



## ABOUT NORTHERN LIGHT HOME CARE & HOSPICE

Northern Light Home Care & Hospice has been caring for Maine families since 1912. We are a non-profit organization that provides a variety of services covered under Medicare, Mainecare, and private insurance. We provide care regardless of ability to pay. Our services include:

### Home Health Care

Designed to help you remain in the comfort of your own home, we focus on your recovery, quality of life, and independence. **Areas of excellence** include wound care, and chronic illness management using Telehealth.

Our highly skilled clinicians include:

- Nurses
- Physical, Occupational, and Speech Therapists
- Medical Social Workers
- Home Health Aides

### Palliative Care

Northern Light Palliative Care works with patients and their families to ease the burdens of serious illness. Palliative Care provides an extra layer of support, addressing control of distressing symptoms and maximizing quality of life, regardless of the stage of your illness. Our team includes Physicians, Nurse Practitioners and Medical Social Workers.

### Hospice Care

Our Northern Light Hospice team provides care for those with a terminal illness, allowing them to stay at home with their family. Hospice provides compassionate end-of-life care and support for both the patient and their family, with a focus on comfort and symptom management. Studies show that hospice care, with early engagement of services, can extend and improve one's quality of life. Services include:

- Nurses
- Physical, Occupational, and Speech Therapists
- Medical Social Workers
- Home Health Aides
- Volunteers, Spiritual Counselors, and Bereavement Coordinators
- Physicians

### Community Wellness

Northern Light Home Care & Hospice cares about the communities we service by offering School and Community Flu Clinics, Hypertension Screenings and Senior Wellness Clinics to keep people healthy and living independently.

### LiveSafe

For an extra layer of support, our Emergency Response System can be provided to you for approximately \$1/day. For more information on LiveSafe, please call 1-877-880-7677.

To learn more about the services we offer, please call us at **1-800-757-3326** or visit our website at [www.northernlighthomecarehospice.org](http://www.northernlighthomecarehospice.org)