



Live the Life You Choose

“What is self-direction? It means I get to choose how to take care of my daughter. Thanks to her, I’ve become a life-long advocate of self-direction.”

Holly Carmichael
CEO, GT Independence



“I grew up with a brother who has a disability. But to me, he is just a big brother who does big brother things. Everything I do is to help people like him live a life that they choose for themselves.”

John Carmichael
President, GT Independence

What Is Self-Direction?

Self-direction is all about choice. The choice of *who* supports you. The choice of *how* you’re supported. The choice to live life on your terms.

With self-direction, you pick out the services you want to receive and choose the people you want to provide those services. From help around the house to 24/7 medical care, there’s personalized support for whatever you need. This removes the frustration of services that don’t match your life.

Connecting the Dots

Bringing self-direction to life takes some work—but GT Independence is here to help.

Together with GT, you control your own care and employ the people you choose. GT's team walks you through every step of the process and handles all the paperwork—like tax documents, employee payroll, and insurance.

If you're ready for support that matches your life, choose self-direction.



Why Choose Self-Direction?

Control Every Detail

You oversee when, where, and how you receive support—down to the smallest details. Customize everything to your exact preferences.

Lower Your Costs

With self-determination, you get quality support that truly cares. All at a lower cost compared to traditional providers.

Manage Your Budget

GT helps you manage dollars, budget, employee benefits, and pay rates for your caregivers. Get budget reports to help you manage every detail of your services.

Choose Your People

You have complete control over hiring and firing your caregivers. This means that you work directly with the people you know and trust the most.

Engage With What Matters

Live the life you choose in your own home and community. You have the freedom to continue relationships and activities that you enjoy.

Stay Safe at Home

Stay safe from COVID-19 by getting the support you need right in your own home.

Get in Touch

To learn more about what we can do together, visit gtindependence.com.

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