

Stratton-Eustis Community Needs Survey

SUMMARY OF RESULTS

As of 07.20.23

SURVEY RESPONDENTS 66

Below is a summary of the most frequent responses to the questions posed in the community survey. The numbers identified with each question reflect the relative highest value for each question. In other words, the numbers represent the most frequent responses for that specific question.

A few things stand out:

1. A **Resource Navigator** is seen as something that would be of great help to community members. The 'resources' community members need help with is wide ranging, and it is important that the person is knowledgeable, is 'local' and able to meet face to face and is available via telephone.
2. It appears that most health care needs are being adequately met by providers; HOWEVER, travel time and distance to providers is mentioned frequently. While Farmington is most frequently identified as a location for medical care, the next most frequent response was outside of Franklin County.
3. Perhaps encouragingly, there is a **very high interest in utilizing telehealth services**, with 43 respondents either very open or somewhat open to using telehealth services.
4. Transportation needs and wants are a bit more complex.
 - a. Locally, it does appear there is an interest in transportation services for groceries on an as needed or daily basis.
 - b. Responses do show significant interest in transportation services to Farmington on a monthly or as needed basis for groceries, shopping and medical appointments.
 - c. It also appears there is a willingness to travel to a location outside of Stratton (Kingfield, Rangeley or Carrabassett) to connect with regular public transport services.
5. At home help services include a range of needs from snow shoveling, house cleaning, lawn mowing and other general chores.
6. 20 respondents identified themselves as caregivers. Care is provided to spouses, friends or neighbors. 8 Indicated an interest in support services via telephone.
7. Respondents indicate an interest in game or craft time as a way to get together and socialize with others.
8. 21 respondents expressed a willingness to meet to discuss the survey results; 26 respondents said they were not willing to meet to discuss the survey results.

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Navigating the Financial/Health Care/Resources Systems:

Respondents identified the following as the most significant areas for information needs:

- Medicare or other Health Issues- **21**
- Wills and Advance Directives- **19**
- Heating Assistance - **18**
- Food Assistance -**14**

Where/How do you get assistance or help now:

- Family-**29**
- Friends-**26**
- Professional(Medical, financial, other)- **16**

One Stop Hub:

1. By over a 4 to 1 margin, respondents agreed it would be useful to have a **contact person to help navigate** where and how to locate services they needed.
Yes: **48**
No: **11**
2. A significant majority of respondents believed it is either Very Important or Somewhat Important for the contact person to be **an expert in the areas they need help.**
Very Important/somewhat Important: **39**
Not important: **12**
3. Respondents also said it was either somewhat important or very important for the contact person to **be local and able to meet face to face.**
Very Important/somewhat important: **42**
Not important: **11**
4. Finally, it is somewhat important to very important for the person to be **available by telephone** (or other means) **when needed.**
Very Important/somewhat important: **47**
Not important: **5**

Medical/Health Care:

1. **What health care/medical needs do you have now that are not adequately addressed?**
Routine medical visits and physical therapy garnered most of the votes, however neither receiving many votes. Left to wonder about what this means. It may mean that health care medical needs are being met, however meeting those needs may be a challenge. See other responses below.
 - Physical Therapy -**7**
 - Routine Medical visits- **8**
2. **What are the barriers you experience to getting access to health care/medical needs?**

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The most significant barriers have to do with travel whether it be routine care or specialists

- Too far to travel for routine health care-**24**
- Time it takes to get to providers- **20**
- Access to health care specialist too far or not accessible- **18**
- Too far to travel for Emergency Care- **19**

3. Where do you currently travel for your health care/medical needs?

Farmington was the most frequent location identified

- Farmington- **37**
- Other **20**
- Kingfield **17**

4. If made available, how open are you to utilizing online telehealth services?

By a little over a 2 to 1 margin, respondents are either somewhat open or very open to telehealth services.

Very Open/Somewhat open- **43**

Not at all-**16**

Transportation:

Where do you want to travel? What are you traveling for? How often do you need to travel? When?

Transportation needs were identified overwhelmingly as **locally for groceries**; and **Farmington for groceries, shopping, and medical**.

Farmington Total - 80
● Groceries: 28
● Shopping: 24
● Medical: 28

Local- 41
● Groceries: 27
● Shopping: 6
● Pleasure: 8

Frequency of Travel to Farmington was identified as follows:

Monthly: **17**

As needed: **16**

Frequency of Travel Locally was identified as follows:

Daily: **10**

Weekly: **7**

As needed:**8**

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Respondents indicated they were willing to travel to the following locations from Stratton if regularly scheduled public transportation were available:

Farmington: **30**
Kingfield: **19**
Rangeley: **15**
Carrabassett: **11**

At Home Help:

The most frequently identified at Home Help identified included:

- House cleaning/chores- **22**
- Snow Shoveling- **20**
- Other miscellaneous projects inside or outside the house- **18**
- Lawn mowing: **18**

Are you a Caregivers?

Yes -**20**

No- **38**

Who are you a Caregiver For?

Spouse- **6**

Friend- **7**

Neighbor-**5**

Are you interested in Support Services? How?

Telephone: **8**

Social/Connection Needs:

The most frequently identified areas of interest include:

- Craft time (Hobbies, knitting, fly tying, etc): **18**
- Game night: **15**
- Receiving check in phone calls or visits: **11**
- Feeling Isolated/want to socialize with friends: **11**

Are you interested in participating in a follow up meeting to review the results?

Yes-**21**

No- **26**