

Wednesday, September 30th Program Schedule

Subject to change



7:45–9:00

Networking & Pre-Event Activities

Exhibitor Hall

Enjoy coffee and a light breakfast while connecting with fellow attendees and visiting exhibitor booths.

9:00–9:20

Welcome & Land Recognition

Auditorium

Jess Maurer, Executive Director of MCOA

9:20–9:30

Opening Ceremony

More Information Soon

9:30–10:30

Keynote Presentation

Dr. Somava Saha, Executive Director of Well-Being and Equity in the World (WE in the World)

Introduction by Exclusive Keynote Sponsor, GT Independence
Graphic Illustrator – Marsha Dunn

10:30–11:00

Networking Break

Exhibitor Hall

This is a great time to talk with new people and visit our vendors in the Exhibitors Hall.

11:00–11:45

Panel Discussion – “Reimagining Maine’s Social Driver’s of Health”

Auditorium

Anna Guest, Facilitator

Mary Prybylo, Community Care Partnership of Maine

Zoe Miller, Moving Maine Network

Annie Doran, Maine Food Convergence Project

Charley Martin-Berry, Community Caring Collaborative

Mary Lou Ciolfi, University of Maine Center on Aging

11:45–12:00

2026 Awards Ceremony

12:15 – 1:15

Networking Lunch

Location TBA

*Please Note: Participants in the Public Health breakout sessions will transition across the street at this time for lunch and to stay for breakout sessions.

@ USM Portland Abromson Center

Wednesday, September 30th Program Schedule

Subject to change



1:15–2:00

Breakout Sessions – System–Level Drivers & Flipping the Narrative

Join your choice of facilitated discussions and interactive workshops:

- **Transforming the Experience of Aging in Maine**
- **Beyond the Medical Ride: Reimagining Transportation as a Pathway to Connection & Belonging**
- **Nourishing the Future: Co-Designing Destigmatized, Hyper-Local Food Systems for Older Mainers**
- **Shifting the Balance: Sharing Institutional Resources To Promote Health & Wellness**
- **Public Health Breakout: Launching an Age Positive Public Health Movement in Maine**

2:00–2:15

Break

Exhibitor Hall

2:15–3:00

Breakout Sessions – From Design to Action on the Ground

Join your choice of facilitated discussions and interactive workshops:

- **Inclusive Connection & Culturally Rooted Belonging**
- **The Civic Advocate: Empowering Everyday Voices for Policy Change**
- **Roux Institute Leaders Reimagining Rural Healthcare**
- **The "Front Door" Hubs: Replicating Local Support Networks**
- **Public Health Breakout: What Matters Most: Empowering Older Adults Through Rural Community Health Workers**

3:00–3:15

Break

*Public Health Breakout Session participants to return to main building

3:15 – 4:00

Plenary Panel – Activating the Community

Auditorium

Meredith Anderson, Facilitator

Joy Barresi Saucier, Aroostook Agency on Aging

Jessie Laurita–Spanglet, Dance and Health Practitioner

Lili Ott, Harpswell Aging at Home

4:00

Closing Remarks

@ USM Portland Abromson Center

Program Schedule



7:45–9:00	Networking & Pre-Event Activities
9:00–9:20	Welcome & Land Recognition
9:20–9:30	Opening Ceremony
9:30–10:30	Keynote Presentation
10:30–11:00	Networking Break
11:00–11:45	Panel Discussion – “Reimagining Maine’s Social Driver’s of Health”
11:45–12:00	2026 Awards Ceremony
12:15 – 1:15	Networking Lunch
1:15–2:00	Breakout Sessions – System-Level Drivers & Flipping the Narrative
2:00–2:15	Break
2:15–3:00	Breakout Sessions – From Design to Action on the Ground
3:00–3:15	Break
3:15 – 4:00	Plenary Panel – Activating the Community
4:00	Vendor Raffle Drawing/Closing Remarks

Wednesday, 9/30
@ USM Portland Abromson Center