## Data Across Sectors for Health (DASH): Hallowell, Maine





## Hallowell's Demographics

- Hallowell's median age is 39.5 years old, which is five years younger than the median age for the state of Maine.
- Hallowell's under 18 population is about 21.1%, compared with 19% for Maine.
- People 60 or older make up 29% of the population in Hallowell, compared with 27% of the population in Maine.
- People 65 or older make up 22.9% of the population in Hallowell, compared with 19.4% for Maine.

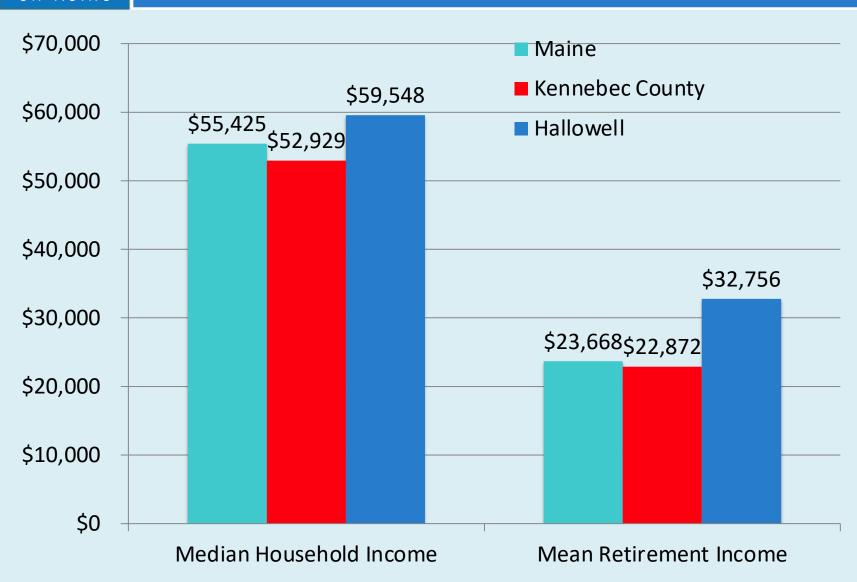


### Hallowell's Demographics

- 8.3% of the population in Hallowell are 70 to 79 years old, compared with 8% for Maine.
- 8.8% of the population in Hallowell are 80 or older, compared with 4.8% for Maine.

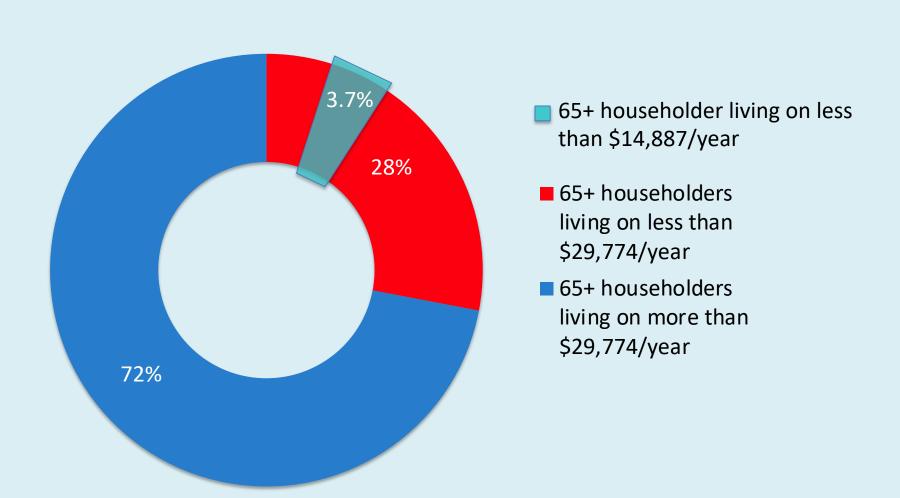
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### Income and Economic Security





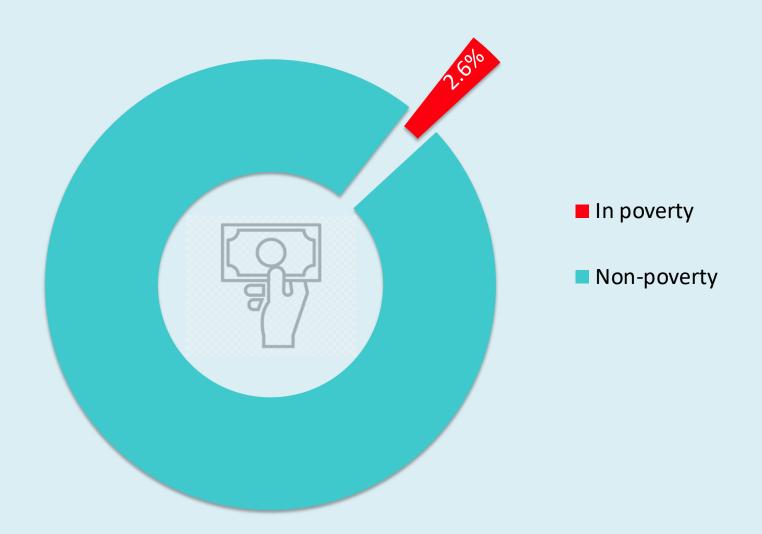
## Poverty Status for Older People in Hallowell





# Poverty status for Older People in Hallowell

65+ below Federal Poverty Line (\$12,140 for 2018)





## Poverty, gender, & living alone

| Topic              | Hallowell |       | Kennebec County |       | Maine  |       |
|--------------------|-----------|-------|-----------------|-------|--------|-------|
|                    | #         | %     | #               | %     | #      | %     |
| 65+ below 100% FPL | 14        | 2.6%  | 2,177           | 9.9%  | 22,077 | 8.8%  |
| Men                | 7         | 50.0% | 754             | 34.6% | 7,725  | 35.0% |
| Women              | 7         | 50.0% | 1,423           | 65.4% | 14,352 | 65.0% |

| Topic            | Hallowell |       | Kennebec County |       | Maine  |       |
|------------------|-----------|-------|-----------------|-------|--------|-------|
|                  | #         | %     | #               | %     | #      | %     |
| 65+ living alone | 220       | 38.3% | 7,084           | 30.9% | 82,587 | 31.9% |
| Men              | 53        | 9.2%  | 2,225           | 9.7%  | 22,622 | 8.7%  |
| Women            | 138       | 24.0% | 4,514           | 19.7% | 49,535 | 19.1% |



## 65+ Home Ownership in Hallowell





## **Accessory Dwelling Units**

From 2017 to present, there were only 2 Accessory Dwelling Units constructed in Hallowell.





## SNAP Households in Hallowell with at least one person 60+





## Disability Status for 65+ in Hallowell

| Topic  | Hallowell |       | Kennebec County |       | Maine  |       |
|--|-----------|-------|-----------------|-------|--------|-------|
|  | #         | %     | #               | %     | #      | %     |
| 65+ Living with at least one disability        | 178       | 32.9% | 7,368           | 33.5% | 84,223 | 33.5% |
| (hearing, vision, cognitive, ambulatory, self- |           |       |                 |       |        |       |
| care, or independent living)                   |           |       |                 |       |        |       |
| 65+ Cognitive Difficulty                       | 40        | 7.4%  | 1,585           | 7.2%  | 19,171 | 7.6%  |
| 65+ Ambulatory Difficulty                      | 127       | 23.5% | 4,219           | 19.2% | 48,017 | 19.1% |
| 65+ Self-Care Difficulty                       | 60        | 11.1% | 1,404           | 6.4%  | 15,492 | 6.2%  |
| 65+ Independent Living Difficulty              | 85        | 15.7% | 2,562           | 11.7% | 29,084 | 11.6% |
| 65+ Living with two or more disabilities       | 127       | 23.5% | 3,623           | 16.5% | 41,479 | 16.5% |



#### Maine General data

#### Hospitalizations, ED Visits, Advance Directives, Insurance

676 senior citizens from Hallowell had an encounter at an MGH location from 1/1/2019 to 2/28/2021. Of these, 167 (24.70%) had an advanced directive, 153 (22.63%) had at least one inpatient encounter, and 286 (42.31%) had at least one emergency visit. The breakdown of insurance is presented in Table 1.



#### Maine General data

Table 1: Insurance Distribution of Hallowell Seniors who were MGH Patients

| Insurer                  | Number of Seniors | Percentile of Seniors with an MGH Encounter |
|--------------------------|-------------------|---|
| Blue Cross               | 51                | 7.54%                                       |
| Commercial Other         | 68                | 10.06%                                      |
| Liability                | 3                 | 0.44%                                       |
| Medicaid                 | 2                 | 0.30%                                       |
| Medicare A               | 620               | 91.72%                                      |
| Medicare B               | 15                | 2.22%                                       |
| Uninsured                | 5                 | 0.74%                                       |
| Self-Pay                 | 35                | 5.18%                                       |
| Tricare                  | 7                 | 1.04%                                       |
| Unknown                  | 3                 | 0.44%                                       |
| Veteran's Administration | 18                | 2.66%                                       |
| Worker's Compensation    | 2                 | 0.30%                                       |

#### **Primary Care**

304 Hallowell seniors are current MGH primary care patients. Within this population the number and percentile of individuals with one of 17 different chronic conditions is presented in Table 2.

Table 2: Chronic Disease Incidence of Hallowell Seniors in MGH Primary Care

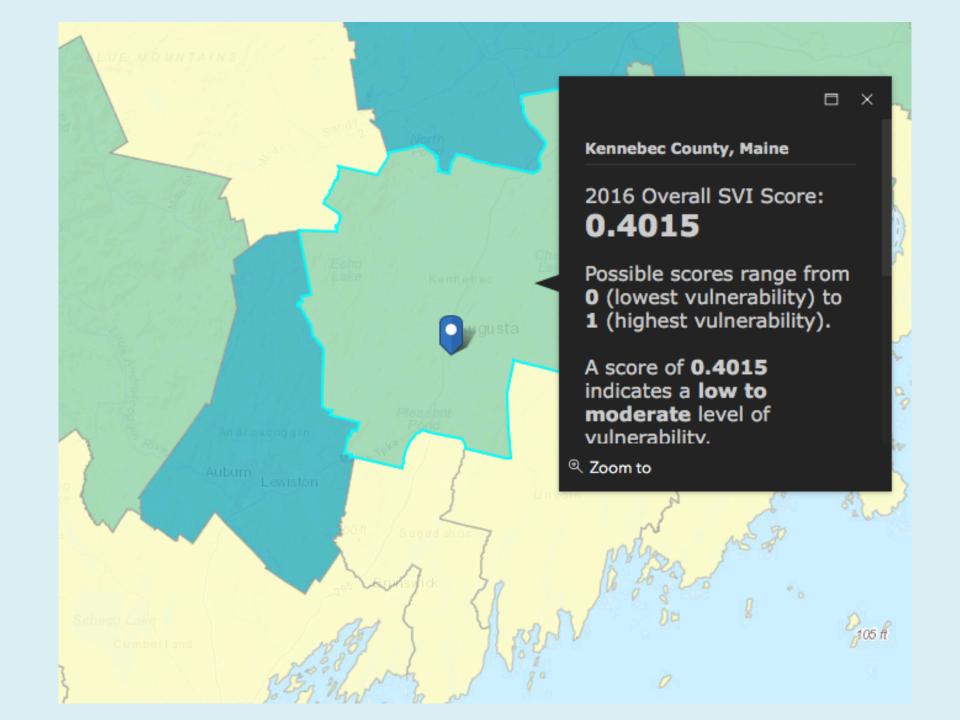
| Chronic Condition                        | Number of Seniors | Percentile of Seniors in Primary Care |
|--|-------------------|---------------------------------------|
| Amputee                                  | 5                 | 1.64%                                 |
| Arrhythmia                               | 73                | 24.01%                                |
| Bipolar Disorder                         | 6                 | 1.97%                                 |
| Coronary Artery Disease                  | 71                | 23.36%                                |
| Chronic Obstructive Pulmonary<br>Disease | 40                | 13.16%                                |
| Cerebral Palsy                           | 0                 | 0.00%                                 |
| Diabetes Mellitus                        | 58                | 13.08%                                |
| Epilepsy                                 | 5                 | 1.64%                                 |
| Heart Failure                            | 44                | 14.47%                                |
| Major Depressive Disorder                | 12                | 3.95%                                 |
| Multiple Sclerosis                       | 1                 | 0.33%                                 |
| Morbid Obesity                           | 8                 | 2.63%                                 |
| Ostomy                                   | 5                 | 1.64%                                 |
| Paraplegia                               | 3                 | 0.99%                                 |
| Parkinson's                              | 6                 | 1.97%                                 |
| Schizophrenia                            | 4                 | 1.32%                                 |
| Transplant                               | 0                 | 0.00%                                 |

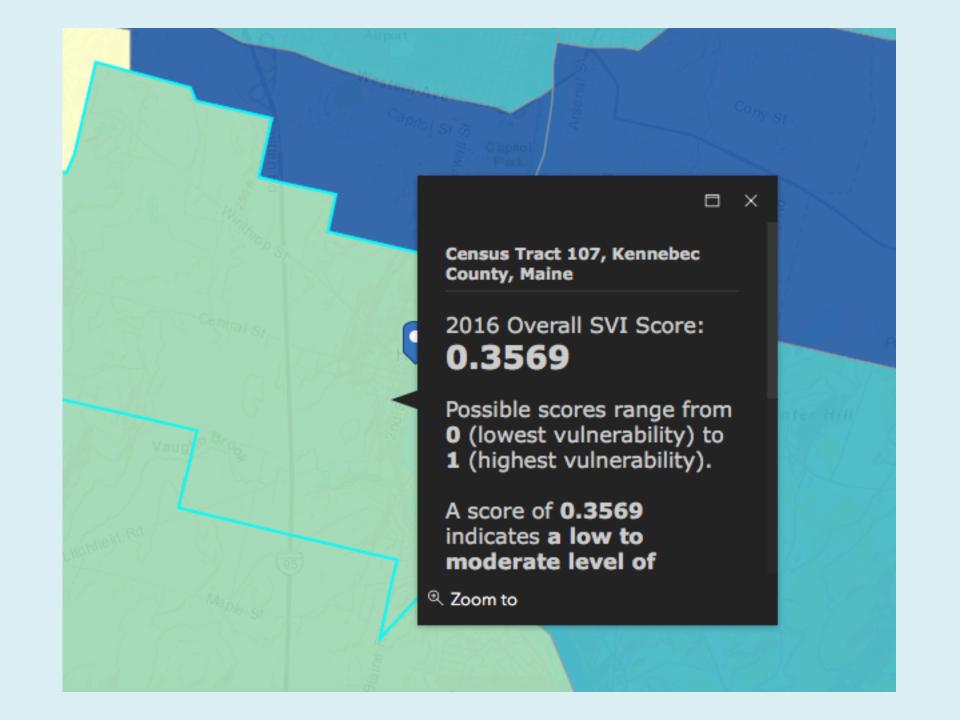


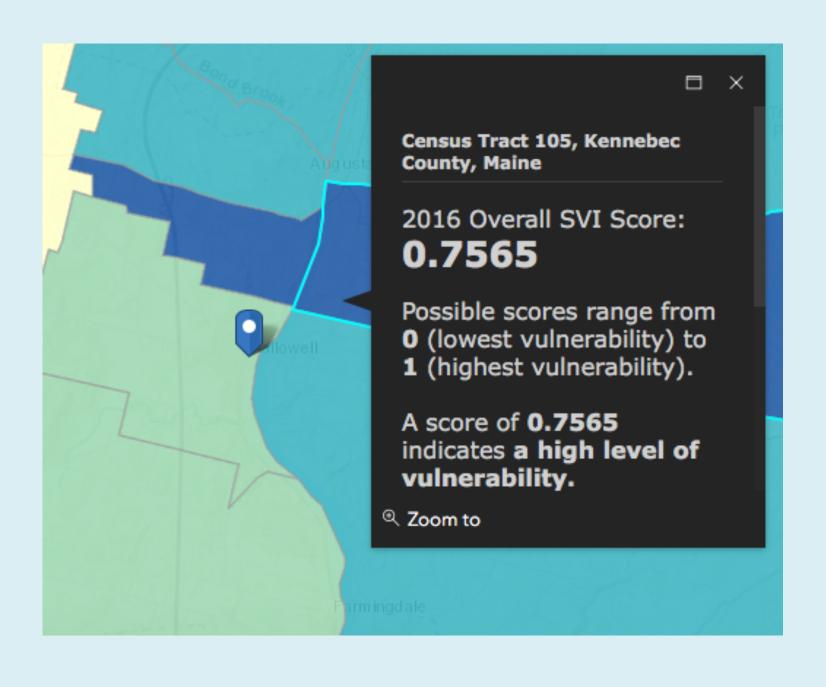
### Social Vulnerability Index

### What is Social Vulnerability?

Every community must prepare for and respond to hazardous events, whether a natural disaster like a tornado or disease outbreak, or a human-made event such as a harmful chemical spill. A number of factors, including poverty, lack of access to transportation, and crowded housing may weaken a community's ability to prevent human suffering and financial loss in a disaster. These factors are known as **social vulnerability**.









#### Walk Score

Walk Score Transit Score Bike Score

Score Details

What is Walk Score

Walk Score measures the walkability of any address based on the distance to nearby places and pedestrian friendliness.

| 90-100 | Walker's Paradise                        |
|--------|--|
|        | Daily errands do not require a car       |
| 70-89  | Very Walkable                            |
|        | Most errands can be accomplished on foot |
| 50-69  | Somewhat Walkable                        |
|        | Some errands can be accomplished on foot |
| 25-49  | Car-Dependent                            |
|        | Most errands require a car               |
| 0-24   | Car-Dependent                            |

Almost all errands require a car



#### Walk Score





### Walk Score







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