



Kind Words

"The team has been so informative and supportive. They have made difficult times much easier to manage."

— Mother of pediatric patient

"They were the best. Knowledgeable, caring, compassionate. Made me feel special."

— Young patient

"Top-Notch! We never wanted her to leave! The nurse was awesome and helped me so much as a new mom with breastfeeding challenges."

— Young mother

"Communication — her ability to talk me through procedures. Care for my daughter — kind and warm, I felt confident in her abilities."

— Mother of young patient

"My nurse was so nice! She was a great help with information for me and my daughter's care."

— Patient and mother of patient

Pediatric Care

We recognize the special needs of children who face the uncertainties of illness and injury and the needs of parents who provide care and support. The conditions children and their families face become more than simply a health issue. They become a quality of life concern.

Health conditions, injuries and developmental delays often cause children to fall behind their peers in physical ability and essential skills. Without intervention, these difficulties may worsen and have an increasingly detrimental impact on their lives.

Our pediatric program offers a support system of medical and social services that promote health and quality of life in the formative years of children. A team of nurses, social workers, rehabilitative therapists and home health aides work together to meet the needs of children who require health care in the comfort of their homes. Pediatric care is for children under the age of 18 with special needs, developmental delays, serious or life-limiting illness, chronic conditions, cancers, cystic fibrosis, cerebral palsy, Down's syndrome, injuries, trauma and recent surgeries.

**TO LEARN MORE, CALL:
800-660-4867**

**TO REFER TO SERVICES, CALL:
866-255-8744**

mainehealthcareathome.org

MaineHealth

CARE AT HOME



Pediatric Care

CARE • SUPPORT • COMPASSION

Supporting the health, safety and development of children from birth to 18 years of age.



Maternal & Child Health Network

Helping babies get a healthy start in life is our priority. With the support of state funding, MaineHealth Care at Home is the lead provider for Maine's Maternal Child Health Network, a collaborations of nursing agencies, offering nursing visits to expectant mothers, new parents and infants in the comfort of home.

Services include:

- Health assessments for pregnant and postpartum women.
- Preventive health and prenatal education.
- Growth and development assessment for infants.
- Nutritional assessments.
- Newborn care, education and weight checks.
- Breastfeeding assessment, teaching and lactation support.
- Environmental assessments for lead exposure.
- Linkages to health and community services.

For more information on Maternal and Child Health Network services, call 888-644-1130.



Nursing

Our in-home nursing services help parents understand their child's health condition and offer them peace of mind that the care is managed by qualified health professionals through an individualized plan of care. Our goal is to maximize safety, independence and healing in the comfort of home.

Home health nurses:

- Teach parents and caregivers to manage care needs.
- Assist with medication administration and management.
- Monitor blood pressure, heart rate and other vital signs.
- Administer and monitor IV medication.
- Coordinate care plans.
- Provide wound care management.
- Link families to needed community resources.

Developmental & Rehabilitative Therapies

Our physical therapists, occupational therapists and speech-language pathologists help children with special needs, developmental delays, feeding/swallowing problems or communication difficulties achieve their highest level of functioning and independence.

Our rehabilitation team provides:

- Occupational therapy to improve functional ability for children with chronic conditions or injuries.
- Physical therapy to enhance motor skills for optimal independence at home and in the community.
- Speech therapy to treat communicative challenges and swallowing difficulties using the latest treatment techniques and devices.

Palliative Care

A serious or life-limiting illness greatly affects individuals of any age, but children under the age of 18 face unique challenges and stress. Many children are unfamiliar with the realities of serious illness and would benefit from compassionate and supportive palliative care. Children can receive palliative care along with curative treatment.

Our clinicians enhance quality of life for children with serious or life-limiting illnesses through symptom management, pain relief and compassionate support for the entire family.

Services include:

- Nursing
- Physical, speech and occupational therapies
- Emotional and spiritual counseling
- Monitoring
- Education
- Referral support

Social Work

To support children and families challenged with complex medical issues, specialized social work services provide guidance, counseling and assistance with securing community resources.

Our social workers provide:

- Emotional support to ease distress and provide comfort.
- Guidance within the complex medical landscape.
- Assistance with care coordination, treatment planning and resource connection.
- Crisis intervention in times of need or distress.

Agency Information

MaineHealth Care At Home is a leading provider of comprehensive home health, hospice and population health services.

Our Home Health Program provides nursing care, rehabilitative therapies, social work, palliative care, nutritional counseling, telehealth and specialty services to patients of all ages. Our services help patients regain strength after surgeries, manage chronic diseases and recover from major illnesses.

Population Health and Wellness services include health screening, education and telehealth services at participating public housing sites. Foot care and immunizations are available at public clinics in the community.

Hospice Care is available in the mid coast region with short term hospice care and respite at the Sussman House.

MaineHealth Care at Home provides services seven days a week, with 24/7 on-call nursing, throughout York, Cumberland, Lincoln, Knox, Waldo, Sagadahoc and southern Oxford counties.



MaineHealth Care at Home is a fully licensed 501(c)(3) not-for-profit organization and a member of MaineHealth.