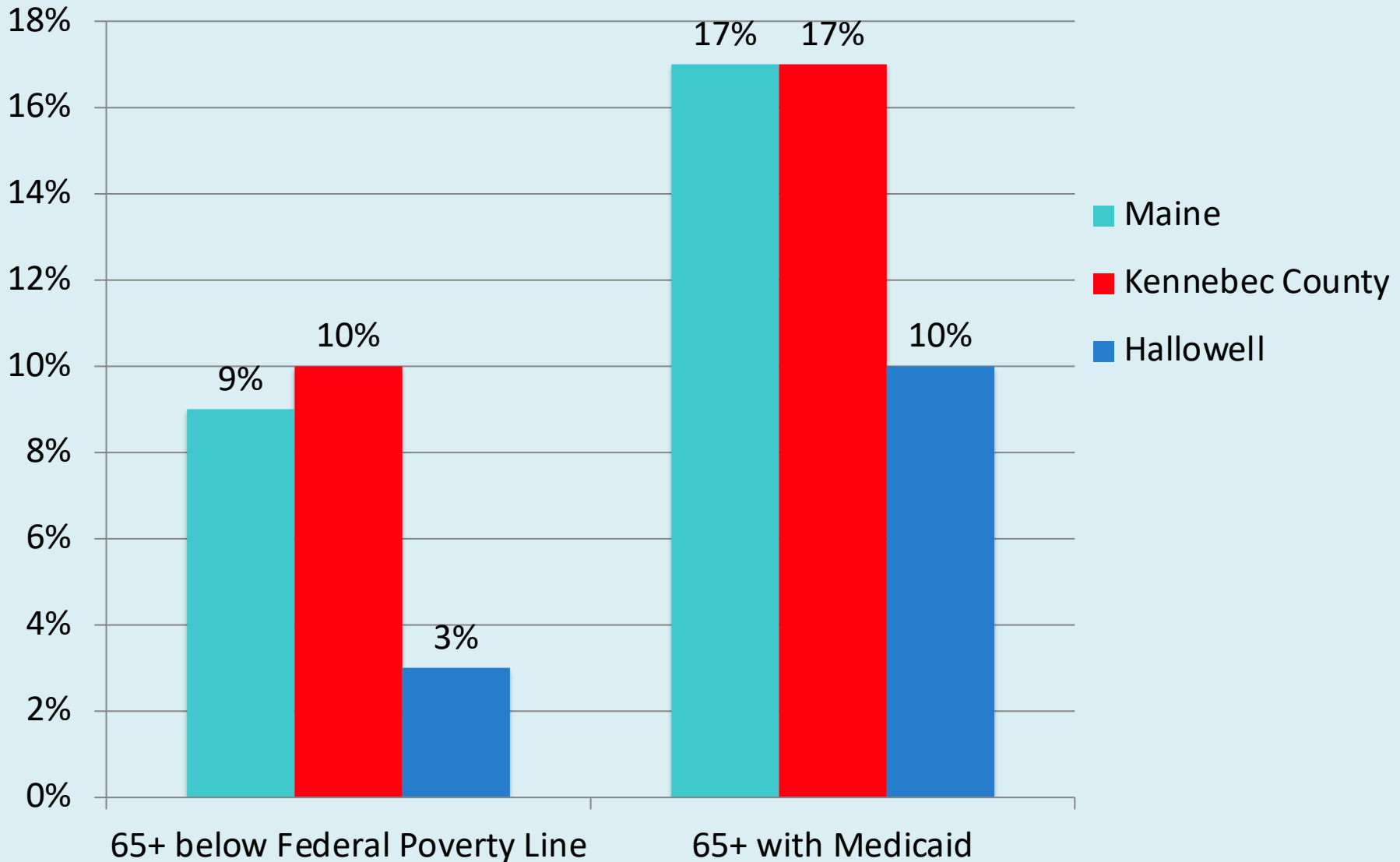


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Income and Economic Security



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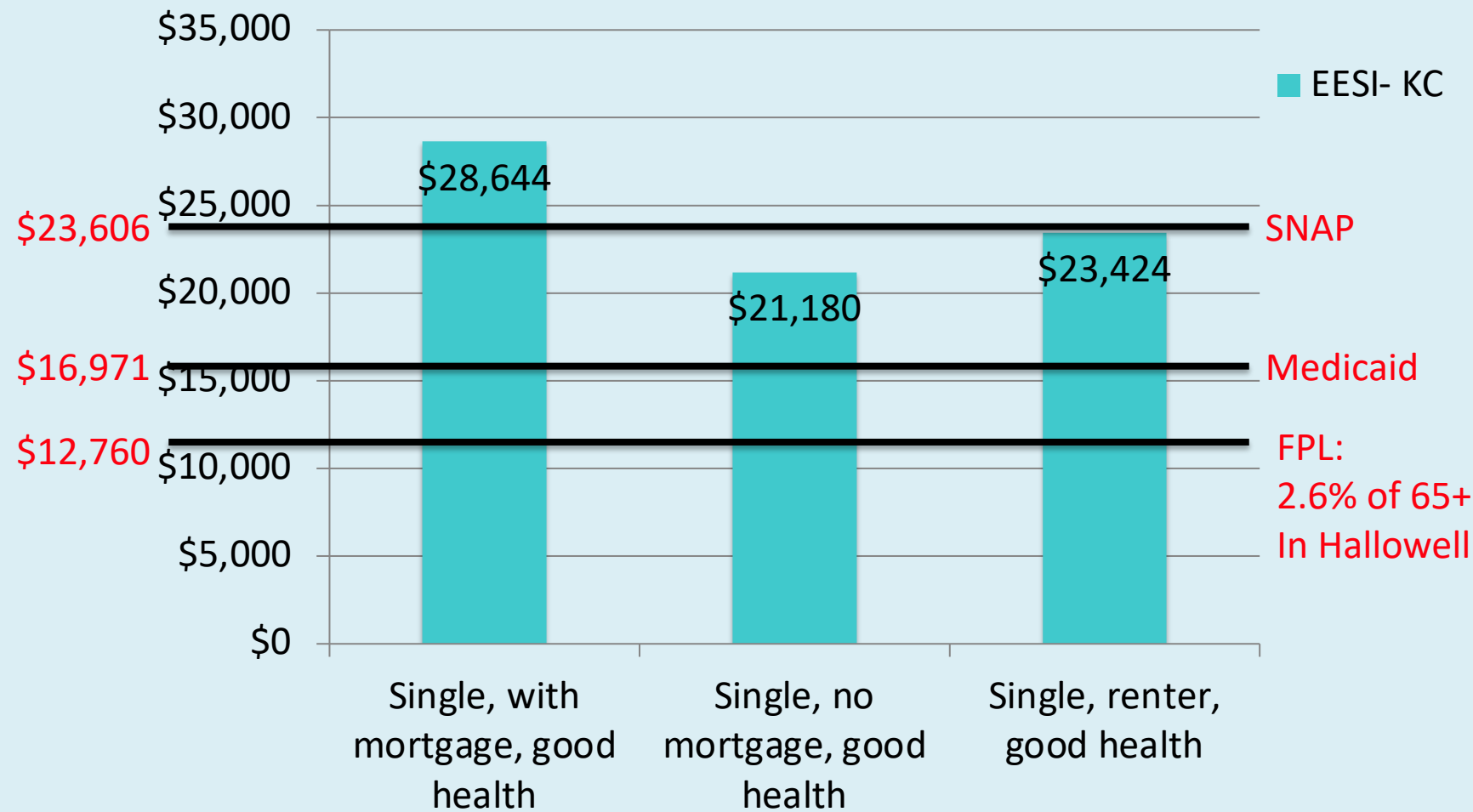
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Elder Economic Security Index

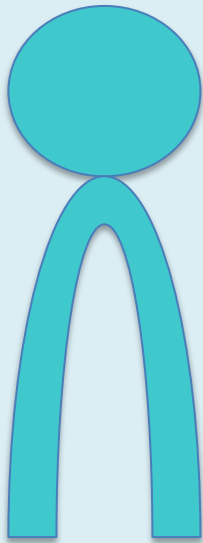
www.elderindex.org

Elder Economic Security Index

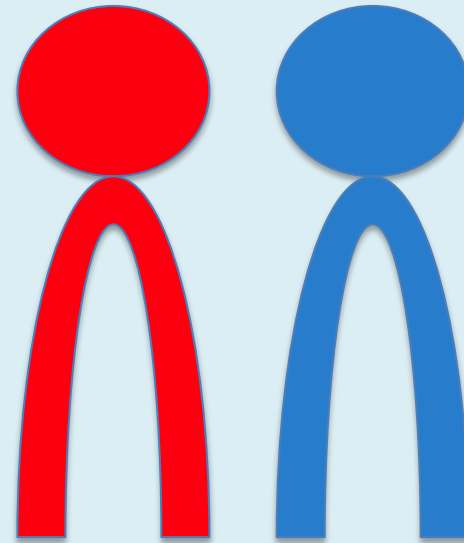
EESI- KC



Living Arrangements



33% of Hallowell residents 65+
live alone



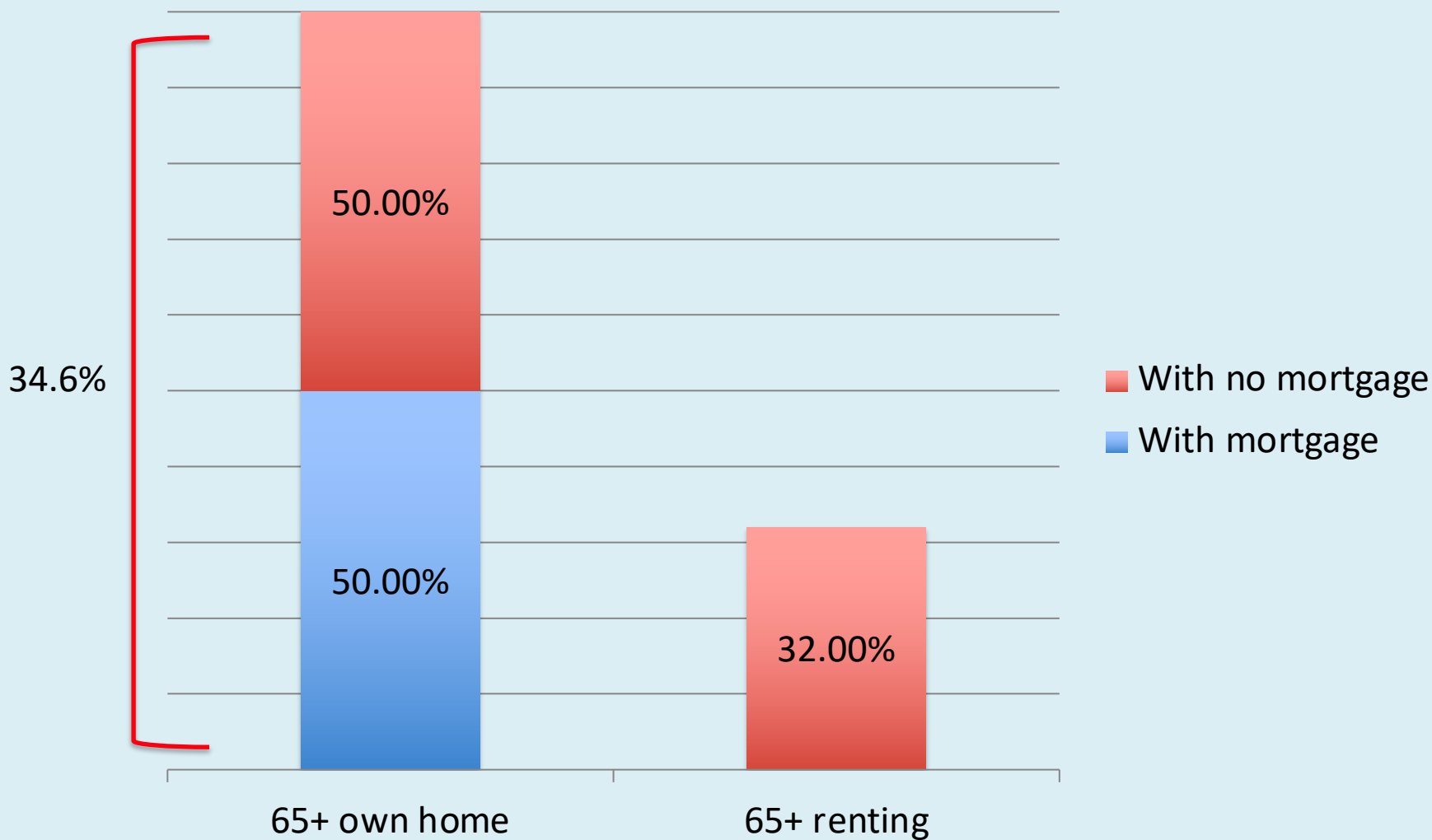
25% of Hallowell residents 65+
live with their spouse

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Housing

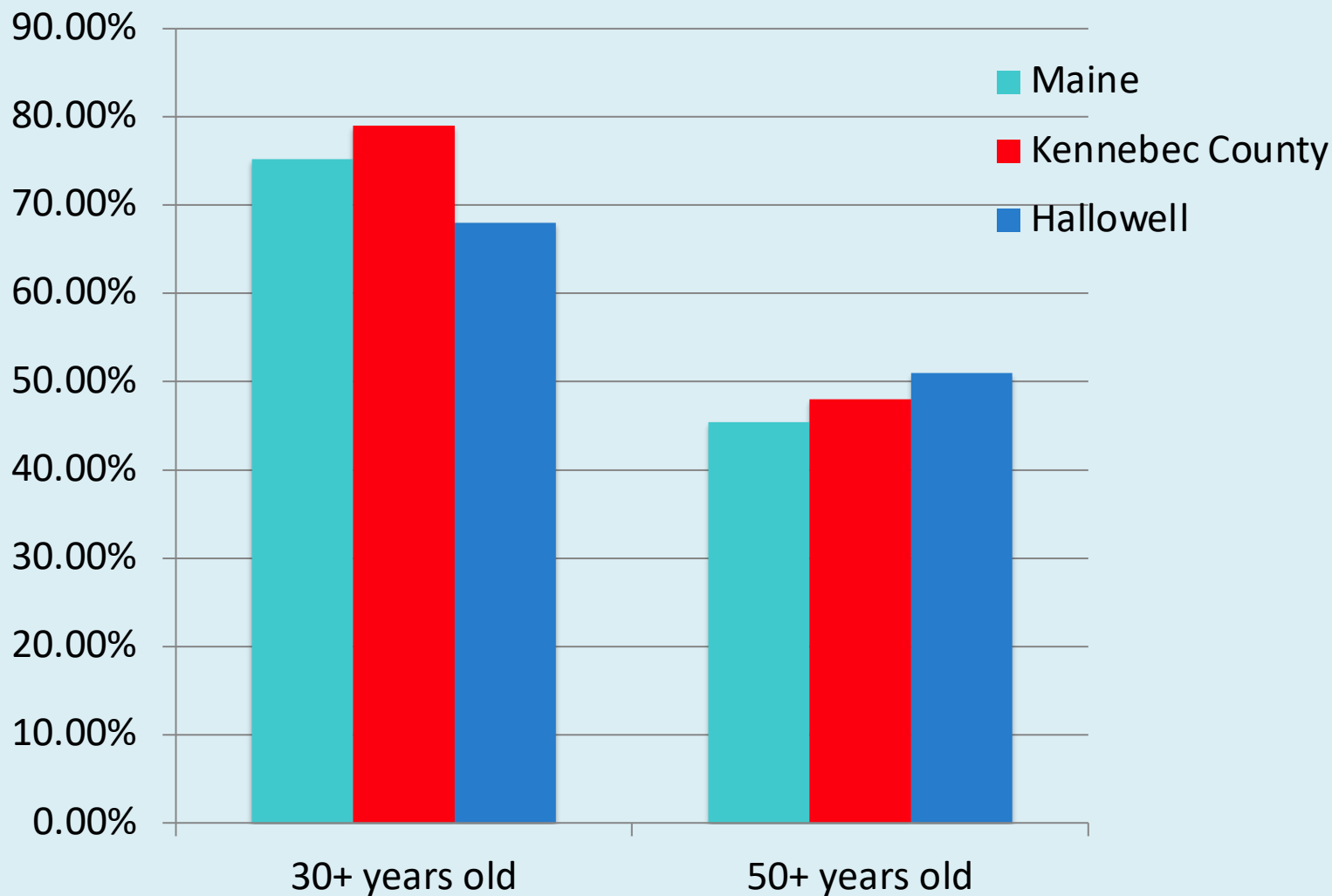


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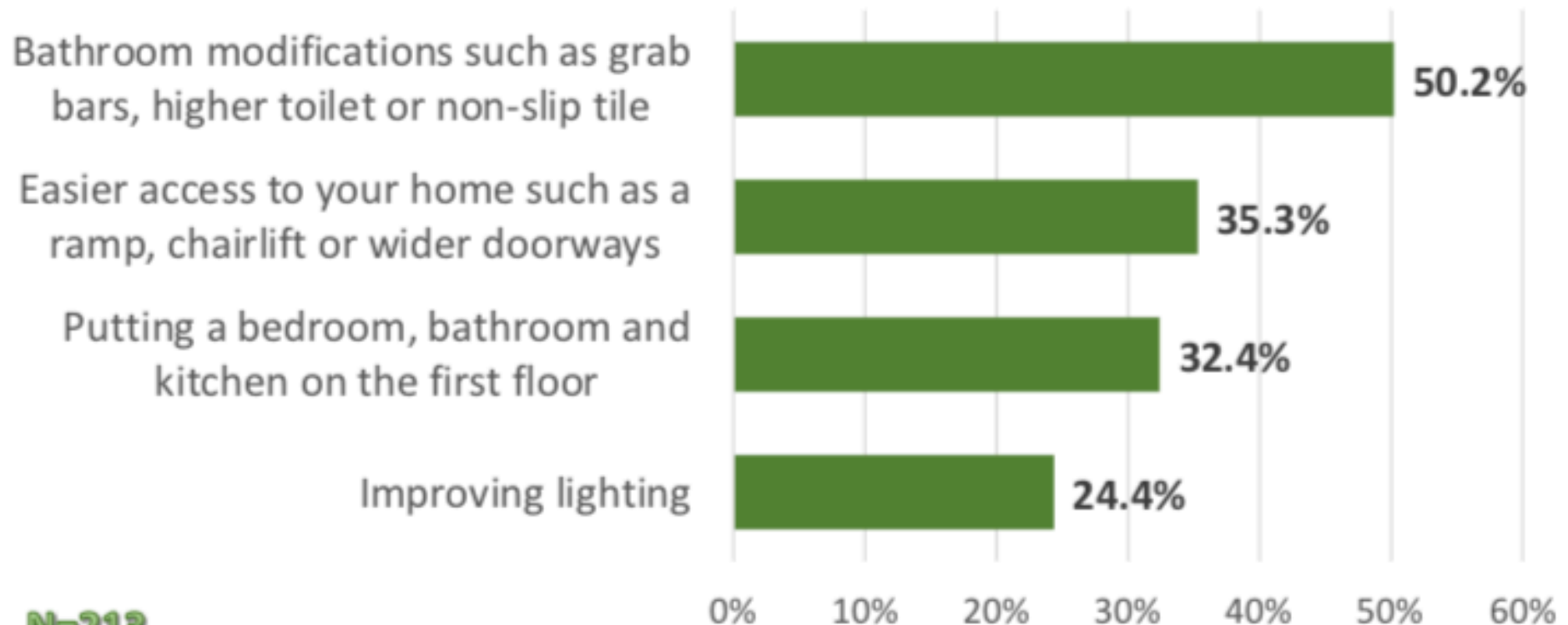
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Age of Housing for 65+ households



2018 Age-Friendly Community Survey Findings: Housing

Modifications residents say they think they'll need to make to their homes



N=213

Food Security



7.8% of people 60 and over, or more than 28,000 people in Maine, report being food insecure.

As America ages, hunger pains grow

The rate of hunger among seniors aged 60 and older has increased by 38% since 2001, a lingering effect of the 2008-09 recession. At the current rate, the number of food-insecure seniors may grow to more than 8 million by 2050. And hunger pains can be increasingly painful as we age:

- 63% of senior households served by the Feeding America network are forced to choose between food and medical care.
- Households served by the Feeding America network that includes an adult of the age 50 or older are at an increased risk of having someone with a chronic health condition, including diabetes (41%) and high blood pressure (70%) – conditions that can be mitigated by healthy food options.
- Only 48% of eligible seniors are enrolled and receiving SNAP benefits (formerly Food Stamps) – making assistance programs for SNAP enrollment that much more important for seniors.

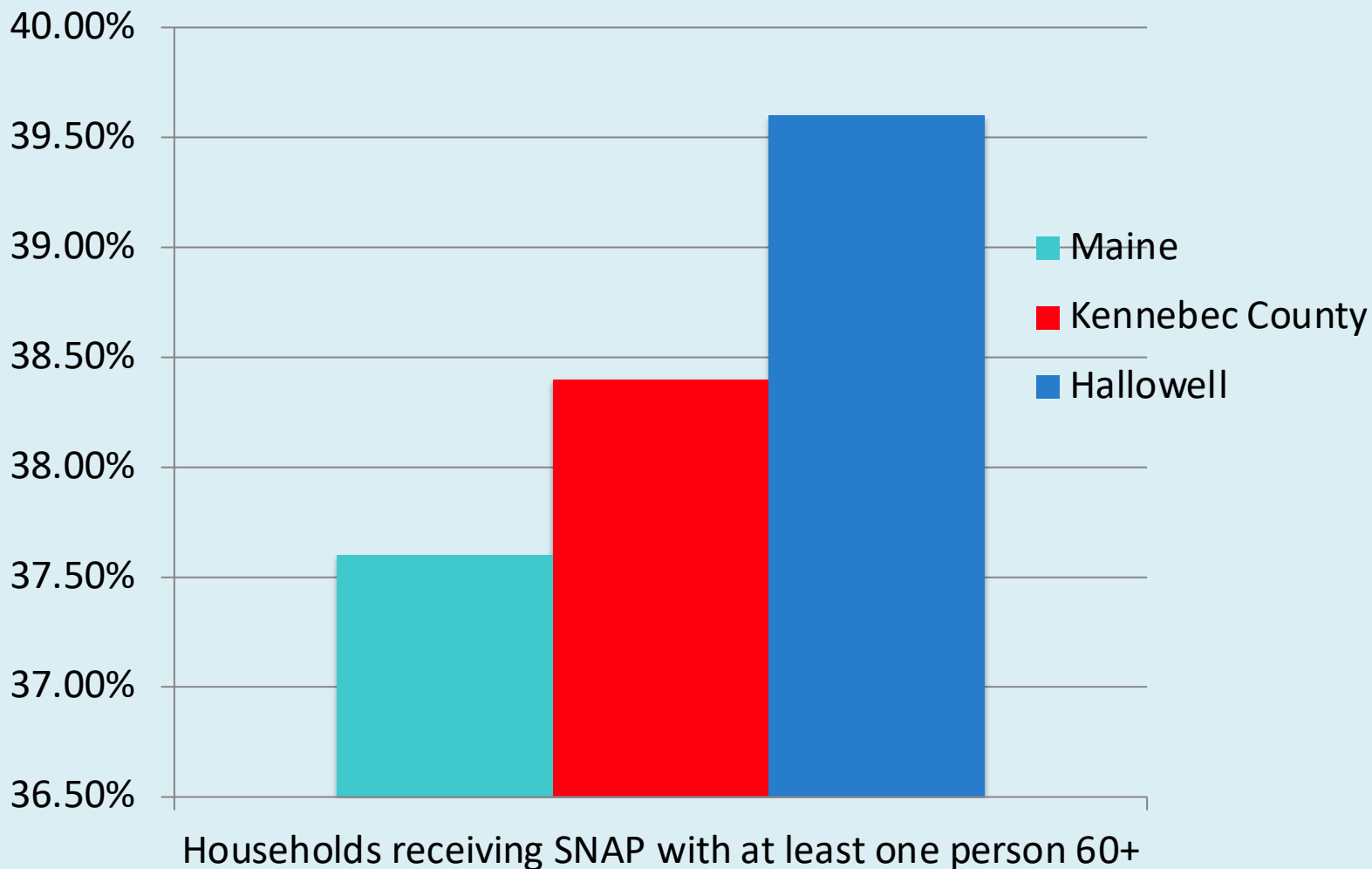


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SNAP Participation

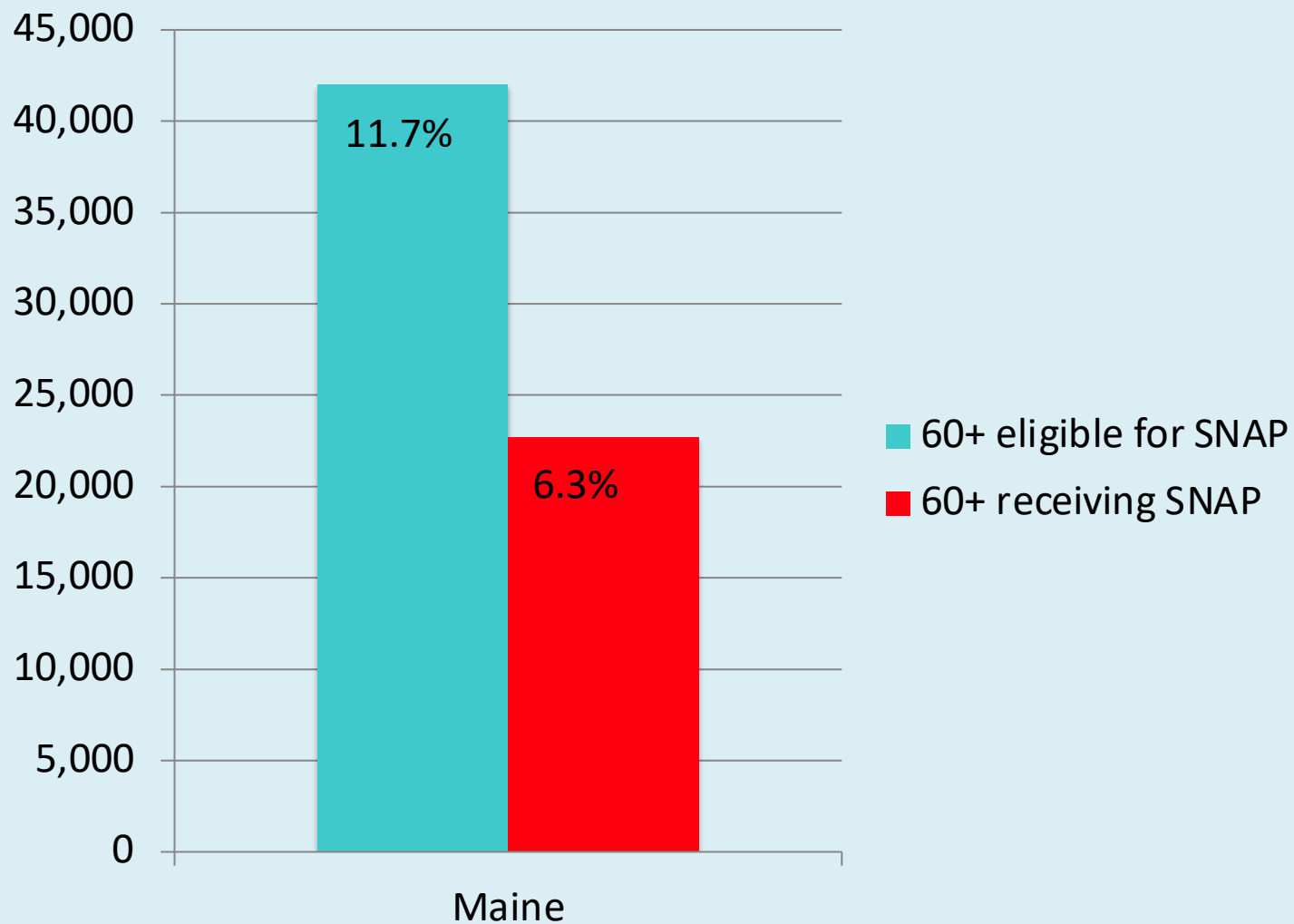


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The SNAP Gap



Other Food Assistance Programs

- Commodity Supplemental Food Program (CSFP)
- Meals on Wheels
- Congregate dining
- Charitable food pantry network

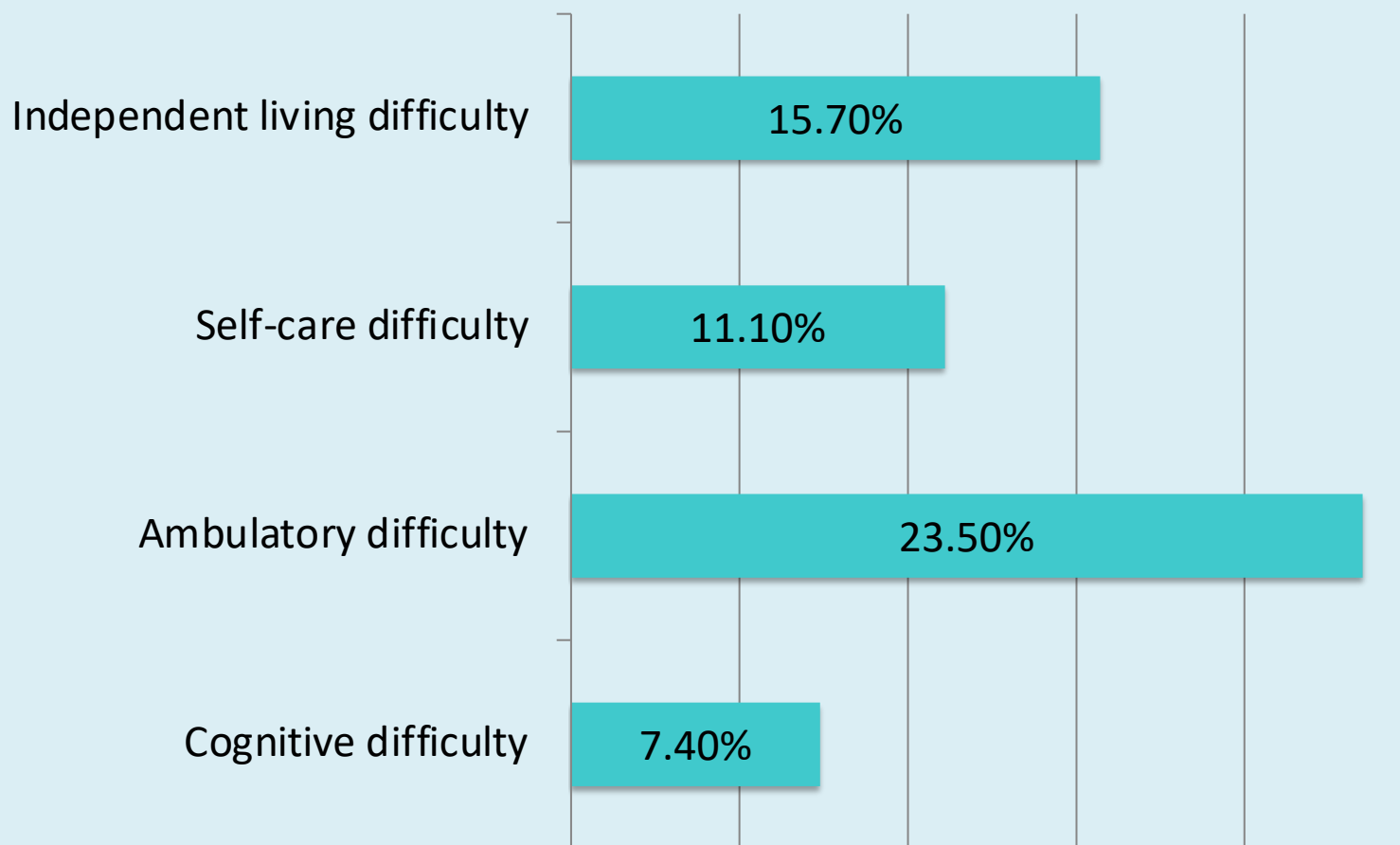
About 33% of people 65 and older in Hallowell are living with at least one disability:

- Hearing
- Vision
- Cognitive
- Ambulatory
- Self-care
- Independent living

Almost 24% of people 65 and over have 2 or more disabilities.

Health

Percentage of Hallowell Residents, 65+ who experience the following disabilities

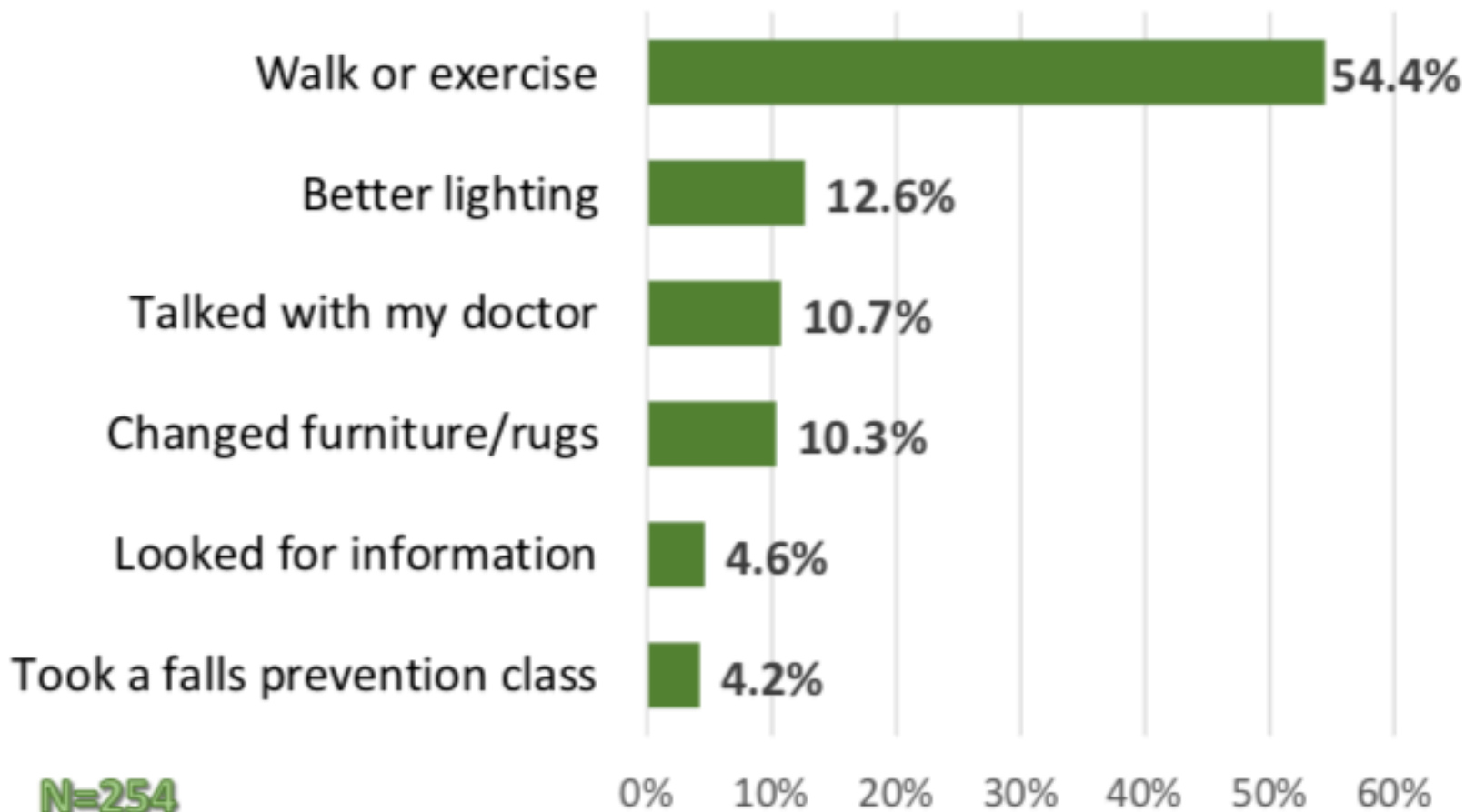


2018 Age-Friendly Community Survey Findings: Falls

- 30% of all respondents of any age were concerned about falling.
- 35% of respondents age 70 and older were concerned about falls.

2018 Age-Friendly Community Survey Findings: Falls

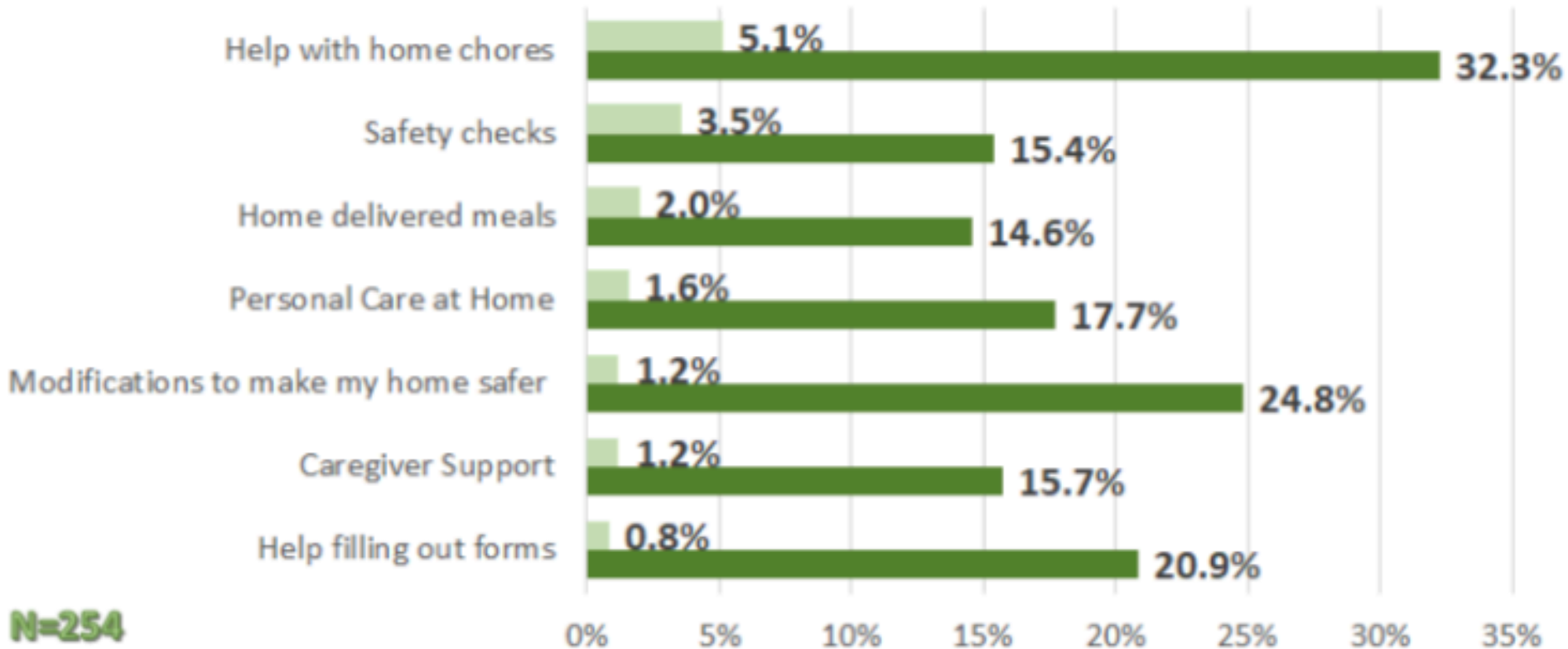
Things residents have done to prevent falls



2018 Age-Friendly Community Survey Findings: Falls

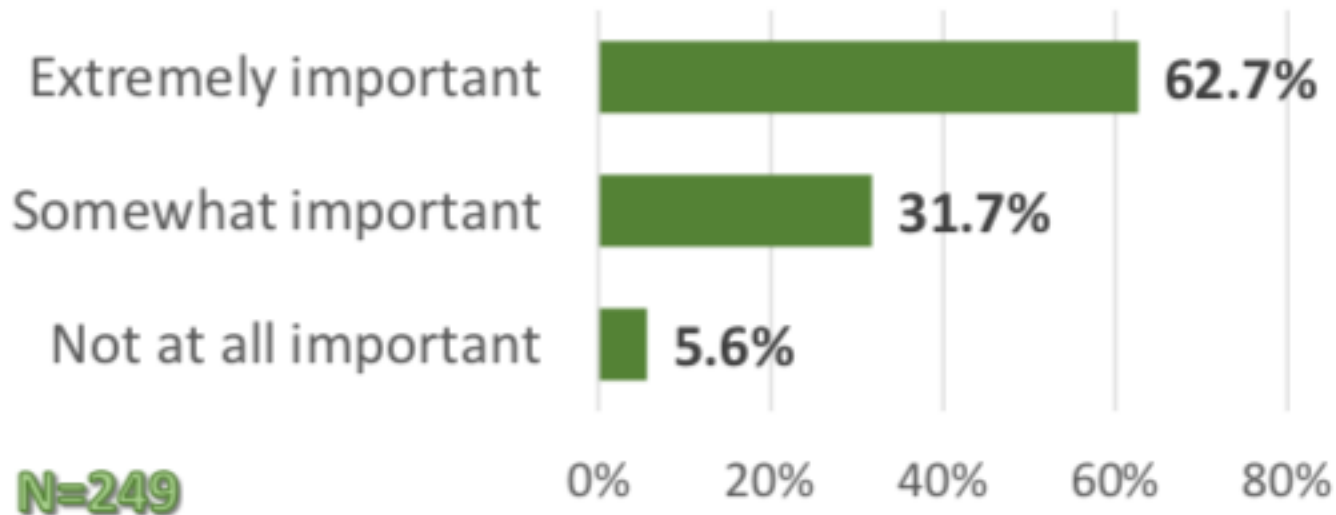
Services residents may need or may need in the next 5 years

■ Need now ■ May need in next 5 years



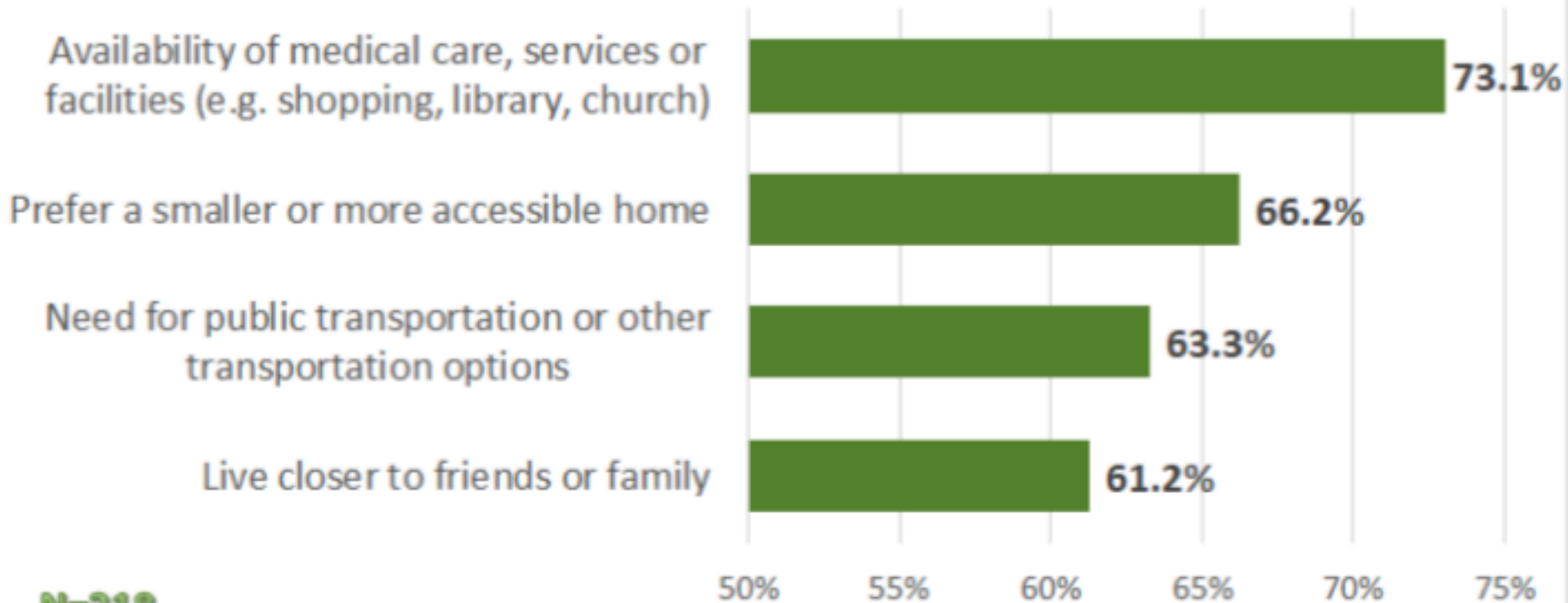
2018 Age-Friendly Community Survey Findings: Staying in Hallowell

How important is it for you to remain
in your community as you age?



2018 Age-Friendly Community Survey Findings: Staying in Hallowell

Factors that would impact residents decision to move

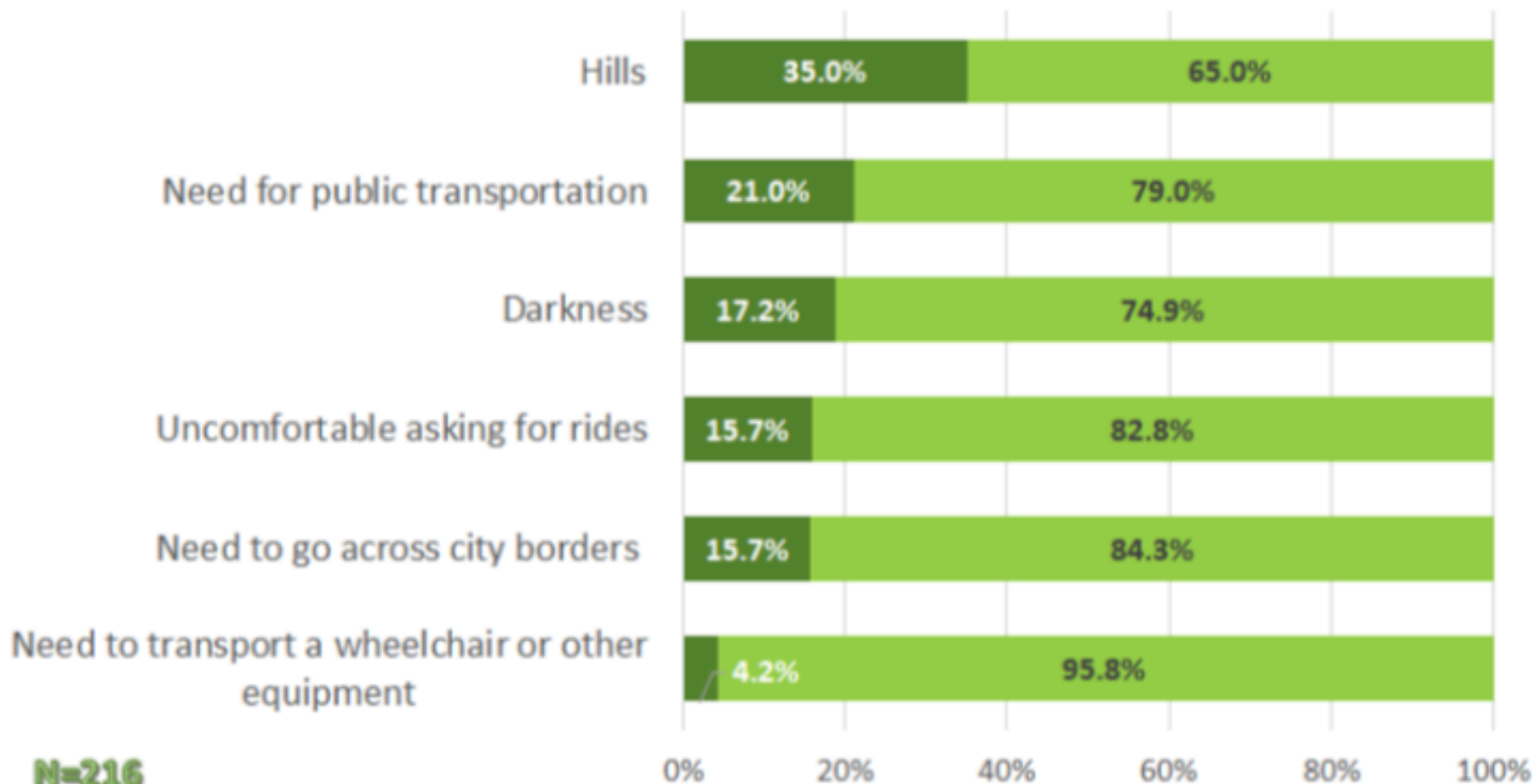


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2018 Age-Friendly Community Survey Findings: Transportation

Do any of the following factors make it hard for you to get around?

■ Sometimes or Often ■ Never



N=216

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