



A Growing Current of Progress:

Transforming the Experience of Aging in Maine

BIENNIAL REPORT

2024-2026

MAINE
COUNCIL
ON AGING

We're Riding the Rapids!

Friends,

We believe Maine can become a place that embraces and supports later life as a time of continued growth, contribution, resilience, and possibility — shaped by the full diversity of lived experience.

Over the past six years, this belief has taken root and grown into a movement. At our 10th anniversary, we declared an intention to end ageism in Maine by 2032. At that moment, we celebrated ripples already forming — shifting how we think about aging, older people, and our own futures. Two years later, those ripples became waves — a growing sense of urgency, engagement, and momentum across the state.

Today, those ripples and waves have become something stronger: a growing current of progress — reaching further, connecting more people and communities, and creating new streams of impact. And it is growing because of you.

Over the past two years, more people and organizations have joined this effort, bringing their voices, ideas, and commitment to transforming how aging is experienced in Maine. Together, we have made meaningful progress — strengthening income security for older Mainers, challenging ageist assumptions across healthcare, employment, and public systems, and elevating the leadership, experience, and contributions of older people. Our work is strengthened by an awareness of how economic injustices impact people later in life and by learning from the full diversity of older people across Maine.

At its core, this movement is about changing what we believe is possible. Through education, engagement, and collective action, we are creating a new understanding of growing older — one that recognizes that experience, creativity, and contribution deepen over time. We approach this work with optimism, curiosity, and determination, challenging assumptions and pursuing practical solutions that create real change.

This growing current is powered by connection. Our network of members, partners, volunteers, advocates, and community leaders continues to expand — strengthening relationships and turning shared commitment into action. At the same time, our organization has grown stronger, with expanded staff, deeper board engagement, growing financial support from dedicated funders and partners, and a broader community of investment that makes this work possible.

A current gains strength through every stream that joins it. Every conversation, partnership, and act of leadership adds to what we are building together.

What's next is momentum at scale. We are moving the conversation directly into communities and into the public square — launching a public media campaign to shift how Maine sees aging, while advancing practical, real-world solutions for longevity-ready systems in housing, transportation, workforce, and care. These are solvable challenges.

And they become even more achievable when we tap the untapped resources of older people working together to shape the future of Maine.

Thank you for being part of this growing current — and for helping create a Maine where everyone can age with purpose, health, connection, and joy.

With gratitude,



Jess Maurer
MCOA Executive Director



Donna Kelley
MCOA Board Chair



Financial Well-being Flowing to Older Mainers

Medicare Savings Program

In September 2024, we celebrated together our biggest accomplishment — increasing eligibility and eliminating the asset test for the Medicare Savings Program (MSP), a program that puts thousands of dollars back into the pockets of lower-income older people. But the new eligibility had just become effective. So, here's what's happened since. The Maine Health Access Foundation contributed considerable funds to ten organizations across Maine to get the word out about the new eligibility and to meet increased demand for enrollment through 2025. It worked! More than 20,000 newly eligible Mainers enrolled for the program. For many of these folks, they now have enough money to meet their basic needs. We are grateful to our partners and funders who made this possible.

More than 20,000 newly eligible Mainers enrolled in the program and are now saving \$8,100 per year on average.*

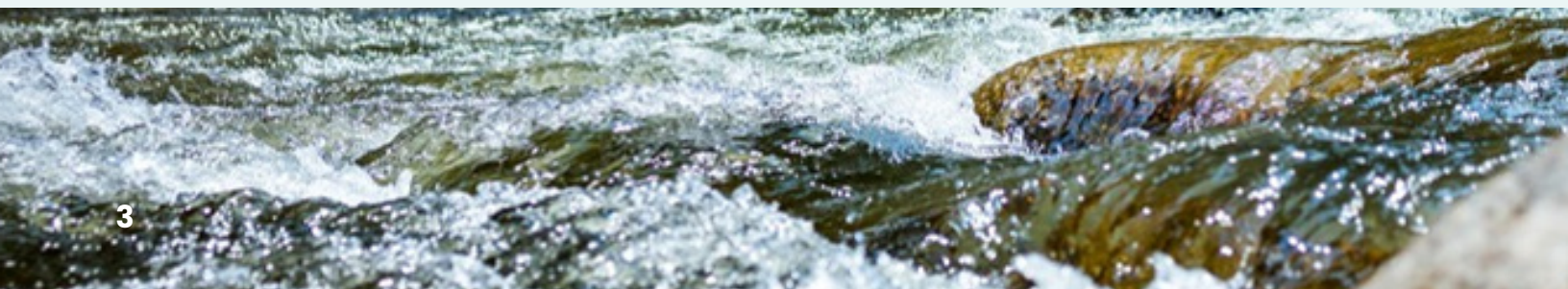


It was a blessing for me when the Medicare Savings Program asset test was finally eliminated. I had just been hospitalized. Being eligible for the Medicare Savings Program meant that \$4,000 in copays and deductibles were covered. And my monthly premium isn't deducted from my Social Security. Having our Legislators pass a bill to eliminate the asset test shows me that they see older Mainers as valuable members of the community.

Fran Seeley, Volunteer

AmeriCorps Senior Foster Grandparents Program

*<https://ncoa.org/article/what-are-medicare-savings-programs-msps/>





Carving New Pathways for Change

Power in Aging — Maine's Future is Age Positive!

We are entering a powerful new moment: as we live longer, we carry forward deep reservoirs of experience and skill that can be tapped to strengthen our communities, workforce and economy for generations. To meet this moment, we must shift the cultural tide away from narratives that equate aging with decline and toward a narrative of strength, growth and possibility for us all.

Three Essential Shifts

Through our Power in Aging programs and the growing network of leaders emerging from the Leadership Exchange on Ageism (LEA), we are building the momentum for three essential shifts that can help Maine become a state free from ageism by 2032.

1

Essential Shift

Aligning healthspan with lifespan through Age-Positive Healthcare

We all want to live our best lives right up until the very end, but this aspiration isn't possible without a strong public health system committed to health and wellness promotion and healthcare systems free of age bias. Through our Power in Aging programs, we are activating healthcare and public health leaders to recognize and disrupt ageism and advance age positivity.

I came into the Leadership Exchange on Ageism thinking I understood what it meant to be “age friendly.” I’m a nurse, I’ve spent my career working with older adults, and I’ve led efforts to build age-friendly health systems. What I didn’t expect was how much I still needed to examine my own assumptions and biases. That realization changed how I see my role as a clinician. We don’t just treat conditions, we have the opportunity, and responsibility, to shape how older adults see themselves. This work is not abstract; it is foundational to improving health and advancing equity.

Mary Prybylo, RN, PhD, Chief of Research and Innovation
Community Care Partners of Maine & LEA Graduate



2

Essential Shift

Working longer with more flexibility
through Age-Positive Workplaces

Our workplaces are stronger when employees of all ages are valued and supported. Through our Age-Positive Workplace initiative, we partner with organizations like L.L. Bean to help employers challenge age bias, expand flexibility, and create workplaces where people can contribute at every age.



MOCO is focused on creating an Age-Positive AGENCY culture to retain our most experienced employees. We reached out to MCOA and they delivered two lively and thought-provoking presentations – The Disrupting Ageism Intensive and Power in Aging. Staff came away enlightened and determined to make meaningful changes and improve the work experience of our older employees.

John Zarrilli, Executive Director
Motivational Services Inc. (MOCO)

Essential Shift

Changing the narrative about growing older: We're all aging!

Transforming the experience of aging for everyone requires changing the narrative through conversations that include us all. Through broad engagement with community-based organizations, faith communities, and lifelong learning groups, we are starting a movement that challenges assumptions about how we will age and spreading the good news about the health benefits of age positivity. Using creative expression is a critical part of this conversation, so we're thrilled to partner with the Maine Arts Commission to launch Creative Aging Maine, an initiative that fosters connection, lifelong learning, and well-being through the power of creative expression.



Lifetime Arts is proud to partner with Creative Aging Maine — an example of how collaboration among state-level leaders in the arts and aging sectors can build lasting capacity for creative aging. This initiative expands and sustains creative opportunities proven to improve older adults' health, increase social connectedness, and strengthen livable communities. Working in a state with deep roots in creative aging practice — and the highest percentage of older adult residents in the nation — aligns closely with our mission to weave this work into the fabric of communities.

Julie Kline, Director of Program Strategy
Lifetime Arts

Become an
Age+ Leader



Spilling Into New Waterways

The Leadership Exchange on Ageism Goes National!

Our signature Power in Aging program, the Leadership Exchange on Ageism (LEA), is an intensive, participatory, peer-learning-centered, leadership-development experience designed to empower leaders to see their role in ending ageism and build skills and tools for success. Our LEA alumni network has grown into a corps of critical champions, spanning key sectors across the country.

National Healthcare Leaders Join the Movement

In collaboration with the National Center to Reframe Aging, we adapted LEA in 2025 and 2026 to focus on ageism in healthcare, and trained leaders nationwide.

LEA Launched in Oregon

In 2024, MCOA partnered with AGE+to offer the Leadership Exchange on Ageism in Oregon — the first state to replicate this innovative Power in Aging program.

Total LEA Graduates*

Nearly **500** from **26** Cohorts

379 from Maine

66 from Oregon

44 National Healthcare Leaders

*June 2026



2026 Aging & Public Health National Summit

MCOA Executive Director Jess Maurer and CEO & President Stephanie Hooper from AGE+ in Oregon presented a Keynote address, *Aging as an Asset: Public Health Gains When We Become an Age-Positive Society*, at the Aging & Public Health National Summit in May 2026. AGE+ was the first organization to replicate MCOA's innovative, first-in-the-nation Leadership Exchange on Ageism program.

National Recognition for Innovation

Maine Council on Aging was presented with the National Council on Aging's 2025 Innovator Award. This prestigious national honor recognizes organizations that create innovative solutions to improve the health and economic security of older people. Pictured are NCOA Immediate Past Chair of the Board, Kathy Greenlee (left) and MCOA Executive Director, Jess Maurer (right).



MCOA Team Leads Disrupting Ageism Workshop at National Conference

Pictured (left to right) MCOA Executive Director, Jess Maurer; Equity & Healthy Aging Director, Kathy Vezina; (back) Leadership Exchange on Ageism Facilitator, Margaret McDonald; and BIPOC Elders Leader, Leslie Hill conducted a half-day Disrupting Ageism Intensive Workshop at the American Society on Aging's (ASA) 2026 Conference "The Power of Belonging" in Atlanta. Jess was also tapped by ASA to present at their first Ageism Awareness Day national webinar.



Inviting Everyone to Join the Flow of Progress

Equity & Healthy Aging – Community of BIPOC Elders

The Community of BIPOC (Black, Indigenous, People of Color) Elders in Southern Maine is thriving with ongoing structural support from the MCOA. Its signature project, *Making the Invisible Visible: A Maine Black Elders Photovoice Project* continues to lift Black Elder stories by sharing them across Maine and nationally. The group's next goal is to be recognized as a resource in Maine's Black community. MCOA received a 4-year grant from the Elmina B. Sewall Foundation to expand engagement with BIPOC Elders across Maine.



The BIPOC Elders are working to expand intergenerational storytelling exchanges.



Photo credits: Genius Black

The Photovoice Project was made possible thanks to generous contributions from The Permanent Commission on the Status of Racial, Indigenous & Tribal Populations; Maine Initiatives; AARP Maine; Southern Maine Agency on Aging; Maine Arts Commission; and Carol Wishcamper.

Interested in joining the BIPOC Elders?

Contact Kathy Vezina at kvezina@mainecouncilonaging.org

Building Relationships and Sharing Resources Statewide

Older adults in the immigrant, native-born Black and Brown, and LGBTQ+ communities in greater Portland also lead and guide our work through **Achieving Healthy Equity with Older People (AHEOP)**, a project led by Cross Cultural Community Services in collaboration with the Southern Maine Agency on Aging and the Maine Council on Aging.

MCOA hosts, along with Wabanaki Public Health & Wellness, a regular meeting of support organizations and staff from the tribes to build connections and share resources that serve tribal Elders.

Our Equity
Commitment



Nearly
4,000
Members!

Channeling Connection, Strengthening the Region

Tri-State Learning Collaborative on Aging: A Decade of Shared Learning

In 2025, the Tri-State Learning Collaborative on Aging (TSLCA) turned **10**. To mark the milestone, the Collaborative revisited the conversation that started it all: reframing the ways we talk about aging with the FrameWorks Institute (FWI). FWI CEO Nat Kendall-Taylor joined the TSLCA, The National Center to Reframe Aging, and policy leaders from the tri-state region to share successful strategies and communication tools driving this positive cultural shift in three webinars.

This impactful series captured what the TSLCA does best: connect research to practice, practice to action, and action to collaboration. Here's to another 10 years of learning, advocating, and building together across state lines!

CONNECTION, HEALTH AND EQUITY THROUGH FOOD (CHEF) GRANT PROGRAM

Focused on programming and infrastructure to increase older adults' equitable access to food and social connections in communities across Northern New England.

\$750,000+ 
AWARDED
ACROSS ME, NH, MA, NY, VT

 **107** ORGANIZATIONS
FUNDED

\$7,369 
AVERAGE
AWARD AMOUNT

Ripples Making Waves

The CHEF Project, **funded by a \$1.3 million donation from Hannaford Supermarkets in 2023**, sent ripples across the region through grants awarded to recipients like:

Turning Point Recovery Center in VT used CHEF funds to bridge the gap between food security and substance use recovery for older veterans.

Mill City Grows in MA transformed mobile markets into advocacy hubs, empowering low-income older adults to navigate state benefit cuts.

EQME in ME scaled its rural network to ensure older LGBTQ+ adults could access community and vital resources in safe, inclusive spaces.

Currents of Change Reshaping the Landscape



Legislative and Advocacy Work

Between 2024 and 2026, MCOA worked with partners in coalitions on hunger prevention, housing issues, energy affordability, healthcare costs, immigrant rights, and LGBTQ+ rights. We convened conversations where people could come together and learn about policy change and how to advocate for it. Highlights included:

Caucus on Aging

MCOA hosted nine lunch-and-learn opportunities where a non-partisan group of legislators came together to understand the needs of older Mainers. Discussions included ageism, the Older Americans Act, housing, elder justice, transportation, health and dementia care, and Maine's Area Agencies on Aging programs.

Older Mainers Act

LD 814 "the Older Mainers Act" provided two years of (one-time) critical state funding for programs and services provided by Maine's Area Agencies on Aging. AgeWise Maine (the Association of Agencies on Aging), AARP Maine, and MCOA worked together to advocate successfully for this funding and also planned the first-ever Older Mainers Day at the State House in 2026, honoring the contributions of older Mainers to our state. USAgings CEO, Sandy Markwood came to Maine to help us celebrate and to talk about the importance of the Area Agencies on Aging to the well-being of older Americans.

Make Your Voice Heard!

We all have the power to influence policy decisions that can improve services and ensure the needs of older people are met.

Download our Advocacy Guide to help you hone and deliver your message.

Get Our
Advocacy Guide



USAgings CEO, Sandy Markwood talking with the Co-Chair of the Caucus on Aging, Rep. Dan Shagoury (D-Hallowell), during the Older Mainers Day event at the State House. Photo credit: Lou MacDonald

Maine's Essential Care and Support Workforce

Through 2024–26 Maine's Essential Care and Support Workforce Partnership, led by the MCOA, has been aligning around policy that grows the workforce and supports the well-being of those who need care. Recommendations from the Partnership working groups formed the basis of an omnibus bill LD 1932 "An Act to Support Essential Support Workers and Enhance Workforce Development," sponsored by Speaker of the Maine House of Representatives, Ryan Fecteau.

Thanks to bipartisan committee support and the advocacy of the Essential Care and Support Workforce Partnership, we have taken a step toward making sure workers' wages match the importance of the direct care they provide.

Ryan Fecteau (D – Biddeford)
Maine Speaker of the House

Speaker Fecteau (D–Biddeford) addressing the crowd at a news conference in support of LD 1932 on January 20, 2026.

Photo credit: Malcolm Meyer, Speaker of the House Staff



A Steady Stream of Revenue

MCOA's Financial Health

The MCOA has consistently maintained revenues in excess of \$1 million over the last four years, with revenue as high as \$2.1 million in 2024. We expect to end 2026 with \$1.6 million in revenue. Our expenses remain in line with our revenue, and we've been able to maintain and grow funds in reserve. While private grants remain our highest revenue source, we have been successful in diversifying revenue sources over the last several years. We are actively focused on growing our fee-for-service lines and increasing private donations to continue this trend.

Grants

Grants are essential to advancing our mission, providing the critical resources needed to expand our reach and deepen our impact.

Grants Received July 1, 2024 – June 30, 2026

Bingham Program
Elmina B. Sewall Foundation
Endowment for Health
Eunice Frye Home Foundation
Foundation for Seacoast Health
John A. Hartford Foundation
Kennebunk Savings
Maine Arts Commission
Maine Health Access Foundation
National Center to Reframe Aging
Next50
Northeast Delta Dental Foundation

Permanent Commission on the Status
of Racial, Indigenous and Maine
Tribal Populations
Point32Health Foundation
Sam L. Cohen Foundation
The Amalgamated Foundation
The Morton-Kelly Charitable Trust
The Peter and Carmen Lucia Buck
Foundation (PCLB)
Vermont Community Foundation
Vermont Department of Disabilities,
Aging, & Independent Living



Point32Health Foundation invests in organizations and movements that make New England a better place to grow up and grow old. Together with the Maine Council on Aging, we are advancing an age-positive vision for Maine that improves conditions for older adults, centers the voices of older Mainers, and strengthens communities so people of all ages can live healthy, engaged lives. As demographics change in our region, Maine Council on Aging's leadership and collaborative approach is essential to advancing systems-level solutions to challenges that shape overall health and well-being outcomes across the lifespan.

Caitlin Sullivan, Senior Community Investor
Point32Health Foundation

Donors

Donors to MCOA power vital support, ensuring older Mainers can access healthcare, housing, nutrition, and transportation while making sure every voice is heard.

Donations

The categories below represent gifts made within a 12-month period.

Catalyst Society (\$10,000+)

Carol Wishcamper

Trailblazer Society (\$5,000+)

Marilyn R. Gugliucci

Momentum Society (\$1,000+)

Borland Hill Farm Fund

Carnelian Trust

Bill Jenks

Roger Renfrew

Betsy Sawyer-Manter

Ripple Society (\$500+)

Anonymous

Jo Cooper

Sharon Foerster

Larry Gross & Barbara Colby

William & Ann Hall

Donna Kelley

Laura Lee

Kevin Lewis

Mary Prybylo

Leigh Saufley

Mark R. Swann

Jim Toulouse

MCOA Lasting Legacy Society

(Commitment to make a planned gift)

Marilyn R. Gugliucci &

Shirl A. Weaver

Lifetime Friends

(\$1,000+ Cumulative Giving)

Ramsey Alwin

Borland Hill Farm Fund

Frank Brooks

Carnelian Trust

Jo Cooper

Barbara Cray

Sara Forgione

Laurence Gross & Barbara Colby

Marilyn R. Gugliucci

Don Harden

Leslie Hill

John Hennessy

Bill Jenks

Donna Kelley

Laurie & Jud Knox

Kevin Lewis

Jess Maurer

Jeremy J. Nobel Charitable

Gift Fund

Roger Renfrew

Mary Jane Richards

Catherine Ryder

Betsy Sawyer-Manter

Cyndy Taylor

James & Sandy Toulouse

Angela Westhoff

Shirl A. Weaver

Carol Wishcamper

Friends (\$100+)

Anonymous

Cathey Accettella

Jason Adour

Maryanna Arsenault

Peter Baker

Dr. Jeffrey and Joan Barkin

Glan Besa

Noël Bonam

Christina Brazelton

Frank Brooks

Joni Brooks-Kelly

Dave Brown & Jane Covey

Tabatha Caso

Micaela Cassily

Kristen Cloutier

Barbara Cray

Sarah Cushman

Shiva Darbandi

Laura Davie

Jesse Devine

Holly DeYoung

Sara Forgione

Britton Ryan Garon

Susan Gatti

Roy Gedat

Rep. Cheryl Golek

Lani Graham

Leah Graham

Julie Guerette

Don Harden

John Hennessy

Leslie Hill

Rebecca Howes

Jillian Jolicoeur

Ruta Kadonoff

Laurie & Jud Knox

Lauress Lawrence

Sue Mackey Andrews

Catharine MacLaren

Jess Maurer

Samuel Mayo

Christine Merchant

Adam Mosey

Shoshana Mueller

Claudette Ndayininahaze

Bonnie Pauza-Miller

Heather Payson

Nancy Peckenham

Brenda Peluso

Kenneth Peters

Helen Regan

Roger Renfrew

Mary Jane Richards

G Steven Rowe

Meredith Rutter

Catherine Ryder

Anne Schroth

George & Penelope Smith

Lisa Smith

Kimberly Snow

Michael Verde

Kathy Vezina

Kristina Walker

Nancy Wanderer

Angela Westhoff

Jill Whitcomb



I donate to MCOA because it's one of the most dynamic, effective, and well-led nonprofit organizations I know. I believe in MCOA's mission, I trust and respect their leadership, and I'm confident the funds I contribute will be wisely used.

Bill Jenks, MCOA Board Member,
Development Committee Chair, and Donor

Support
MCOA



Membership

Sustaining Patrons

Sustaining Patrons demonstrate exceptional commitment and leadership in creating a brighter, more vibrant future alongside Maine's older people.

Katahdin (\$8,000)
AgeWise Maine – Association of
Area Agencies on Aging
Alpha One
Aroostook Agency on Aging
Eastern Area Agency on Aging
SeniorsPlus
Southern Maine Agency on Aging
Spectrum Generations

Sugarloaf (\$5,000)
GT Independence
Martin's Point Health Care

Bigelow (\$2,500)
McKesson
Northern Light Home Care & Hospice
Summit Utilities

Saddleback (\$1,500)
Kennebec Savings Bank
L.L. Bean
Maine People's Alliance
UnitedHealthcare

Be a
Sustaining
Patron



Join
MCOA



140+ Members Strong!

Together, we can realize our vision for an age-equitable Maine that helps us all live healthy, engaged, and secure lives with choices and opportunities as we age in our homes and communities. Won't you join us?



Fluid, Flexible and Powerful Our Evolving Team

The 2024–2026 biennium was a period of transformation for Maine Council on Aging. We evolved by both welcoming new dynamic professionals and honoring the leaders who set our initial course. We are a growing movement, collecting voices to change the cultural narrative of aging in Maine.

Jess Maurer

Executive Director

Anna Guest

Power in Aging Director

Jessica Fay

Advocacy & Policy Director

Don Harden

Founder Emeritus & Age-
Positive, Culture-Change Strategist

Kathy Vezina

Equity & Healthy Aging Initiative Director

Kathy Willette

Operations Director

Rebecca Howes

Development Director

Leslie Roberts

Communications Director

Willow Dansbury

TSLCA Program Manager
& Operations Assistant

Chris Wolff

Age Equity Program Manager

Mel Arsenault

Workforce Development Project Manager

Honoring Transitions

As we expand, we pause to honor those who had a significant impact on our organization, and the people MCOA serves. We celebrate **Krista George**, whose fingerprints are on every success we've achieved, and **Kat Blackstone**, whose dedication to the Medicare Savings Program left a lasting legacy. While their daily roles have changed, they remain vital parts of our community.



Krista George



Kat Blackstone

Celebrating Milestones of Foundational Leaders

Two pillars who helped launch this movement are reaching significant milestones.



Don Harden

**Founding Board Member and
Champion of the Leadership Exchange on Ageism**

Don is transitioning toward retirement after decades of redefining age-positivity nationwide. His vision and passion for the opportunities that come with aging have helped propel MCOA to the forefront of the Age-Positive movement.



Betsy Sawyer-Manter

Founding Board Member and Board Treasurer

As Betsy transitions into retirement at the end of 2026, we celebrate her contributions as a founding member whose legendary leadership provided the steady and supportive lift that allowed our organization to grow and thrive.

Board of Directors

Donna Kelley

Chair
CEO
Waldo Community
Action Partners

Peter Baker

Vice Chair
Program Manager:
Geriatrics
MaineHealth

Betsy Sawyer-Manter

Treasurer
President & CEO
SeniorsPlus

Catherine Ryder

Secretary
Senior Director of
Strategic Initiatives
Spurwink Services

Leah Graham

Immediate Past Chair
Program Director
Jackson Laboratory

Jeffrey Barkin, MD

Associate
Medical Director
Goold Health Systems

Franklin Brooks

Clinical Social Worker
Retired Assistant
Professor of Social Work

Sara Forgione

Director Assisted Living
Avesta Housing

Britton Ryan Garon

Founder & Attorney
BRG Legal

Marilyn R. Gugliucci, PhD

Professor & Director
Geriatrics Education
& Research, UNE

Bill Jenks

Community Member
& Retired Owner of
Home Instead - Gorham

Catharine MacLaren

VP, Talent Acquisition &
Workforce Development
Northern Light Health

Claudette Ndayininahaze

Executive Director
In Her Presence

Mary Jane Richards-McDade

CEO
North Country Associates

Angela Cole Westhoff

President & CEO
Maine Health Care Association

Meet
the Board



Looking Ahead to What's Around the Bend

Maine is entering a profound moment of possibility. As we live longer lives, we have an extraordinary opportunity to reshape what aging means — not just for today's older adults, but for our children, and generations to come. The growing current of the Age-Positive movement reminds us that longevity is not a challenge to manage, but a gift to embrace with creativity, purpose, and collective action.

Over the next two years, MCOA and our partners will continue building the momentum needed to transform the experience of aging for all of us. We will launch a statewide **Age-Positive Culture Campaign** and movement designed to shift how we think and talk about aging — away from decline and limitation, and toward strength, contribution, connection, and possibility. We're also launching an **Age-Positive Public Health** movement to support this public narrative change, and ensure our prevention efforts support lifelong health and wellness.

Changing the narrative matters because the stories we tell shape the policies we create, the workplaces we build, the care we provide, and how we see ourselves as we age.

We are also expanding our work with employers through a new **Age-Positive Workplace Designation** (made possible by a grant from Next50), helping organizations create flexible, multi-generational environments where experience is valued and people can continue contributing in meaningful ways throughout longer lives.

At the heart of this work is listening, envisioning what's possible, and collaborative action. Through community conversations and creative engagement across Maine, we will continue elevating the voices and lived experiences of older people to help guide solutions rooted in dignity, belonging, and equity.

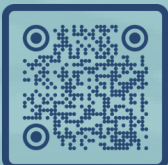
An Age-Positive future will not be built by any one organization alone. It will be shaped by all of us — growing older together — as neighbors, leaders, workers, caregivers, and Age-Positive advocates. The future is already flowing toward us. Together, we can help shape where it leads.



Jump In and Join Us!

There are lots of opportunities to swim with the tide of our Age-Positive movement and become part of the growing current to **transform the experience of aging in Maine**. Won't you jump in and join us?

Become an
Age+ Employer



Join MCOA



Become an
Age+ Leader



Donate



Follow Us



Photo credit:
Morgain Bailey

EqualityMaine strives to represent the needs and interests of the whole LGBTQ+ community. We joined the MCOA to advocate in coalition with partner organizations and community members for the rights, dignity, and well-being of older LGBTQ+ adults and all marginalized older adults in Maine.

Izzy Ostrowki, Director of Network for Older Adults and Community Engagement, EQME

We've worked alongside MCOA for more than three years. Our partnership has grown through initiatives like Achieving Health Equity with Older Persons and other efforts focused on systems change. Together, we've worked to ensure that policies are shaped with older adults in mind — not just for them — while advancing cultural humility and equity across aging services.

Regina Phillips, Co-Founder
Cross Cultural Community Services



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MCOA is registered in Maine as a 501 (c)(3) nonprofit organization.